

Family Education Misunderstanding and Coping Strategies under "the Universal Two-child Policy"

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Abstract. In recent years, in order to alleviate the problem of the population structure imbalance brought by the family planning policy, and cause a series of social problems such as employment, pension, and state level proposes "the universal two-child policy", and increase the policy education and guidance efforts of the broad masses of the people. Under this background, family education has become a topic that many two-child families can hardly ignore. However, we find that the education of many two-child families is not successful, and there are many misunderstandings in real life. This paper discusses the misunderstandings and improvement strategies of family education under "the universal two-child policy" background, and hope the theoretical research can help high quality and efficient promotion of family education.

1. Introduction

At present, the universal two-child policy has become a hot topic. Under this policy background, the family education problem has drawn more and more attention. With the continuous development of era, many post-80s and post-90s parents because their deviation of education concept, lack of sense of responsibility, and the lack of good education method, they do not often give their children with scientific and proper family education, make family, school and social "trinity" education mode gradually become a mere formality, it is difficult to play its original educational value. The family is the main place for children to grow up and study, which is also an important helper for the formation of values and the promotion of ideology and morality. Therefore, exploring the existing problems and improving strategies of family education of under the "the universal two-child policy", they have higher realistic value and practical significance for the promotion of talent training strategy in our country.

2. Analysis of the Existing Misunderstanding of Family Education

2.1 Vague education concept

At this stage, the extensive and in-depth implementation "the universal two-child policy", which make family education draw more and more attention, but under this policy background, there are still many parents are not aware of the important value of family education to their children's growth, nor does set up the right education concept in the growth process of children. We often say that consciousness is the forerunner of action. In other words, parents receive what kind of education concept; they will do what kind of behaviors, and convey what kind of consciousness and thoughts during the communication and exchange with the children. But young parents in the present stage most do not set up a correct family education concept, which are embodied in the following aspects: many parents in the process of dealing with two children problem, often separate second child from "eldest child", they think that second child has nothing to do with the "eldest child", even "eldest children "look after "second child" appear in post-70 families where the two children have large age interval, as a result, when the mother is pregnant or after the second child was born, "eldest child" will feel greater pressure, even make a series of extreme behavior in order to avoid self out of favor. There are many parents, once the second child was born, will all concentrate on the two children's growth

problem, the whole family will ignore "eldest child" growth problem, which makes psychological gap between them [1]. More importantly, many parents do not know the ideological change of "first child" in this process, fail to give the proper attention and scientific guide, this greatly improve the possibility of personality changes of "first child", or do abnormal behaviors, it is not conducive to the better, faster growth and development. The result of related survey show if parents makes the necessary communication with "first child" on second child problem, so it will largely improve alienation of "eldest child" to second child, and it directly reflects the current ubiquitous problem that the parents lack education concept, particularly in post-70s parents.

2.2 Unbalanced education content

We often say that parents are the first teachers of children. But the parents' own quality and education concept are limited; they often highlight the unscientific and unprofessional characteristics in the process of choosing education content. Especially based on the "the universal two-child policy" era background, many parents, especially the post-70s parents, they must be transform the traditional education concept duly, actively break the shackles of traditional family education mode, and passed the thought and idea of "love" to the children. The realization of this purpose is first to create a loving family environment for the children, so that they can grow up in the atmosphere of love, and understand the important value of love for interpersonal communication. On this basis, the parents should guide children to love people, give help to others in need, and more care and love, the subject of love turn into "lover", and become a loving and kind person [2]. So "elder child" can meet and participate in the birth of a new life and growth process with love tolerant attitude when face the second child problems, share the parents' material guarantee and emotion care with his brother and sister. But the reality is that many young parents are limited by its own quality and education concept, tend to neglect the cultivation of the sense of responsibility, love, sharing spirit for children, which makes the children from the psychological level, and even disgust the birth second child, they are difficult face the change of family structure with healthy psychological states.

2.3 Old education method

The birth and growth problem of second child, not only make many "eldest child" face a new family structure, it is also a family problem that many parents can't ignore, make them have to spare more time to deal with the new type of family relationship problems. The age interval exist in two children, it is easy to unfamiliar and produce estrangement, especially if interval time between the two child is short, so the children are in the process of growing up, they are easy to produce dispute due to the little things. Thus, how parents mediate and effectively resolve conflicts and contradiction between children will greatly affect the results of family education. For the "first child" in the family, if the parents can take impartial neutral attitude in dealing with the contradiction between him and sister, so it will largely avoid the exclusion psychology to second children, and treat their own brother and sister with more tolerant and caring attitude [3]. But in real life, we often can see parents criticize older children this phenomenon indiscriminately, many children are full of grievances, but nowhere to say, as time passes, not only can make they lose their love and identification to brother and sister, they also will make some extreme behavior, seriously restrict the realization of family education value. For many parents, in the process of dealing with different children's disputes and conflicts, must adhere to the principle of taking the matter on its merits, and deal with all kinds of things with impartial attitude. This provides a good model for children to deal with conflicts and contradiction in their communication and contact with others.

3. Analyses of the Reasons for the Existing Misunderstanding in Family Education

3.1 The quality of the parents is not high

For many children, a good and loving family education environment can promote their healthy growth. But the effective construction of this family education environment is greatly dominated by the educational quality and concept of the parents. For many parents under two children policy, they may have never received the relevant guidance and help on giving birth to second children before, so when face the second child problem, they lack awareness and action consider the willingness of "first

child", failed to carry out a comprehensive exchange and scientific guide to their children. In addition, many parents did not consider the living mode of two children before they gave birth to second children, they also does not have the awareness and ability to properly handle conflict and contradiction between children. More importantly, the children will highlight different psychological trend and behaviors in different ages, which requires many parents in the process of family education, need to advance with the times and make concrete analysis of concrete problems, constantly change their educational ideas, innovate teaching methods, improve the education content, better conform to the first child' psychological changes and adaptation extent, thus shooting the arrow at the target in the process of dealing with the family education problem.

3.2 Old parents' concept

Since the 70s of last century, China has launched a wide range of family planning policy; this policy has also become a basic national policy in the China's development process. Under this policy background, most of the family after 80s showed a single people structure, many family elders live around a child, no matter what the child's grandfather, grandmother, or their parents, will put all their love into one child.. Let the children live in a spoiled environment. As a result, the children in these families are prone to show the personality of timidity, selfishness, idleness and cowardice, and some do not even have the basic ability to live independently. So when they become parents, and encounter the full implementation of the two-child policy, so they are to deal with conflict and contradiction between children with the right education concept, and the scientific education method and effective education content, many parents do not have the concept to transfer the children love, sharing spirit, sense of responsibility, this is one of the important factors that affect the effectiveness of family education.

3.3 intense social competitions

At the present stage, China has entered the critical period of social transformation and economic development, and the various walks of life face very fierce social competition. Under this background, middle-aged parents must devote more energy to their work, and working overtime is a subsidiary product of many parents [5]. At the same time, most of the post-80s parents also belong to the only child, their growth environments make them unable to properly handle the conflict between many children, so they are often at a loss when face the problem of family education, and they are very hard to carry out right guidance and education for their children.

4. Strategy Explorations to Improve the Effectiveness of Family Education

4.1 Perfect the content of family education

When the two children era comes, many young parents and middle-aged parents should be brave enough to break the shackles of traditional family education mode, transform their educational concept duly, enrich their educational contents, and bring more diversified and hierarchical family education to children. The realization of this goal should be firmly around "love", "sharing spirit" and "sense of responsibility" three aspects. First of all, parents should start from every little bit of children's life, and fully cultivate the children's love and caring spirit for all things [6]. For example, parents can take the weekend time, lead their children to grow flowers and grass in the field, and regularly water and fertilize with their children, so that they can firmly establish the love and responsibility for all things in the process of touching the nature. Parents can also take care of small animals with their children, whether they touch small animals or feed them, can make children gradually set up the concept of "love". Secondly, the cultivation of children' sharing spirit, parents can by means of the Chinese traditional culture, for example, can speak to the children " Kong Rong gives up the biggest pear" story, make them realize the sharing of important value and cultural connotation", thus getting along with his brother and sister, they can understand love and humility, and this avoids many unnecessary conflicts and it is conducive to create good atmosphere of family education. Finally, parents cannot ignore the cultivation of children' independent ability and spirit, The child should be guided to have the corresponding ability in different age stages, whether making bed and lacing up one's shoes these little things, or the good habit of independent reading, it requires

parents to give children full guidance and education, thus improving the identity of the "elder child" to his younger brother and sister, and promote the harmonious and healthy growth of children.

4.2 Enrich parents' education carrier

There are many ubiquitous problems, such as the poor parents' education quality, lack of educational concept and educational methods and so on at the present stage, the relevant subjects in the society should increase the school running of the parents' schools, innovate and improve the content and form of school running, thus creating good external conditions for the improvement and development of the parents. Countries should increase policy guidance and financial support of social education institutions, make them can continually expand the scale of parents school, perfect parents school infrastructure, so that many young parents realize the necessity to focus on child's spirit trend and mental state, more skillfully deal with conflicts and contradictions among different children [7]. We take community this education main body for example, the community can hire professional education team or research institution in society, compile professional teaching materials on education for children's families., or hold regularly lecture on professional knowledge about family education, thus reminding the parents to pay attention to the change of children, grasp the ability of children' growth, and fundamentally improve the effectiveness of family education.

4.3 Innovate parent-child activity forms

Parent-child activity is an important carrier of emotional communication and behavioral communication between parents and their children, and it is also the main way to bring into play the value of family education. Therefore, the many young parents should firmly grasp the carrier of parent-child activity, and combine it with the family education elements. For example, parents should be actively involved in the parent-child activities which kindergarten hold, whether it is a spring outing, or handcraft in the kindergarten, or children's talent show, parents should not miss every moment of their children' growth as far as possible, comprehensively understand the behavior characteristics and psychological trend of children in kindergarten, thus more carrying out the family education specifically. In daily family life, parents should gradually understand their children's views on "second child", and ask their children's willingness of this problem [8]. If the children show a greater resistance psychology, parents act with undue haste, should gradually guide their children correctly recognize the birth of second child, make them realize brother and sister will not affect the parents for their love and care, also bring more joy and beauty to them. In a word, parents should never use their busy work as an excuse to not participate in the growth of "first child". On the contrary, parents should give more love and care to make first child grow healthily and sturdily.

5. Conclusion

The young parents, especially the middle-aged parents, should have the courage to break the shackles of traditional family education mode, actively cultivate their children's love, sharing and responsibility consciousness, actively participate in various types of parent-child activities, strengthen the emotional communication and interaction with children, make them can more directly feel the parents for their love and care, alleviate the loneliness and anxiety caused by the birth of younger brother and sister, realize their own healthy and strong growth.

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