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Under the background of network influence the bottleneck of our country university foreign language teacher professional development and the sustainable path

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Abstract: With the strengthening of international exchanges, language play an increasingly important role, under the background of "Internet +" at the same time, major changes have taken place in language learning. Foreign language teachers as implementers of foreign language teaching, plays a significant role in the teaching process. Universities should realize the importance of foreign language teachers' professional development, promote the sustainable development of the teachers, and promote the development of education in China.

With the speeding up of globalization, the international communication, fusion of different countries, different cultures, mutual penetration.anguage is an important tool of communication and expression, in cross-cultural communication, play an important role. The maximum data, flip the classrooms, and the rapid development of the lesson background, University of Foreign Languages in teacher professional development as the focus. The teacher took education the spreader and the disseminator, act the strong character in the language teaching. University teacher professional development and teaching reform has already become the important trends that colleges and universities to analyze teacher professional development issues and recommendations for teachers and to contribute to the sustainable development.

A foreign language teacher professional development theory

A foreign language teacher professional development theory consists of the following two aspects: career development stage and influencing factors.

Foreign research on foreign language teacher professional development can be divided into three categories: first, the theory of period; Second, the theory of phase; Third, the cycle theory.

Period considers that foreign language teachers' professional development is along the time axis, usually divided according to the age of the foreign language teacher professional period, this way is too single, professional division is not comprehensive.

Stage theory usually according to the psychological characteristics of the foreign language teachers, teaching attitude and teaching needs to differentiate career development stage, the theory is that the same foreign language teacher professional development order, but the foreign language teachers' personality tend to the career development and shows the characteristics of different teaching.

Cycle theory that foreign language teacher professional development in a dynamic, loop and the complexity of the process, a career development in environment and personal environments common role.

Compared with the period and the theory of phase, cycle theory more clearly, science reflects the



process of foreign language teachers' professional development, providing theoretical basis for foreign language teachers' professional development in our country.

Through to study a foreign language teacher professional development, factors affecting the development of career can be divided into the following two aspects:

Individual environmental factors and organization of environmental factors, of which the individual environmental factors subdivides into family factors, key events, life crisis and pressure, personal interests, development targets and so on;Relevant academic point of view, personal environment factors and environment factors can directly or indirectly impact on foreign language teacher professional development, these effects may be positive, it could also be negative.

Besides, there are also some scholars believe that there are three kinds of factors which restrict the development of the teachers, the first is related to teachers' personal factors; The second is related to foreign language teachers' working and living factors; The third is the special activities related to teacher development. These three factors interaction influence teachers' professional development.

In the 1990 s in China gradually pay attention to teachers' professional development related theory, combined with domestic actual situation, actively carry out relevant research and discussion. Which appeared a lot of different career development theory, such as the theory of three phases, four stages and seven stages and so on. The influence of which is four stage theory, scholars could be divided into exploration stage, to establish teacher professional development stage, medium stage and later stage. In the study of the influence teachers' professional development, dao-chun fu the factors influencing teachers' professional development can be divided into individuals, families, groups, social four aspects, and normal department think universities, society, students, social status and teacher members are the main factors influencing the career development, the living environment of the biggest influence.

The bottleneck of university foreign language teacher professional development in our country

According to the professional English can see that the research on the developing situation in China, the university foreign language teachers' professional development face many influence, the emergence of these problems not only influence the improvement of the our country university foreign language teachers' scientific research ability, and seriously hindered the foreign language teacher professional development space.

First of all, the vocational education development in our country is not in place. At present, most university foreign language teachers have foreign language professional degrees, and different languages for teachers' education requirement is different. Although these teachers have access to relevant education qualification, but not all the teachers are graduated from the teachers college, there are some teachers first specialty is not a foreign language. Than normal university foreign language professional graduate students in the student career major learning as the main line of language and literature course, grasp of the theory and practice of foreign language teaching is less, makes the students difficult to fit for the important task of foreign language teaching. And foreign language teachers college graduates in the teaching process, if you can't combine theory with teaching practice closely, also need to spend a long time to adjust the teaching plan, which affect the effect of foreign language teaching

Second, professional environment makes foreign language teachers face enormous pressure. According to the survey of the relevant departments, the increase of enrollment in China in recent years, our country university foreign language course is a serious imbalance between the



proportion between teachers and students, colleges and universities is facing huge pressure of teaching. In this case, the middle of the teacher workload multiplied, the creative work of foreign language teaching is to convert to the mechanical work. Foreign language teachers under the great pressure, have no time to learn the new theory and new technology, knowledge update speed slow, don't have time to reflect on the process of foreign language teaching, for possible problems are difficult to make effective prevention.

Finally, the foreign language teachers' scientific research ability is weak, affects the university foreign language teachers' professional development. In education, teachers' title, and under the influence of the teaching content, many foreign language teachers' professional level and teaching enthusiasm gradually eroded by reality. Teachers' team is affected by the utilitarian view, useless view, the lack of scientific research innovation consciousness, lack of foreign language teachers use the Internet technology, learning new lessons, flip class ability needs to improve.

Many foreign language teachers not trained system, lack of effective, to satisfy the needs of the college students and development of teaching methods. Academic papers are often based on personal experience in his writing, lack of in-depth discussion. Academic papers are often based on personal experience in his writing, lack of in-depth discussion. There are also some foreign language teachers' subjective intention, in the absence of facts without speculation, affecting the foreign language teacher professional.

In spite of many problems in university foreign language teachers' professional development in our country, with the development of society, foreign language teachers' professional development is by the state and the teachers and students, strongly professional development gradually achieved positive effect. This for our country university foreign language teachers' professional development provides a good opportunity of development. Since 2003, the ministry of education in a timely manner to carry out the reform of foreign language teaching in our country, outstanding teachers actively into the process of teaching reform, bold exploration, innovation, greatly improving the students' language application ability in our country, help to improve listening and speaking skills of university students in China, has a broad development prospects. In time of peace prepare for war, the foreign language education career development problems still need to cause the attention of the society, the teacher must have crisis consciousness, to realize the career development of bottlenecks and difficulties faced by, looking for the solution of the corresponding ways and means.

The factors influencing university foreign language teacher professional development in our country

Through to the university to study a foreign language teacher, can be found there were many factors affecting foreign language teacher professional development, overall, roughly divided into external cause and internal cause of two kinds:

1. Lack of education resources

In the survey, there are a number of teachers with professional development vision, but subject to the conditions of learning opportunities, the goal of foreign language teachers' professional development is difficult to implement, which influence the sustainable development of teachers. For the majority of teachers, education is teachers improve teaching level, improve the quality of teaching, an important measure to improve their own development. Although in recent years, many colleges and universities take active measures, to provide learning opportunities for teachers, but only a handful of teachers access to learning opportunities and some training content lack of pertinence, no bigger boost to teachers' professional development, make training effect is not ideal.

2. Lack of good environment for cooperation



Teaching foundation is weak, lack of discipline leaders, lack of good academic atmosphere is in the actual problems in the professional development of teachers, as you can see from these problems, many foreign language teachers desire to colleges and universities to select the corresponding discipline leaders, lead teachers achieve professional development. Can see in the survey of teachers, many teachers have realized the importance of team work for their own development, and realize the importance of good cooperation atmosphere building. But, due to the lack of effective organization, teachers' own, as well as some teachers cooperate actively looking for like-minded companions, not formed a good atmosphere of cooperation, team goal difficult to achieve, which restricted the foreign language teacher professional development.

1. Professional ethics accomplishment

In the survey found that many teachers professional ethics accomplishment of ascension as their career goals. But for foreign language teachers, professional development is still in a passive state, need to be issued in the form of task of colleges and universities, this way is bad for teachers to correctly handle the relationship between scientific research and teaching. Only the teachers to improve their moral accomplishment, to make teachers fully recognize the impact on their career development.

2. Scientific research ability is weak

For a long time, scientific research ability has been a bottleneck restricting the development of foreign language teachers. Scholars Xia Jimei pointed out that the university foreign language teachers must have certain scientific research ability, scientific research activities in order to achieve the teaching goal, or in order to improve their scientific research ability, improve their teaching quality.

The importance of sustainable development of our country university foreign language teachers

The sustainable development of the teachers' professional growth and progress needs is not only a person, also is the need of social progress, therefore, is of great significance to teachers' professional sustainable development.

Sustainable development is the core and key of the sustainable development in colleges and universities

Colleges and universities to fast one step in the strength of social competition, the dominant, must constantly improve their teaching quality and talent training, improve their scientific research level. Teachers and students is the main body of teaching activity, teachers are the perpetrators and participants in the teaching activities and various teaching thought are done through teachers. Only realize the sustainable development of foreign language teachers, improve teachers' scientific research level and teaching ability, the sustainable development of colleges and universities goal to achieve.

Sustainable development is the assurance of reform and development of education cause in our country

At present, our country elementary education enterprise is facing the important reform, colleges and universities are trying to get their own development and progress by education reform. Basic education reform, the concept of scientific development and modern education is an important theoretical guidance, foster a batch of high integrated level, has the sustainable development ability and innovation ability is the reform goal of the education career, only in this way can we truly achieve quality education. In the process of basic education reform, many advanced education thoughts, teaching theory and teaching methods constantly emerging, the feasibility of these



policies are need to accept the inspection from the teaching activities. All the realization of the target is closely related with the sustainable development ability of foreign language teachers, only teachers' sustainable development ability can fundamentally promote reform and development of the cause of education in our country.

The sustainable development of human beings is composed of all the members of the community sustainable development. Colleges and universities is an important part of social functions, the pursuit of sustainable development in the whole society, under the wave of the sustainable development of the teachers also should cause the attention of the society. Teachers for education career, often affect members of the community of the outlook on life and values, only the teachers took the lead with the consciousness and ability of sustainable development, can play a role of the radiation effectively, and realize the sustainable development of all social members, and promote the sustainable development of human society.

Foreign language teacher professional development in our country's sustainable path

University foreign language teacher professional development has an important effect on its own, can not only improve the quality of education of teachers and teaching level, but also can promote teachers' professional level, make it not be eliminated by competition in the society. Therefore, colleges and universities should actively take measures to find the teacher professional development sustainable path, realize the sustainable development of teachers.

The creation of external development way need from two aspects of universities and institutes. Resources in colleges and universities should make full use of its advantages, regularly organize school-based training for the foreign language teachers. In preparing, class, and the process of communication, promote the communication and collaboration between teachers, improve teachers' professional identity; Use holiday time organizing teacher training, make the teacher can timely understand and grasp the latest means of education, information to get the latest information; Invite foreign education of colleges and universities teachers to guide, build good academic exchange platform for foreign language teachers. Secondly, the universities should encourage foreign language teachers to participate in academic exchanges, enable teachers to know the newest information in time, to master the latest development of professional. More important is to should make full use of the advantage of "Internet +", strengthen the teachers' self learning, in reverse in the classroom, for example, foreign language teachers can use for class platform provides top university related English courses and teacher education curriculum, strengthen their own learning process, further improve the research ability.

College foreign language teachers should take the lead in changing education idea, give play to their own subjective initiative, actively look for opportunities to promote their professional development, update teaching ideas, improve their overall quality. Foreign language education according to their own actual situation, suitable for their career development plan, choose the suitable study method and content, make career development sustainability. Second, actively learning a foreign language teaching theory, the teacher only understand the professional theory, to understand the meaning of the different languages, realize the relationship between language and culture, master the native language learning and foreign language learning, the similarities and differences between the and then apply it in the process of foreign language teaching, enhance the level of students' foreign language learning.

The teaching activities and scientific research activities complement each other, is a close connection between the two. University foreign language teachers should change ideas in time, pay attention to the importance of scientific research activities, at the completion of teaching tasks at the



same time, actively carry out scientific research activities. Modern education enterprise pay more attention to the knowledge of mutual infiltration and coherence in writing, attaches great importance to the intersection of disciplines. At the same time, foreign language teachers to improve scientific research ability, make full use of the platform for class is important to choose. According to statistics, the world famous for Courseracourse platform and edX is about 17 and 11 respectively suitable for foreign language teacher education training course, and most of the course is the world famous universities high class quality, great learning value. To sum up, with the aid of mu class, flip classroom such advantage platform, can effectively cultivate the teachers' scientific research consciousness and research ability, the time required to effectively solve the teachers' professional development, opportunities and resources.

Different from Chinese, has its own language belong to different language system, and due to the different language culture background, nationality, customs and habits are different, therefore, in the language expression way has a bigger difference. University foreign language teachers must have a firm foundation in Chinese literature accomplishment, to be able to understand the difference between different language grammar, semantics, and only in this way, can a better understanding of language organization and expression form of language, understand the structure of language, and intercultural communication smoothly.

Through to analysis the plight of college foreign language teacher professional development, colleges and universities should fully realize the importance of career development, put forward the sustainable development path, promote the sustainable development of foreign language teachers, to promote the reform of the education enterprise in our country, promote the sustainable development of society in China.

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