

An Analysis of the Construction of an Excellent Ideological and Political Course

Inspiration from the Provincial Competition of an Excellent Course

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Abstract—Under the circumstance of teaching reform, from the aspects of theoretical attainment, practice, times demand and teaching art, the author holds the view that the ideological and political teachers should focus on the effectiveness, pertinence, life quality and teaching art, which aims to lay a solid foundation of a correct world outlook, outlook on life and values for college students.

Keywords—professional qualities; keep pace with times; life quality; teaching art

I. INTRODUCTION

In order to carry out the "Jilin Provincial People's Government on Constructing a Strong Province of Higher Education" and "Implementation Opinions on Accelerating the Development of the Modern Occupation Education with Jilin Characteristics from Jilin Provincial People's Government", to meet the needs of society and to seek better development of our school, the ideas of emphasizing the transformation and connotation of development are put forward in our school. Thus, how to improve teaching quality is what teachers should focus on.

The first quarter of the six chapter in "Ideological and Moral Cultivation and Legal Basis" (hereinafter referred to as Basis Course) taught by the author won the first prize in the Competition of an Excellent Course in 2015, which is hosted by the Education Department of Jilin province. As a young teacher, the author feels grateful to have the opportunity. In the whole process of competition, the author gains a lot. Combined with the competition experience, the author analyses the essential factors in an excellent course. The author looks forward to receiving the professional criticisms.

II. IMPROVING PROFESSIONAL KNOWLEDGE

It's extremely important to possess the wide professional knowledge for teachers of ideological and political course. No matter from the portrait angle or from the crosswise aspect, teachers of ideological and political course must

possess profound and wide knowledge, which is due to the wideness and inclusiveness of the ideological and political course.

Teachers of ideological and political course should possess many important qualities, such as the knowledge of theoretical attainment, traditional ideological morality, history, psychology, pedagogy, legal knowledge, poem, and novel and prose and so on. From a horizontal wide, teachers should get familiar with various subjects in the field of knowledge. Although education courses teachers' knowledge background should be broad, on the basis of extensiveness, two things need to pay especially attention to:

A. Making Sure that the Theoretical Knowledge Is Accurate

It is hard to imagine that any teacher can win students' hearts by neglecting the mistakes in the theoretical knowledge. In the process of preparing a lesson for competition, the topic is characteristics of law. Before concretely split each knowledge point, the author not only seek advice from the doctors of the Institute of Political and Law, but also find a lot of professional books. Reference for legal proverbs, poems, is also quite prepared carefully. In order to ensure the accuracy of poetry, the author specifically proves to Chinese senior teachers. After winning the prize of the excellent lesson, each judge made wonderful and pertinent comments. One of the judges pointed out, some teachers' problem is the basic theoretical knowledge of error. The teachers of ideological and political course should strive to make the accumulation of theoretical knowledge and reserves in daily teaching. The completion of the work should be disciplined, selective, normalized; of course, the way is not limited to paper books. We should listen to expert lectures, films, video, video, online courses, news, magazines etc. All these can achieve this purpose. Young teachers should improve their professional accomplishment through the various channels of autonomous learning. Only by doing so, can the teachers make themselves improve the teaching content with theoretical depth?

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B. Paying Attention to the Teaching Content Carefully and Participating Subject, Experts, Professors and Consultation

The judges during the review emphasized that in order to construct an excellent lesson teachers should get more familiar with the field and even the interdisciplinary expert guidance before the competition, which is the direction and a source of inspiration. Comments on the selected topic, the living, the author sincerely ask doctors of the Institute of Economics and Management really benefit a lot. Professor Wang not only analyses the theory of teaching material, which gave the author a very good example, proverb, inspiration and direction. In addition, the author also consults a lawyer about the case of the course the author prepared reference. Law is to adjust the code of conduct of social relations, the author read the textbook "*Law Adjustment Only Part of the Important Social Relations*" of the relative professional words, and translate it into student life and choose to have the guidance of language - law isn't everything. As fully as possible master the theoretical knowledge about some knowledge is very necessary, only by owning the wide knowledge background, can teachers be professional in class.

III. MAKING HARD THINGS SIMPLE, ADVANCING WITH TIMES AND BEING TARGETED

Making hard things simple and advancing with times are particularly important for teachers, which means that a simple integration ability. The teachers should know how to use plain language to describe the deep abstract theory, reasonable accurate, case selection, analysis of the story thoroughly, to ensure that the students appreciate the charm of theory at the same time, in the spring breeze, the rain is set theory and truth into students' mind and heart, to the students' daily behavior, to achieve "the wind into night, moistens everything silently" teaching effect. In particular, the teachers should do the following two aspects:

A. Grasping the Teaching Material and Theory

In 2015, the latest development of the basic course teaching material, theoretical content and framework, reasonable knowledge structure, coordination. Even so, the ideological and political teachers should also read teaching material and theory on the basis of integration, transformation and the transition of teaching material system to teaching system. Teachers should not only grasp the emphases and difficulties of teaching materials, but also the chapters of the frame structure, the logical relations, an excellent lesson and distance. Delegating college students accurate knowledge of humanities and social is by no means to teachers as a repeater simply back textbooks, students really love and is taught in the classroom teachers in doing a lot of preparation before class, on the premise of strictly follow the teaching material established bones and muscles, to expand the capacity and depth research of teaching content, creative teaching materials for processing, optimization, fill, teaching material system to turn very necessary for teaching system. The appearance and spirit, respect for the teaching material and not constrained by

materials, transformation of the teaching material and not from the textbooks. To achieve the goals, teachers need to enjoy and be good at being the teaching process designer and creator of the course.

B. Advancing with Times and Focusing on College Students' Demands

In the feedback of information, some teachers' teaching content can't be combined with the current economic and social development situation, and some ideological and political teachers do not focus on college students' core appeal adequately. They are unable to solve the practical problems in life, so the students in their classes have no interest, no power, no looking forward which is often called "3 without" judgment. College students in the process of the original political study formed a mistake, or one-sided error, the thought political lesson is far away from yourself, is the truth, education, education courses to reject. This is suspended in education courses teachers head a sword. Ideological and political courses, therefore, teachers need to solve one of the things that are one thousand ways to help students out of their own cognitive world. This awareness has involved college students' education courses the understanding of the nature, significance, methods and other issues. In view of the ideological and political theory course with distinctive ideological content, theoretical and timeliness, and ultimately refers to man's soul and heart. Comrade Xi Jinping pointed out that ideological and political work in colleges and universities should not only firm political position, also want to deep hold changes in the environment of The Times, innovation methods, more times and more ground, more attraction for young students, be more productive. So, education courses in teachers possess solid theoretical knowledge, excellent teaching skills, should also be followed the pace of times, a comprehensive understanding of social reality, pay close attention to social life, pay attention to the education object, deeply understand the principles underlying the growth of young students, psychological characteristics and ways of thinking, and in the complicated environment and thoughts have their own independent views in the hot pot. To achieve the points above, teachers should reveal the Marxist theoretical quality of keeping pace with times and the students' mind dating, as well as gain good teaching effect and cultivation.

Specifically, ideological and political courses should be close to students' psychological need, life, value, pay attention to the change of the students, and focus on students' practical problems, such as lack of goals, conviction, idle time, neglect of their management and self-control, how to change the passive to active mood, unable to effectively communicate with classmates, cannot correctly handle relationships and cannot correctly treat competition and cooperation and other issues, theory of knowledge and thought the collision, and the docking of life.

Ideological and political courses should be fascinating, the most taboo is full is the abstract theory, empty, dull preach, which is so dull and it's hard to interest the students. It is difficult to get the favors of the judges and peers. High levels of teachers and the competitors, lectures should not

only have the theory depth, combine the appropriate cases, stories, and data such as material, make the education courses colorful, flesh and blood, to strengthen theory, the reason of acceptability. In the teaching process in the process of moving forward, constantly understand a student needs. Students like interesting, education courses of material. If interesting, ideological and political education courses teachers in teaching should ensure that the basic theory at the same time, content of advancing with times, capture the hot issues of social life, choose a representative, persuasive, vivid, typical cases happened recently, story, data, etc. The teachers also want to pay attention to skills in the process of selecting the case, in contemporary strong language students' focus on the topic of teaching. Consciously cultivate a sense of humor, enhance the classroom teaching more interesting, thus reducing the student to the education courses teaching content abstract, boring impression, reducing the distance and students. Because, of course, blindly catering to the tastes of students and make the education courses education significance of lost in the classroom ought to be, falling into vulgar.

Ideological instruction lesson case of supports is unthinkable. The competition held in 2015 during the fifth plenary session of the two-child policy was carried out. Just 2015 authoritative judicial exam questions involving such problems, the author, since the information in a flexible response to race and class, the four two dial one thousand wonders. The competition makes the author more keenly aware of, the choice of "foundation" lesson case, only the knowledge of the questions is not enough, the soul engineer of particular connotation in this course are particularly strong. Teaching should be more to do with the current international and domestic attention important practical problems, with important practical problems drive the general principle of typicality, make the student world outlook, values, outlook on life education more times and pertinence, so as to enhance the effectiveness and benefit.

IV. SUPERB TEACHING EXPRESSION

Skillfully use all kinds of factors of teaching, enhance the artistic quality of classroom teaching, is not only beneficial to promote the harmony of the relationship between teachers and students, but also is advantageous to the effective teaching of the course content. Teaching the same content, theory and truth with different teaching expressions in class may have different effect. The proper use of expressions is essential.

A. *Understanding Language Charm*

Though teaching is not debating, but a teacher's language for students needs basic skills of listening, which should give full play to the teaching effect. Language involves basic tone, tone and other factors, and they show the teachers' understanding of the teaching content, process, and emotional penetration.

Voice is innate, general won't change. Standard pronunciation can put the emotion and reason, the right to judge theory, the students, to bring people a feast, feel a kind

of aesthetic feeling. Relatively speaking, the more clear, loud and clear voice, the easier for students to catch the attention of students in class. Nice voice of a teacher can make a good start in a class.

Intonation is the discretion of the sound changes and weight in the sentence slowly, to pass some kind of mood and emotion. Sometimes in class, also need to choose a different tone. Intonation and tone is different from the voice, through the training can be change. Skillfully grasping the tone and intonation, paying attention to the ups and downs and climax with the change of the trough, can strengthen the language, strength, and appeal, have the effect. French philosopher PASCAL said, tone of voice can control the wisest people, and can change the power of an article or a poem. The author thinks that a university teacher, especially education courses teachers, able to freely use language elements such as tone, tone, and is more conducive to transmission of the course content and accept it. So to speak, as catalyst in the lecture, tone should be taken seriously. High tone can not only urge participating teachers in more plentiful emotions, and can stimulate the judges, the resonance of the students. And low tone will undoubtedly introduce the audience dignified and thinking. Patriotism, with high and low tone, is plentiful full of feeling easy to make. In other words, teachers of ideological and political courses, the reason should not be boring, indifference, drab and alienation, and should be put into feelings, only then the classroom can be colorful, infectious, and affinity. But emotional input is measured, which had become emotional, is false, give a person the sense of affectation, will bring negative effect to some extent, is insufficient to follow. The author thinks laws forced by the state and ensure implementation by national force, explains the law mandatory both negative and sanctions for violations of the law, including the legal affirmation and protection, cites the example of milk tea sister and Jingdong Liu, chairman of the Marriage Registration, tone cheerful, humorous, judges and other contestants interest is aroused, active atmosphere. In summary, theories, concepts, a slow, steady, as far as possible to clear, clear. Case, stories, he can according to specific situation or strong, or firm, or confidence, or cutting or mild or sharp.

To sum up, the ideological and political teacher must pay attention to the artistic beauty of language in teaching exercise language accomplishment, make efforts to practice teaching language with basic skills, make a unique language style, and show the art of language charm and excellent gift in the classroom.

B. *Grasping the Beauty of the Ups and Downs in Teaching Expression*

In a book about teaching art which can be seen in such a paper about the importance of language experts to the rhythm, the least flowing alternating between a brief silence and transformation caused by the psychological reaction is very wonderful. At the same time, to lasting appeal is dye-in-the-wood, and it is also accord with the aesthetic consciousness of people.

1) *Pause*: We usually talk about rhythm from the grasp of pause. Clever pause can cause the audience's curiosity, with thinking let a person full of expectation. The author about the rule of law is the rights and obligations behavior, throwing his girlfriend and her mother fall at the same time, the topic of who to save first, choose a short pause, well control the classroom atmosphere.

2) *Passion*: Teachers of ideological and political courses in the spread of knowledge at the same time are also a symbol of message through to the students' emotion and care, which is decided by the nature of education courses in the humanities, political nature. Thus, in order to move students, you should move yourself first. Rich and full emotions will help achieve this goal. Passion means teachers should devote themselves to teaching, which makes teaching content broken contagious, attracts the attention of the students at the same time, and arises the enthusiasm of students listening to courses. The teachers should not just knowledge into the class, and rational and should also include temperature, connect and passion of transcendence.

C. *Paying Attention to the Beauty of Teaching Manner*

In class, a lot of information transfer between teachers and students, to accept and understand, emotional communication, language does not only depend on the medium to complete, limb, facial expression, tone of voice, even a look in the eyes of nonverbal language forms such as information of the also not allow to ignore. In an ideological and political course in colleges and universities, what teachers should always remember is a living person in present teaching content, rather than rigid retelling of the teaching material content of the repeat. Itself natural, generous, decent, gestures and body language is clever right, easy to catch the attention of students, make the teaching smooth add a lot of appeal. Here is the charm of teaching manners by describing the simple gestures and expressions.

In the classroom and in the process of a class of the match, the gestures used properly, can increase the strength of the language, increase the overall image of perfection. British Desmond Morris expresses an axiom in *"The New Gesture"*, which inspired the author. He said: when people living emotional communication, the importance of gesture may even more than language itself. Language is can be used to illustrate the fact and express ideas, but without gestures, people's social life will be like a mechanical apathy. After the competition in 2015, several judges put forward that the gestures used are not proper, which affects the overall image of perfection. After all, teaching is also an art, and it should also pay attention to beauty. Gestures should be natural and smooth with content, which can make whole picture special complete, vivid, grace for the teaching, game content. Although gestures are important, but the gesture is unfavorable and drab, unfavorable and overmuch, and be with the course content and match, not to have a gesture and gestures.

Expressions involving the presence of teachers in the classroom, or at ordinary times before competition, teachers should consciously be trained. Expressions include

instrument, expression, posture, facial expression, etc. These small details and etiquette, if carefully pursued, can play an unexpected role. The author used looking and seeing in the competition. In fact, no matter in the competition or in daily teaching activities, teachers should make eye contact with students naturally. Eye contact should not give people a kind of feeling of uncomfortable, not respected or lack of self-confidence. The judges' evaluation also points out the problem. Teachers should make eye contact with students instead of paying only attention to them in teaching process.

V. CONCLUSION

Although striving to be perfect, but no matter how much effort were made, the author can only be constantly toward the perfect approach. Like *"Lion City Tongue War"* a book written by Jiang Feng, beauty is precisely in the perfection of the eternal process of vivid existence. The author will pay more attention to improve profound knowledge, making hard things simple, advancing with times and being targeted, teaching expression and other aspects in future teaching process!

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