

Research on the Development Strategy of Senior Life Enrichment through Education and the Elderly Education in China

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Abstract—“Senior life enrichment through education” as an old-age social background of the old-age concept, enriches the development of the connotation of education for the elderly. Based on the trends and characteristics of the aging population in China, defines the basic connotation of “senior life enrichment through education”, elaborate the relationship between “senior life enrichment through education” and education for the aged education, Based on the concept and development trend of “senior life enrichment through education”, puts forward targeted strategies to promote the combination of education and provide for the aged, integrate elderly education into the community, develop wisdom education for older generation, focus on the development of the elderly's spirit and coexist with multiple supply mechanisms.

Keywords—Senior life enrichment through education; Elderly education; Education needs; Education supply

I. INTRODUCTION

By the end of 2016, China had a population of 230 million people aged 60 or above, accounting for 16.7% of the total population; 150 million people aged 65 or above, accounting for 10.8% of the total population. In the view of internationally recognized standards, China has entered an aging society. At the same time, China's old-age problem is facing the interlacing and collision of many problems, such as resources, mechanisms, ideas, forms and so on. As a concept for the aged, “senior life enrichment through education” is an effective carrier for training the elderly group who is physically and mentally healthy, keeping pace with the times [1], is of great significance in promoting the quality of the elderly and improving the social security system for the elderly.

II. THE BASIC CONNOTATION OF SENIOR LIFE ENRICHMENT THROUGH EDUCATION

“senior life enrichment through education” is a kind of old-age concept that is based on the elderly population, through the grant of educational rights, the supply of educational resources and the satisfaction of educational needs, so as to improve the overall quality of the elderly population and the quality of the elderly. In order to understand the connotation of senior life enrichment through education, we need to grasp the contents of the following aspects.

First of all, “senior life enrichment through education” is a form of public service dominated by the government. The elderly population is a valuable resource of a country. It is not only responsible for the elderly, but also responsible for the future of the country and society. Education has the property of public products. As an important part of education, the education of the aged is of public interest and needs the government's input and leadership. Therefore, “senior life enrichment through education” through providing public education services to the elderly population, reflecting the concern and help of the government and Society for the elderly population, is a brand new concept of old-age service.

Secondly, “senior life enrichment through education” is the embodiment of guaranteeing the rights of the elderly. After World War II, the world's human rights movement flourished, and the education of the aged as a basic right for the elderly began to be publicized. The United Nations Declaration of the world's human rights emphasizes the purpose of education, which aims to respect human rights and freedom and to give full play to the individual's personality. After 1980s, the empowerment movement emphasized the empowerment of vulnerable groups, such as the elderly, the disabled, women and children, so that they could participate in social activities as well as other normal people. In our country, both the Law of the People's Republic of China on Education and the Law of the People's Republic of China on the Protection of the Rights and Interests of the Elderly stipulate the right of the elderly to be educated.

Thirdly, “senior life enrichment through education” is an important mechanism to improve the social security system. “Providing for the elderly” is an important part of the social security system, the traditional “providing for the elderly” more emphasis on “support”, which is given to the elderly, the material and economic burden of disease on security. The old age education of “senior life enrichment through education” emphasizes that education is a way and normal for the life of the elderly. Based on this concept, the education of the elderly is not only a simple supply, more important is the demand and guarantee through the guide, cause the elderly continue to participate in the enthusiasm of the elderly to promote the potential, improve the overall quality of the elderly population and pension literacy, promoting the elderly people to enjoy the

enjoyment of life and value, is an important mechanism to realize the combination of education and provide for the aged.

III. SENIOR LIFE ENRICHMENT THROUGH EDUCATION AND THE OLD AGE EDUCATION

If we simply understand the "aging" as the burden and pressure of society, it is inaccurate, incomplete and negative. From the perspective of human capital, the elderly group is a country's abundant resources and valuable wealth. The old age education is no longer a welfare business for the disadvantaged groups, but a part of the whole education and lifelong education for the social development. Elderly education can improve the overall quality of the elderly by purposeful educational activities for the elderly, and promote the transmission and development of knowledge, experience and skills of the elderly, making it the wealth of the whole society.

The implementation of the elderly education also makes the old people's own physical and mental health to be fully promoted. To pay attention to the education of the elderly, we need to carry out the senior life enrichment through education. "Senior life enrichment through education" is a transformation of ideas. It should be based on the "strength perspective" to view the elderly and their education, that is to pay close attention to the strength of human beings and the perspective of superior resources. In the thirty-second Politburo collective study, general secretary Xi Jinping stressed that to a positive view of the aging society, the elderly and the elderly positive view of life, the elderly is an important stage of human life, is an important stage of life, there can still be as progress and happiness. It means that we should take the advantages and resources of the elderly and their environment as the focus of the elderly education, and promote their formation belief, that is, their abilities and internal resources allow them to effectively cope with the challenges in life.

It can be seen that "senior life enrichment through education" as a new and higher form of old-age care is a new way and method to realize the education for the elderly. It is a specific manifestation of the implementation of old-age education [2]. To realize the "providing for the elderly, Providing medical services for the elderly, teaching for the elderly, can be old school, old and happy lives, old and some achievement", we should rely on the idea of "senior life enrichment through education", but the content form is more abundant than the general elderly education. We need to further show the humane care, to meet the spiritual needs as the core, so that the elderly can really live a healthy and comfortable retirement life.

IV. THE DEVELOPMENT TREND OF OLD AGE EDUCATION UNDER THE CONCEPT OF "SENIOR LIFE ENRICHMENT THROUGH EDUCATION"

The aging society in China at the same time, showing a large population base, the difference between urban and rural areas, the old are not rich, elderly education is an indispensable China positive response to population aging strategy. Through the education of the elderly, the social role of the elderly can be brought into play, so that the elderly themselves become the main body of providing for the aged, reducing the social

burden and improving the quality of life. Therefore, under the guidance of the concept of "senior life enrichment through education", the following strategies and methods should be taken into consideration in the education of the elderly.

A. *Promote the combination of education and provide for the aged.*

The combination of education and provide for the aged is to improve the quality of life and life by integrating the social resources of all parties to promote the elderly to obtain convenient, near and high quality education services. The pension service industry contains a huge market potential, raising the combination will be to promote economic growth and power conversion of the new growth point to help foster the elderly emphasis on quality, attention to the cultural connotation of the consumption concept, the new model of the formation of new form of pension services, for the economic development of the new normal under the expanding consumer demand, to promote economic growth, change the mode of development to provide strong support and continuous power. To carry out the work of the combination of education and provide for the aged and to promote the improvement of the education of the aged, it is necessary for all aspects of society to cooperate actively, and the resources of all aspects of society should be inclined. Generally speaking, the civil affairs department and the education department should take the lead role, lead more pension institutions and educational service organizations to effectively integrate, and jointly promote the development of the elderly education. Special attention should be paid to the encouragement of the elderly institutions with favorable conditions, so that they can fully understand the importance of the elderly education in the pension services, and get the support of this part of social resources is the key to the combination of education and education.

B. *Elderly education is actively integrated into the community*

The "national long-term education reform and development outline (2010-2020)" clearly pointed out that "pay attention to the elderly education, extensive urban and rural community education, accelerate the construction of learning oriented organization, the basic form of learning and life-long learning society, to build a flexible and open system of lifelong education". As an educational level of lifelong education, elderly education plays an irreplaceable role in promoting a comprehensive learning and life-long learning society.

Community education is a community oriented educational activity and process to improve the quality of all the members of the community and the improvement of the quality of life. It has the territorial character, advocates the whole staff, the whole process of education thought, provides the community members with learning environment and opportunities that everyone can participate in, to a certain extent, also corresponds to the development goals and ideas of the old age education [3]. The consistency of educational goals determines that the two parties can interconnect and complement each other. Integrating old age education into community education can make all kinds of social resources of old age education coordinate, promote various educational resources in the community, achieve the sharing of educational resources, and

make the existing educational resources play a greater functional role in the elderly education.

C. Developing the wisdom teaching of old age

The elderly are called special populations and vulnerable groups, because the elderly physical function, intelligence and interpersonal communication are declining, the scope of activities is limited, learning obstacles, seriously affected the enthusiasm and education of the elderly and. Nowadays, with the development of the concept of intelligent pension, the trend of intelligent development of elderly education is gradually reflected. The application of Internet service platform improves the means of elderly education, and maximizes the chances of learning for the elderly.

The wisdom teaching of old age is mainly embodied in several aspects: first is the intelligent educational administration, which can establish large data system based on variables such as gender, educational background, retirement nature, health status and occupation category. The analysis of the characteristics of demand and the trend of change will help the educational subject to design the educational path and content more effectively. The second is the digitalization of the management of teaching resources, for example, the organizers are able to share the resources of the teaching of the aged through the construction of the network curriculum resource bank. The third is the networking of teaching forms. For example, elderly students can receive distance education through the Internet at home, which is especially suitable for some inconvenient elderly people, saving social resources. The fourth is the choice of personalized products, such as the use of mobile terminals for learners, and the selection of personalized learning mode based on the application of digital learning resources in the wireless network [4].

D. Pay attention to the mental development of the elderly

One of the basic points of view of Maslow's theory of demand level is that there is a need to have a light and heavy level. After the needs of one layer are met, the other needs to appear. The development of modern civilized society is based on the full development of material life. We must face the realistic needs of the elderly's spiritual life. They are no longer satisfied with the enrichment of material life, but are pursuing better quality of life. They hope to expand the scope of social

interaction and enrich a richer and more educational and cultural life.

Therefore, the elderly education in China is bound to face the transition from "pay for the aged" to "senior life enrichment through education". The old age is a different period of life development. From the point of view of life aging, the physiological decline and psychological weakness of the old age are irreversible. After the reform and opening up, China's family structure has become smaller and smaller. With the empty nest of the family population, a considerable number of the elderly are in a state of "empty nest". This is not an economic and material poverty, but a lack of spiritual, cultural and social support. There is a strong desire for the requirements of the content and quality of the spiritual and cultural life in the modern society.

V. CONCLUSION

"Education for the aged" is a theory that can improve overall quality and old-age quality of aging population, which will be an important starting point for the development of education for the aged in China. The aim of Dewey's education is to emphasize that "the starting point of education is social demand and the end is human development", which is in line with the judgment of life education in the elderly education. "Education for the aged" aims to lead the old people who have gradually withdrawn from the social role to get the super aging perception and spiritual development, that is to say, finding the meaning of life, seeking for peace of mind, promoting their self-acceptance and self-perfection, and upgrading the quality of life of the elderly.

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