

# The Classification and Development Analysis of the Main Traditional Sports of Kazak in Xinjiang

Jianaer Teliubieerde

Xinjiang Education College.

Postcode: 830043

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**Abstract.** In this paper, using the method of literature, analysis, logic analysis of Kazak traditional sports project classification comb, statistics, through to the Kazak sports projects, this paper expounds the influence of national culture. Kazak traditional sports, rich in content, specific historical background and unique way of life of the casting the special traditional project, on the other hand also had a profound impact on Kazak culture. This paper analyzes the traditional sports development of Kazak nationality in Xinjiang through the classification of the main traditional sports of Kazak nationality.

## Introduction

Kazak is a time-honored cross-border ethnic minority mainly distributed in the republic of Kazakhstan, China, central Asia and parts of Europe. Due to the nature of nation itself, in the specific historical conditions and the unique way of life, under the influence of the breed has the color of the national sports culture, after the heritage and development of history, Kazak traditional sports culture has important significance, and has different influence on sports itself, this paper analyzes the items in the category of Kazak traditional culture, to explore its unique production, life style and national characteristics of Kazak traditional sports activity, better promote the development of traditional minority national sports culture in Xinjiang.

## The Classification of Traditional Kazakh Sports

Due to its national characteristics, the Kazak ethnic group in Xinjiang has produced its own unique traditional sports program through the transformation of production data and production methods. Through a large number of literature review, statistics, a total of 209 Kazak traditional sports project, riding class project has 78 of them, the traditional game project has 50, wrestling class project 29, run and jump class project 11, 30 other projects, and the remaining seven lost and two endangered projects

### Traditional Sports on Horseback

The Kazak ancestors and the Kazak group now engaged in agriculture and animal husbandry cannot live without horses, which have different status and roles in the Kazakh society. Today, all kinds of large-scale activities can be seen in horse racing, horse racing, girl chasing, archery and other projects that contain the original cultural connotation and add the factors of modern competitive sports.

Archery on horseback: from the time of the Cypriot ancestors of the Kazakhs, it was a military force against the same tribe. The above historical data indicate that this sport was created to challenge the enemy and to survive. The movement that evolved to this day was lost in the real life of Kazak and only in writing or in some historical data. In Barkol county "Kazak culture museum" saved a bow of 30s-40s of the last century, according to the management personnel is introduced: this is a herder in preserved is his grandfather used for hunting. The bow became a tool for hunting animals in order to survive in the modern Kazakhs.

Sheep snatching is a different way of saying the source of the activity. Because the ancestors of the Kazakh people were the totem of the Wolf, it was impossible for the Wolf to be the medium of

entertainment to celebrate the ceremony. In the content of the activities of the Kazak, the method and scope are also divided: "competitive sheep snatching", "capture", "pull together", "Kukpa", "Alaman" and so on. With the changes and progress of The Times, the sheep snatching movement has been continuously standardized with the changes of The Times, with new methods and rules, and the establishment of a large stadium. At present, people of all nationalities can participate in and enjoy the popular traditional sports.

Horse racing: speed horse racing, walk horse racing, camel racing, civilians horse racing, long-distance horse race, Alamebago. Jockey club is the highest category in the Kazakh traditional sports project declaration, the black sun tianma can prove from those tribes to Kazak ancestors now with the new size, the new rules of the jockey club is Kazak "horse" and the importance of "horse race", to improve the civil wedding on horse racing activities orderly, in the style of the departments for the record of all kinds of traditional sports association was established, no doubt about the development of traditional folk sports activities has brought new vitality.

There also have other movements on horseback: ingots, wrestling, whip, polo game, Angle horsepower, cast stone, cross obstacle, tug-of-war, equestrian games, grab a towel, pick up a handkerchief, Loeb kernel, pick silver up.[4] In Xinjiang, these projects are seen in the villages of Kazakh, where nomadic herders can be seen but not in scale and number of times. At present, the "running horse picking up hada" held in the "Xinjiang minority games" has become a new form of the summary of the above items and the modern Kazak game project on horseback.

### **Other Traditional Sports**

Kurhaus (Kazak wrestling) is a wrestling, Kazak ancestors in large cultural festivals (such as a holiday in Nauluz), the old man's death, circumcision, and some wedding host library fever. As a very popular traditional sport in Kazakhstan, Kurhaus has a number of rules and regulations, such as the rules of the game, the referee system, and the influence is very high. In Xinjiang, the project is one of the traditional sports of ethnic minorities in the autonomous region. In the social life of the Kazak ethnic group in Xinjiang, Kurhaus is also an indispensable traditional sports program, and all kinds of cultural festivals are one of the most popular items for the audience.

The Toghz Hummalak chess program is a 4000-year-old intellectual game project [5]. Primary characteristics of this kind of game is that it not only improve people's thinking, exercise flexible, sensitive ability, but also help to children's moral thinking, self-control ability increase, thus making them in later life is perseverance, patience, have self-esteem, thought can lower. The Kazakhs, who live in the water weed, have created and passed on this traditional cultural sport——The Toghz Hummalak.

Hunting is a special kind of game. Both entertainment and requires high technology project, is Kazak ancestors with a bow, stone, iron and other weapons to hunt for a living, then start training eagle raptor to catch the wild animals. The hunt has been one of the most prestigious techniques in the Kazakh interview. People with such a technology call it "Koosphage" or "Bullkert". The game of hunting is a combination of horse and raptor through the ability of "Bullkert". In the first winter, when the falconer hawk was on the hunt, he was followed by a young man, who was also involved in hunting, eating and sharing his music in the wild. It is an important item in a rich and immediate sport.

## **Analysis on the Development of Traditional Kazak Sports**

### **The Transformation of the Traditional Kazakh Traditional Sports Program**

The traditional activities of Kazakh race horse race, girl chase, wrestling and other traditional projects were held in the "Nauluz festival" and "wedding celebration". Today, the Kazakh traditional sports in the big entertainment activities, The Aqin Aytis festival, tourism culture festival and some school sports are indispensable sports activities. It has been listed as the Kazakh ethnic group of the Chinese minority intangible cultural heritage. Altay region in 1972 successfully held the first session of The Aqin Aytis festival cultural activities since the Kazakh people's unique art and literature and folk sports activities in the form of the new development and changes, as a symbol of Kazak nationality, this kind of traditional culture with the development of the era of

respond and vitality, and will become an important route of transmission of the grassland culture in the 21st century.

### **The Influence of Intangible Cultural Heritage Protection on the Inheritance and Development of the Traditional Sports of Kazakhstan**

Under the call of the intangible cultural heritage protection, the department of the local culture to some of the lost and dying out of traditional sports in mining, sorting, filing for the county, district, and autonomous regions to protect intangible cultural heritage protection project and inheriting measures are put forward from the view of history development, Kazak traditional sports project in the non-material cultural heritage protection project is sports culture inheritance, the perfect combination of innovation and development. There are some traditional sports programs in the production and life of the Kazak ethnic group that have some entertainment and strong physical fitness, but the competitiveness and the enjoyment are not enough, affecting the promotion and development. If you can on the basis of inheriting nationality and tradition, with age aesthetic movement rules and requirements for the projects for the modification and improvement of national traditional culture and fashion of the organic unification, is supposed to go to the nation, moves towards the world.

### **The Change of Traditional Sports Program of Kazak Nationality Restricts the Change of Sports Culture**

With the development of Kazakh history, the change of religious belief, the migration of population and the improvement of social productivity, some traditional sports programs have gradually disappeared. Sun tribe had to Wolf totem, the patron saint of the Wolf as a native and worshipped them, so some scholars believe that the origin of "Sheep snatching " in the 8th century early Islam gradually spread of Kazak tribes after a sport immediately. Other projects have been continuously improved and developed. The project such as Kurhaus has become a worldwide competitive sport and has added competitive sports system to the existing traditional culture. Today in the traditional minority national sports meeting of Kazak traditional sports project, intangible cultural heritage projects of traditional sports culture and all sorts of folk in sports entertainment contain elements of modern competitive sports and Kazak traditional cultural background.

## **Strategic Analysis of traditional Kazak Sports**

### **Continue to Maintain the Basic Form of National Tradition**

Traditional sports from the life and production, despite the history, the environment, the influence of geopolitical factors, such as, the Kazakh traditional national, national is still preserved in the form of fixed, in the traditional ethnic festivals, weddings and other grand festival still retention period high national characteristics, and within the scope of the particular play its unique social function, so in terms of attaches great importance to the traditional sports cultural heritage should continue to carry forward, the Kazak nationality traditional sports culture and social harmony.

### **Moderate Openness Is Combined with Self-Improvement**

In the author's opinion, the only way to develop culture is to have some degree of freedom, but in the development of national history, openness is especially important [7]. Kazak traditional sports development top priority is to raise their competitiveness, give play to the advantages of traditional sports, strengthen the external exchanges, with geographical advantages and adjacent countries learn from each other to learn the essence. In addition to the national sports project specifications and reform, unification of standards is the only way to exchanges with foreign countries, giving full play to the advantages of sports reform in China, using the new requirements for sports in the new period, the traditional sports at an early date for a range of promotion and inheritance.

### **Improve the Research Depth of Traditional Sports**

In the review of a large number of documents, it is found that the information of the traditional sports category of Kazak is only on the level of statistical analysis and general survey, and the establishment of the theoretical system is deficient. The traditional sports of ethnic minorities are the source of traditional sports development in China, and also a historical review of the historical development of multi-ethnic groups in China. For Kazak traditional sports promote and inherit not

only limited to learning and using the traditional sports games, projects, sports, should establish a perfect theory system, denying Kazak folk traditional sports, not only the development and progress, will eventually traditional sports to the transformation and development of competitive sports.

## Conclusion

Kazak traditional sports development of labeling the multi-ethnic history of our country's long history and a splendid national culture, in the long history of long, gradually formed a unique ethnic traditional sports, is to enhance the sports function of today's society, is both opportunity and challenge for traditional sports, traditional sports activities since produced, has always been closely connected with the culture life of Kazak, hope multilateral efforts to Kazak in Xinjiang traditional sports culture inherit and carry forward it.

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