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Optimization of steam distillation for extracting cinnamomum cassia oil from cinnamomum cassia bark

Jianlong Li ^{1, a}, Fengrui Sun ^{2, b}, Weiwen Wang ^{3, c}, Fei Gao ^{4, d*}

¹Institute of Chemical Engineering, Qingdao University of Science and Technology, Qingdao 266042, China

²Institute of Chemical Engineering, Qingdao University of Science and Technology, Qingdao 266042, China

³Institute of Chemical Engineering, Qingdao University of Science and Technology, Qingdao 266042, China

⁴Institute of Chemical Engineering, Qingdao University of Science and Technology, Qingdao 266042, China

aljlong@qust.edu.cn, bsfrui1128@163.com, cwwwang@qust.edu.cn, dfeigao@qust.edu.cn

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Abstract. The aim of this work was to optimize the distillation conditions for extracting cinnamomum cassia oil from cinnamomum cassia bark by steam distillation. The orthogonal test was conducted to investigate the effects of the three main factors on cinnamomum cassia oil yield, including the solid-liquid ratio, the distillation time and the fragmentation degree of cinnamomum cassia bark. The investigation results show that the influence of the distillation conditions on extraction performance follows the sequence: fragmentation degree of cinnamomum cassia bark, the solid-liquid ratio and distillation time. And the optimum conditions are the fragmentation degree of 40 mesh, the ratio of material to liquid of 1/10 and the distillation time of 2 h. At the optimum distillation conditions, the cinnamomum cassia oil yield is about 1.44%, and the extracted cinnamomum cassia oil has good quality with gold yellow color and prominent cinnamom scent.

1. Introduction

Cinnamon is a member of the Lauraceae family, which is mainly distributed in China, Madagascar, India, Srilanka, Seychelles, Vietnam and Malaysia. The barks, twigs and leaves of cinnamon are the important sources of cinnamonum cassia oils, and the cinnamonum cassia bark has become the main raw material for extracting cinnamonum cassia oils due to its highest content of cinnamonum cassia oil. The main components of cinnamonum cassia oil are benzaldehyde, cinnamaldehyde, phenylpropyl aldehyde, cinnamyl acetate and o-methoxy cinnamicaldehyde. More than half of cinnamonum cassia oil is cinnamaldehyde. Cinnamonum cassia oil displays the good activities of antioxidant, antiallergy, anticancer and antibacterial, and has been observed to apply to treat stomach pain, prevent diabetes, tumor, hypertension and other diseases [1]. In addition, cinnamonum cassia oil has been widely used as the flavouring in the food and cosmetic industries, and as the solvents for cleaning products and manufacturing pesticides.

The traditional methods for extracting cinnamomum cassia oils include distillation, cold pressing and solvent extraction [2]. And the traditional extraction ways have some disadvantages of long extraction time, loss and destruction of components and energy-intensive. Recently, with the increasing demand for cinnamomum cassia oil, some new technologies with higher extraction yield have been developed, such as microwave extraction, ultrasound extraction and supercritical fluid extraction. However, these new technologies are not suitable for extracting cinnamomum cassia oil from cinnamomum cassia bark on a large scale due to the low production capacity and high operations costs [3].

Steam distillation is considered as the most effective technology for extracting cinnamomum cassia oil from cinnamomum cassia bark due to its high production capacity, easy operations and



small equipment in size [4], which could avoid the shortcoming of traditional extraction ways and satisfy the needs of large-scale production. During the steam distillation process, the water molecules easily diffuse into the plant cells due to the penetration and diffusion of water, and the oil-water azeotrope is formed and released through evaporation. After that the steam and cinnamomum cassia oils vapour are condensed by using a condenser. Finally, the collected liquid mixtures are separated to obtain the cinnamomum cassia oil [5]. Based on the principle of steam distillation, the distillation conditions will have a significant impact on the extraction performance. Thus, in this work, the effects of distillation conditions on extraction performance were investigated to optimize the distillation conditions for extracting cinnamomum cassia oil by steam distillation, including the solid-liquid ratio, distillation time and the fragmentation degree of cinnamomum cassia bark. And the effect of the three main factors on cinnamomum cassia oil yield were systematically investigated by the single factor experiments and the orthogonal experiments [6].

2. Experimental

2.1 Plant and chemical material

In this work, the used cinnamomum cassia bark was gathered from Luo ding Rong xing Spice Co., Ltd., located in 20 km west of Luo ding City. Fresh raw materials were used in all extractions. Sodium chloride (AR) and dichloromethane (AR) were provided by Qingdao Zheng ye Reagent Instrument Co, Ltd.

2.2 Pretreatment

Prior to the distillation experiment, the fresh cinnamomum cassia bark was cleaned using distilled water for 30 min to eliminate the dirt and small particles on the surface of cinnamomum cassia bark, and then dried at an ambient temperature for 48 h [7]. The moisture content of the raw material is about 35%. After that, the cinnamomum cassia bark was crushed and ground with a household crusher. The pulverized granules will be passed through the screens with different meshes, and the resulting raw materials were collected in groups and dried at 120 °C for 12 h . Before the extraction, the dried cinnamon powder sample was stored in a desiccator. All values are based on dry weight.

2.3 Extraction apparatus and procedures

In order to extract the cinnamomum cassia oil by steam distillation, a steam generator and a 1000 ml three-neck round bottom flask were used to assemble a set of steam distillation apparatus and a 250 ml Erlenmeyer flask was used as the receiver. The 40g with different sizes of cinnamomum cassia barks were put in a 1000mL three mouth flask, and then the hot water (50 °C) was added with different solid-liquid ratio. Finally, and the solution was reached to boiling at a stable time rate with different distillation time. the spilled product was collected until it is free of oil. The distillate was taken out in a 250 ml separating funnel and extracted twice with dichloromethane [8]. After the layers were separated, the aqueous layer was discarded. The organic layer was poured from the funnel and placed in a weighed 50 ml distillation flask. The distillation flask was heated with an electric heating jacket and the dichloromethane was distilled off. After cooling, it was weighed. The yield of the cinnamomum cassia oil was calculated based on the raw cinnamomum cassia bark [9].

The yield of cinnamomum cassia oils under different the solid-liquid ratio, distillation time and degree of fragmentation were measured and single factor test and orthogonal test were performed.

The extraction rate of cinnamomum cassia oil can be calculated as follows:

Extraction rate (Yield %) = $m_1/m_2 \times 100\%$ (1)

Where m_1 is the quality of cinnamomum cassia oil, and m_2 is quality of raw material.



3. Results and Discussion

3.1 Yield of the cinnamomum cassia oil as Function of degree of fragmentation

All cinnamomum cassia oils extracted from cinnamomum cassia bark with different degree of fragmentation show a clear, yellow liquid. Fig.1 shows the effect of the fragmentation degree of cinnamomum cassia bark on the cinnamomum cassia oil yield. It can been found that the cinnamomum cassia oil yield increases from 0.554% to 1.32% with increasing the fragmentation degree from 20 to 40 mesh, and decreases gradually with further increasing the fragmentation degree. Thus, the optimal fragmentation degree cinnamomum cassia bark is 40 mesh. When the fragmentation degrees are lower than 40 mesh, the lower cinnamomum cassia oil yield may be due to the lower specific surface area of the cinnamomum cassia bark with the bigger particle sizes, restricting the mass transfer[10]. However, when the fragmentation degrees are higher than 40 mesh, the particle size of cinnamomum cassia bark are too small, and raw materials and water will bond together, resulting in that oil can not be separated from the water.

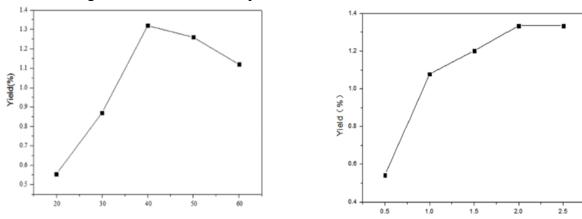


Fig.1 Effect of degree of fragmentation on oil rate Fig.2 Effect of distillation time on oil rate

3.2 Yield of the cinnamomum cassia oil as Function of distillation time

The effect of distillation time on the yield of the cinnamomum cassia oil is showed in Fig. 2. When the distillation time increases from 0.5 to 2 h, the yield of the cinnamomum cassia oil increases from 0.524% to 1.334 %. With further increasing the distillation time to 2.5 h, the yield of the cinnamomum cassia oil is almost constant. The result shows that the distillation time is the most suitable for 2 h.

3.3 Yield of the cinnamomum cassia oil as Function of the solid-liquid ratio

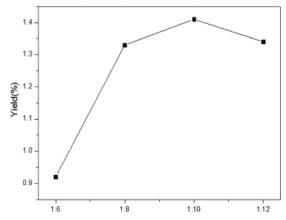


Fig. 3 shows the effect of the solid-liquid ratio on the yield of the cinnamomum cassia oil under the same conditions (40 mesh, 2 h). It can been found that the cinnamomum cassia oil yield increases



from 0.92% to 1.41% with increasing the solid-liquid ratio from 1/6 to 1/10, and decreases gradually with further increasing the solid-liquid ratio. When the solid-liquid ratio is higher than 1/10, the excessive quantities of water caused bumping, and some raw materials are splashed on the wall of the container, resulting in the loss of raw materials. So, the Fig.3 Effect of the solid-liquid ratio on oil rate solid-liquid ratio of 1/10 is appropriate.

3.4 Optimization on the Extraction Technology of Cinnamon by Steam Distillation

Table 1 Factors and levels of the orthogonal test

level	A	В	С	
	the degree of fragmentation (mesh)	distillation time (h)	the solid-liquid ratio (w/w)	
1	30	1.5	1/8	
2	40	1.75	1/9	
3	50	2	1/10	

Table 2 Results of the orthogonal test $L_9(3^4)$

Test	A	В	С	blank	yield (%)
1	1	1	1	1	0.21
2	1	2	2	2	0.42
3	1	3	3	3	0.65
4	2	1	2	3	1.31
5	2	2	3	1	1.44
6	2	3	1	2	1.23
7	3	1	3	2	1.02
8	3	2	1	3	0.51
9	3	3	2	1	0.32
\mathbf{K}_1	1.28	2.54	1.95	1.97	
K_2	3.98	2.37	2.05	2.67	
K_3	1.85	2.2	3.11	2.47	
R	0.9	0.11	0.38	0.23	

As shown in Table 1, the distillation conditions were further optimized by the orthogonal test Based on the results of the single factor experiments. And the designed experiments and the results are showed on Table 2, the order of the three factors from poor to large was A>C>B. The range difference reflects the influence of this factor on the index. At the measured conditions, the degree fragmentation of cinnamomum cassia bark has the most significant impact on distillation performance compared with the solid-liquid ratio and distillation time. The results of the single factor test and orthogonal test indicate that the best process conditions are A2B2C3, which is the degree of fragmentation of 40 mesh, the ratio of material to liquid of 1/10 and distillation time 2 h. At these conditions, the extraction rate of cinnamomum cassia oil is 1.44%.

4. Summary

In this work, the effects of distillation conditions on extraction performance were investigated to optimize the distillation conditions for extracting cinnamomum cassia oil from cinnamomum cassia bark by steam distillation, including the solid-liquid ratio, distillation time and the fragmentation degree of cinnamomum cassia bark. The experimental results reveal that degree of fragmentation has the most significant effect on the yield of cinnamomum cassia oils, and the optimal distillation conditions are the fragmentation degree of 40 mesh, the ratio of material to liquid of 1/10, and the extraction time of 2 h. And the extracted cinnamomum cassia oil is golden yellow and clear.



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