

The Penetration of the Life Consciousness and Humanistic Care in Chinese Language Education

Zhaoyang Fan

Wuhan City Vocational College, Wuhan, Hubei Prov., PRC

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Abstract. The pursuit of life value and good humanistic quality is the essential condition of college students' healthy personality. The goal and positioning of college Chinese teaching based on humanism, with the help of classical chapters focus on the students' spiritual world. Explore the life consciousness and life value, for building a harmonious campus exert a realistic significance.

Introduction

Human development is an eternal subject of education, attention to life should become the value orientation of contemporary education, along with the rapid development of science and technology, abundant material wealth, people's values have changed, began to lay stress on material and ignore spirit, in such state of mind of a group, the education is showing more and more the practical pursuit of utility, the curriculum attaches great importance to the professional class, practice class, ignore the humanities education basic course. As a result, life care and attention are neglected.

Necessity and Urgency of the Penetration of Life Consciousness Education in Chinese Teaching

Oct 10 is World Mental Health Day each year, mental health has become the hot topic in society. According to the present authority statistics by the world health organization, depression has become the world's fourth largest disease, the invisible killer which affects the healthy growth. As a miniature of the social form, the effect of the symptoms towards college students is increasingly obvious. At present in various national universities there have been student suicides that is the interpretation of the phenomenon.

In recent years, according to a survey of college students' life view present and future of more than 10% of the college students have the attitude to disregard life and setbacks often 1.7% of people think of to solve the problem by the ending of his life, in dealing with college students' suicide, 16.7% of people think that is understandable, in the investigation of college students, even nearly a third of people admitted that he had had an idea of committing suicide. Contemporary college students' life consciousness problem has become an urgent topic of the school education, and also the whole society. Build up healthy campus culture, highlighting advocating life, pay attention to the humanistic value of life, nurture students to become persons with sound personality, are the necessary ways of life and the humanistic education of contemporary college students. "College Chinese" value orientation of humanism, contains rich life philosophic thinking and intelligence resources, can cultivate students learn the right attitude towards life and adapt to the spirit of life; In dialogue with the Chinese, the spirit is nourished and pleasant to enjoy life, and the differential diagnosis between good and evil in life, life experience, make public of reality, to the person's life development plays a core role. In today's pushing forward the construction of harmonious campus, the college Chinese teaching in the penetration of life and humanistic care



education, not only can the students' humanities accomplishment improve, but also can cultivate students' sound personality and good psychological quality, this is the effective expression of Chinese humanism, but also the strong call of harmonious society and harmonious campus.

The Teachers' Role to Student's thought

Generally speaking, a language teacher have rich emotions, and have a wider reading a life meaning of the article more, so we want the students to have a strong sense of life, so the first thing first is that we should be permeated with the love of life ourselves.

If you want to teenagers love life, let them be together with the people who love life. The teacher's understanding of life and love, should be passed on to the students through classroom interaction. This requires that we teachers should all my love and trust each and every student, every opportunity to capture the life education, to understand their thoughts, to give timely guidance to resolve their heart, let the students correct understanding and to understand life, so as to breed a sense of cherishing life.

Love education is the foundation of education. Teacher's sincere love, can give student pleasant emotional experience, arouse the students' love, causes the student to feel better, interest, active thinking; excite students' self-esteem, self-confidence, self-improvement self-love, joy; for the students in love to energy into learning, make amazing progress. As Roman Roland said: "the precondition of spreading sunshine to in the mind others, is to have sunshine in your own mind." So love education is the foundation of education, teachers must care for the students. Teachers in teaching should be good at control of their own, negative, all emotions has nothing to do with the teaching, should try our best to as little as possible with the individual to the life on the surface of the one-sided and superficial, at a certain stage, or under a certain state of feeling, feeling. On the platform of education, the emotional feeling, to teenagers will be the most direct, the most emotional, also may be the most effective. Teacher's emotion of students has a direct role in infection, a work of education of the teachers and students the real love, can produce a certain emotional reaction, arouse emotional resonance, so as to open the hearts of students.

Making Full Use of the Language Teaching Material about Life Consciousness

Nature of the Chinese curriculum should be the unity of instrumental and humanism. So-called instrumental, i.e., the language of practical function, listening, speaking, reading and writing; So-called humanity, is the "spiritual", "humanistic education" is the "spiritual education", "education". "Humanism", tell from perceptual level, is the understanding of people, to the person's tolerance and acceptance of people, respect for the people, to love and care for people; From the perspective of the rational, is the ultimate value pursuit, to the person concern for human destiny. Literature is a another existence in life, filled with the real true, to affection and sexual life aesthetics. "College Chinese" is given priority to with appreciation of classics, through the interpretation of specific works, restore a spiritual life, so that the students touched by this life state; Or through the interpretation of works, will be a period of literary spirit is revealed, that affected in such a spirit form, so as to achieve social cognition with the purpose of life through literature. Through such a language lesson, the student can get the living foundation, to become a truly has a "root" of the Chinese culture. Injected into the humanistic spirit in the process of the whole Chinese education, pay attention to in the construction of the spiritual world and personality cultivation, in modern society has become increasingly serious to correct people the spirit of the dissimilation



phenomenon, the way human comprehensive development. Through reading with Canon process, experience of of primitive simplicity of the book of songs, chu, criteria, and the wisdom of thought and their exponents, broad, forceful, bold in the qin and the han, wei jin period of natural character, elegant and harmonious of the tang dynasty, song ci is elegant and exquisite, make the national culture to diffuse in the campus, purifying students impetuous mentality, a return to health and full. Traditional culture life consciousness. The classic of college Chinese text is the crystallization of wisdom of Chinese ancient sages for thousands of years, reflects the predecessors' life and emotion. Precipitated many motif in the ancient literature - love marriage, life value, and implicit, these topics to show the Chinese traditional culture in quest of life, freedom, the pursuit of the humanities. Actually respect life, love health, eagerness to concept in traditional Chinese culture has a long history, we can through the classic article, see the people "advocates your birth, rebirth, and respect for life, emphasize the value and significance of life". Confucius told the gentleman has "three fear - the fear of heaven, and adults, and saint", that is, in fact, people respect for all life, care, respect and maintain. Revealed by the Confucian classics "sorrow way not sorrow poverty", embodies a kind of philosophical happy feelings. "The gentleman is poor", not only reveal the eagerness to endurance, at the same time but a settle of life and the spirit of transcendence. Tao yuanming's "longitudinal wave flow, no marriage also fear" is magnanimous, of life "tori, picking is already far peaceful life attitude; "Eternal first literati" soak a broad-minded detachment in su shi's poems and positive life attitude and life bitterness to landscape aesthetic dongpo personality. In this kind of classical humanism care, convey how strong will to deal with hardships and setbacks, with persistent sentimentally attached to life, and a strong focus on supporting himself out of the woods to society.

Let Students Themselves Perceive Life Consciousness

Life is a vital and meaningful topic. Archaism goes like: "body, hair and skin, are aquired by the parents, afraid to damage them, that is the beginning of filial piety." People from birth in word and deed, every action associated with relatives and friends. Cherish one's own life, is also to give others love. The birth and death is not distinct concept of opposites, it makes the general youth turned a blind eye, opposite is no surprise, and no fear of death. So let the students correct understanding of life is very important. Let the students true feelings of a person's death, pain and damage to other people. Grief-stricken relatives, sad scene, often let the students feel life of valuable and important. Into the welfare home, let the students realize the importance of health,, the goodness of life, and it is also the language for one of the highlights of life education in extracurricular activities. Let every student know the germination, development and mature of life, the growth of the experience is not easy, life is damaged, or even dying of pain, pushing things and people. The essence of education is to promote the development of people. Who also don't hope that life is like a flower wither too early, who also do not want to repeat tragedy. Let us reflect in pain, in groping, marching in practice to explore, in the interaction of classroom teaching, let the students to comprehend life, with life to interpret life, with life to impact life with life. A philosopher once said: "If you want to get rid of weeds on the wilderness, there is only one way, and that is in the above crops; also wanted to let the soul without distractions, the only way is to use virtue to occupy it." This sentence inspires us, that to make our students have learned something, we must make their behavior become a habit, throughout in their manners. Sow an action, reap a habit; sow a habit, reap a character; sow a character, reap a destiny. Visible good behavior habits



how much impact on a person's life.

Fear of life, life itself has the inborn, irreplaceable value. Whether education can promote role for the growth of students, fundamentally depends on whether the fear of life, the mission of education lies in the activation and generate the awe of life and love. Of human love, respect for themselves, for others, love of other life and respect. Plango said: "education is not a simple matter of cultural transmission, it is the waking up of personality soul that is the core of education."

Conclusion

Life consciousness education of infiltration in Chinese teaching is of great significance, the life consciousness in the teaching material, teachers should fully mining infiltration life consciousness education in the teaching, finally makes the student to the correct understanding of life, knowing how to cherish life, love life, efforts to improve their life level, create the meaning of life and value. So the Chinese education still has a long way to go.

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