

## **Training mode building and innovation of sports education professional personnel under the new situation**

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**Keywords:** New forms, Sports, Sports education, Training mode, Innovation

**Abstract.** In this paper, a comprehensive analysis of sports education professional personnel training mode and curriculum theory, the characteristics of the need for physical education under the new form, concept of training personnel, personnel training quality are analyzed. In order to promote the competitiveness of the physical education major, promote sports education professional personnel training quality and improve the overall quality. Talent cultivation model building and innovation of research is discussed under the new form of sports education in this paper.

### **Introduction**

In the 21st century, Chinese sports education professional personnel training objectives: training geared to the needs of modernization, the world and the future, to adapt to China's socialist modernization construction and the actual needs of elementary education reform and development, the comprehensive development of moral, intellectual, physical [1], the United States and broad professional basis, with modern education idea, the good scientific literacy and professional ethics, and creative spirit and practice ability, to be involved in school physical education and health teaching, training, competition, and can work in the school sports science research management, school sports and social sports instruction work can a special sports education specialized talents.

### **The status quo of China's sports education professional personnel training mode**

Due to the influence of the past planned economy under the system of personnel training mode, although some of the comprehensive colleges and universities of China has carried on the reform of talent cultivation, but most of Chinese colleges and universities sports education professional personnel training mode is still in the exam-oriented education under the guidance of professionals thought patterns [1]. Although the mode of talent for our country has trained many technical talents in the past, but it has completed the historic mission, cannot fully meet the needs of the development of times. Therefore, need to be cultivating professional talents of advancing with The Times of the sports education pattern were studied.

**Comparative study on the present situation of professional personnel training mode between home and abroad.** According to the different classification standards, domestic and international sports education professional personnel training has a different expression. The current popular classification method is based on the talent training of professional caliber width is divided into a liberal cultivation mode and cultivation patterns of know-how [2]. Generalist training mode with wider professional caliber, talent of strong ability to adapt, but professional knowledge is relatively weak; The specialist training mode and a liberal education mode, to the contrary. The following from the concept of talent training, training time, and training situations such as dividing the existing sports education professional personnel training mode at home and abroad.

The training of the sports education professional personnel training mode controlled by the technology of "rational", social expectations PE teachers to become a technician, with skilled technology, according to the rules of scientific social citizens. Under this concept, the sports teacher education emphasizes on the training of teachers, making it be able to use a set of skills in the school of education technology. Under the background of development model is the concept of teacher professionalism by focus on specialized technology training to focus on building, pay more attention

to the development of the teachers' potential, make teachers have the ability to dominate the whole process of teaching, on the stage of training to promote integration of pre-service training with in-service training [2]. At present, the development model has become the world sports value orientation of teacher education, our country sports teacher education should be to target, shaping and train physical education talents needed in the new century.

**Sports education professional personnel training at one-time mode and life mode.** According to the training time points, sports education professional personnel training is divided into one-time mode and life mode. One-time mode refers to the physical education professionals in big, secondary technical schools into the system of pre-service training; enter the teachers' professional post no longer training system and training. Lifetime model means of sports education professional personnel training not only attach importance to teachers' pre-service education, induction and in-service education is an important part of teacher education, it on the stage of training to promote integration of pre-service training with in-service training [3]. At present, our country sports education talent training is a training mode of "two sides" system, namely in the sports colleges and universities system of unified point pre-service education and in-service education two aspects, isolated and mutual communication. Aiming at this problem, at the beginning of the 21st century, our country must perfect, perfect the cultivation and training system of sports teacher education reform and development goals. Require most sports colleges and universities is working to cultivate new teachers at the same time, also involved in the probation period of the new teacher training and in-service teachers' continuing education, achieved the integration of sports teacher education reform, to implement a lifelong training mode.

**The school-based training mode of sports education professional personnel training and university joint training of primary and secondary schools.** According to the training center, sports education professional training mode of talents can be divided into based in the university and primary and secondary schools and university jointly develop patterns. Based in university training teachers is one of the biggest achievement in the development of teacher education in the 20th century, this kind of training mode of teacher education has a strong theoretical advantages, can better shape the future teachers' professional theoretical foundation, but the teachers' professional is the insufficient practical professional knowledge [3]. The defect was caused by a serious disconnect between teacher education theory and practice and the dual separation of regular education theory is difficult to cope with the complex education practice, solve the problem of education, and both the autonomy of teachers. Therefore, colleges and universities as the teacher education model so constantly incur social institutions and people's criticism and attack. With the development of primary and secondary schools and university joint base of this model, the cultivation of teachers in university and primary and secondary schools partnership of the new consortium. Primary and secondary schools and university joint training mode is unique in college and they are the real cooperation between primary and secondary schools, their relationship is equality was characterized in intelligence and responsibility. Partners, responsible for teacher candidates and the learning effects of middle and primary school, university teachers, primary and secondary school teachers and student teacher pay attention to the needs of the students and grow together. Around these common goals, the university teachers in primary and secondary school base teaching, guidance and research work, teachers also can work as a consultant, mentor, and at the university of members. The relationship changes the nature, the role of every participant, teachers for primary and secondary school teachers and university created new roles and responsibilities.

### **The training mode of the Chinese sports education professional personnel innovation Set up**

China's sports education talent training goal is to cultivate compound talents. Inter-disciplinary talent have knowledge and ability is not the simple sum of them but they are the result of the combination, produce new traits. It's like alloy, give priority to with a certain kind of metal elements (one has deep attainments, the specialty), and other metal or nonmetal elements (wider knowledge), made up of matter. The new material, the alloy has with other parts, several kinds of metal elemental or elemental metal and nonmetal elemental different new features, such as hardness, electrical

conductivity, ductility, expansion coefficient and so on [4]. And these new features are neither of some of the features of its elemental overlay, nor some characteristics of the elemental average. All of these and interdisciplinary talents knowledge structure and ability have similar characteristics. So, to build a sports education professional personnel training model of alloy. "Alloy" model, sports education is to cultivate compound talents as the goal, for educates design knowledge, ability and quality structure, and realize the structure. "Alloy" model is combined with the advantages of specialist training mode and advantages of cultivating generalists, and made up for the inadequacy of the two.

In establishing "alloy" training mode should follow the principle of advancing with The Times and students to develop two, to provide general guidance. The implementation of the "alloy" training mode structure mainly includes the training objectives and specifications, a variety of optional major, course system, teaching system, management system and evaluation system, etc. Their organic combination is the sports education professional personnel training mode of the paradigm [4]. The implementation of "alloy" training mode should pay attention to the following problems: first, to handle the relationship between the knowledge, ability and quality; Second, pay attention to the combination of scientific spirit and humanistic quality cultivation; Third, we should correctly handle the relationship between foundation and professional, established aimed at improving students' ability to adapt the flexible professional setting and adjustment; Fourth, from the traditional emphasis on the idea of knowledge into quality, innovation, dedication, cooperation, and the development ability, eliminates the limitations in the field of single knowledge, attaches great importance to the discipline overlapping, penetration and integration, the formation of "alloy" type talents knowledge structure; Fifth, to correctly handle the relationship between teaching and learning, improve teaching method, promote students' active development.

#### **China's sports education professional personnel training curriculum theory research.**

Compared with the developed countries abroad, current situation of our country sports education specialized courses is: compulsory courses, elective courses; In the course form factor, general course, professional basic course proportion is low, specialized course on the high side, presents the basis conditions; n professional course, practical proportion on the high side, low proportion of the discipline, n practical course, sports, less emphasis on competitive sports, light entertainment, leisure, sports, especially reflect social and education need to camping, rafting, rock climbing or expanding class of sports was barren; In the course of subjects, education classes are not seriously, not embody the characteristics of normal education [5]; Required to allow graduates the minimum total number of credits is high, it will certainly increase students' learning burden, or influence the students' physical and mental health, or influence the depth of students' learning. So in the theoretical study of the curriculum reform, is to solve practical problems, and pay attention to the advance and development of the course; Both should pay attention to the structure of the curriculum reform, and pay attention to the content of the course reform, make curriculum better for China's sports education professional personnel training services.

The reform of the course content mainly in the following aspects: first, strengthen education classes. At present, our country sports education professional compared with abroad, the less education class courses, strengthen the education curriculum is of higher school sports education specialized curriculum reform to discuss the hot issues, and many scholars to conclusions; Second, broaden the foundation course [5]. Through general courses, more performance in humanistic quality education, such as history, art and art appreciation, culture, ethics, music appreciation and theory of cultivating sports technical movement, etc. Can also Pierce through the opening of a liberal arts courses, the cross disciplines and strengthen tools to broaden foundation course; Third, adjust discipline specialized courses. Through enrichment discipline specialized courses and refactoring sports education professional course. Will discipline specialized courses from the current 70% to 30% ~ 40%, is the right choice of subject course towards the scientific and reasonable. In accordance with fewer but better, boo and flux, strengthening foundation, through the trunk, further forward the principles and ideas, to select and determine the basic content of subject course, construct the new

system of knowledge structure, widen the basic courses. Fourth, courses are subject education class. Fifth, note the conduct of research learning curriculum. Sixth, pay attention to practical courses.

### **Theoretical innovation of sports education professional personnel training the teaching methods**

**Teaching methods and the definition of Chinese sports education professional personnel training in the teaching methods used by the situation.** In sports education professional personnel training in China, most of the teachers to teach the habit, still daunted, students passively accept, teaching efficiency is very low, so students will only dies studies, reads the book, cannot achieve mastery through a comprehensive study of knowledge, to solve the specific problems in practical work and study in the future, to adapt to the ability is poor [6]. For those who can develop the students' innovation ability, research ability, found the problem and problem-solving ability, improve the cognitive construction of teaching, example teaching, reflective teaching, case teaching and self-study method using less, or rarely used. To achieve the goal of the sports education professional personnel training are bad, also do not conform to the world trend and law of development.

**In early 21st century Chinese sports education professional personnel training in teaching methods should be used.** In sports education professional personnel training in China, most of the teachers to teach the habit, still daunted, students passively accept, teaching efficiency is very low, so students will only dies studies, reads the book, cannot achieve mastery through a comprehensive study of knowledge, to solve the specific problems in practical work and study in the future, to adapt to the ability is poor [6]. For those who can develop the students' innovation ability, research ability, found the problem and problem-solving ability, improve the cognitive construction of teaching, example teaching, reflective teaching, case teaching and self-study method using less, or rarely used. To achieve the goal of the sports education professional personnel training are bad, also do not conform to the world trend and law of development.

**In early 21st century Chinese sports education professional personnel training in teaching methods should be used.** Early 21st century is the information era, the arrival of information age the updating cycle of knowledge more and shorter, especially specialized, applied knowledge, update cycle is shorter. As a special education talent, sports education professional students must master the self-study method, has high ability to study independently, to constantly absorb new scientific knowledge, to adapt to the needs of the development of science and technology and education reform. Modern college students should master more amount of information, the modern information transmission network, and provides the college students to master information convenient directly, so can't be through class and also unnecessary to teach, large amount of information should be controlled by self-study [6]. The cultivation of college students through general education, physical and mental development and accumulation, knowledge has reached a certain level, can master knowledge through self-study. At the same time, hard and continuous self-study, to cultivate students' strong, rhythmic labor attitude and labor habit, also is an effective way. In today's education is one of the four pillars of society cognition, self-study is learning an important aspect of cognitive ability and methods.

With the rapid development of science and technology, the discipline highly differentiated, constantly produce new knowledge, and on the basis of differentiation as people know, didn't contact discovered was revealed, many cross, cross sectional, edge discipline, etc. National education in order to keep up with the pace of the development of science and technology, in order to better adapt to the development of the society change, from the early 1950 s, the various countries' education are taking "additive" measures to continuously increase the teaching content, make encyclopedic education [4]. As a result, all levels of school curriculum become very confused, students' burden, mental activity by suffocation, learning initiative is constrained, teaching quality declines. To break according to the principle of complete system of imparting knowledge to students, the teaching outline should be selected from the bloated confused materials for the further understanding of the essence with instance, inspirational, so that the students by means of the example research understand the universality. For example teaching materials caused by the rapid development of modern science

and technology bloated and conflict with the possibility of students' learning, the contradiction between knowledge and ability development. Examples of teaching including teachers' teaching and students independent learning activities, in this type of activity show some creativity.

### **Summary**

With the deepening of the reform of higher education, college enrollment scale expands unceasingly, the implementation of the national fitness program, the rapid development of leisure, entertainment, fitness business recovery and employment increasingly fierce market competition make the social demand for sports talents constantly changing, quality put forward new and higher requirements for talents, the traditional physical education personnel training mode is huge impact, as well as opportunities for development. Therefore, the reform of the university sports education professional personnel training mode, improve teaching quality and efficiency. Social development need to cultivate new century talented person, is a new topic of university physical education reform. Research university sports education professional personnel training mode, is of great significance to cultivate new sports talents in the new century.

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