

# Narcissism Women's Profile in Trilogy Novel of *Si Parasit Lajang* By Ayu Utami

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*Abstract-This research aimed to describe and analyze narcissistic women's profile in trilogy Si Parasit Lajang by Ayu Utami. This qualitative research deployed a descriptive method. The data of this research were sentences that contained of narcissistic women's profile. A real form of self-actualization of someone who loved himself/herself excessively was known as narcissistic. Women as individuals showed themselves excessively and confidently. Moreover, they tended to not to be able to adjust themselves, therefore women, in social life were more likely to highlight the convenience of being alone. Based on the results of research, it can be concluded that the narcissistic women's profile in Si Parasit Lajang by Ayu Utami could be described in the feelings of grandiose, full-of fantasy, unique, a willing to be adored, interpersonal exploitation, the absence of empathy and arrogant.*

*Keywords-narcissistic women's; profile; novel*

## I. INTRODUCTION

Women have always been a good topic in discussion. Women's life is always being an interesting thing to be discussed. However, different views on women were more likely to be viewed from a negative angle. Amin (2013, p. 146-147) says that one of the most important aspects discussed in this era is that the previous status of women as half human only acts as a complement in human history so that from the beginning of the history of western civilization. Women are often viewed from a negative angle. In addition, women also became a figure or object that is reliable enough to get a variety of benefits for a group of people who have a hidden agenda.

Sukmono (2012, p. 14) stated that in the 21st century, there has been a massive exploitation of women which is not been realized. Covered by the mask as an advertising model, covergirl, movie stars and others, women are required to perform as much as possible according the wishes of the ethnic businesses. There are so many demands of women in this age, that make women have to pay attention from the head to the tip of their toenails. Sukmono added that in the 21st century, the media, especially television, has given birth to a female ideal figure. A figure is a role model of civilization. This figure is representative of agents of fashion shown in television with the body and face as a spotlight. It encourages women to increase their love for herself, for example by beautifying herself. However, to beautify her, eventually arise a trait that she was the most beautiful.

That kind of phenomenon demands women to be a figure that imitates the Qibla to which was hailed by audiences thereby eliminating their identity as women who adhere to a personality born of itself. This has resulted in viewpoints that come from women themselves must be owned by a woman so they can become "a person" they want to be. Profile or view of women can be traced through a characteristic that exists in women. The specificity of the properties owned by each individual woman will never be the same. Thus, the benchmark for being a woman who displayed either from the mass media such as television and other such only result in loss of profiles in terms of the distinctiveness of the character of a woman who ends only would eliminate identity women themselves with purpose just want to say gorgeous and feel managed to boast to people in the vicinity.

A real form of self-actualization of someone who loves himself/herself to excess is called narcissistic. Women as individuals show themselves excessively and confidently tend to not to be able to adjust themselves so that in social life are more likely to highlight the convenience of being alone. Narcissistic compensation tends to be negative. Search for negate deep feelings about inferiority and strive to create an illusion of being powerful individuals. Makes narcissistic individuals are on a condition that the troubled regressive uses himself, not someone else as an object of love as narcissistic be individuals who love themselves (Widiyanti, Solehuddin, dan Saomah, 2017, p. 15).

Nowadays, there are more commonly known as an overview narcissistic individuals with high confidence. With love of herself makes women have freedom of expression, so that every inch of a woman's body used as commodities, although it must violate the values, such as opening the genitalia, accentuate curves to the scene pornography. Beauvoir (in

Asri, 2014, p. 446) suggests that if people still want to exist, they must be subordinate women. Subordinates are considered view that women are irrational, emotional and can not lead. The properties that make women had been framed by the nature surrounding those narcissistic so it is seen with the views that can be said is bad.

As Ulwan (in Rahman, 2014, p. 14) describes that sex and sexuality in moral viewpoint always been relate to something bad and dark. Sexuality is apathetic when sanctioned by the sacrament of marriage. Any sexual activity that is not aimed at the creation (sex as procreational), especially sexual perversions morally considered incompatible with the rules of cultural values embraced by a community or community groups. In Indonesia, the issue of sexuality is something that is still taboo to be discussed. Lack of information about sexuality has significant implications in the life of Indonesian society, particularly among young people.

According to on the phenomena occur, women become an important figure in the real world and in the development of literary works such as novels. This is because so many women's issues raised in the literature in Indonesia that has been of great interest to examine the multifaceted (Saraswati, 2011). One of the women authors intensively discusses the female is named Ayu Utami writer with her work in the form of a trilogy of novels *Si Parasit Lajang*. This is a novel which interrelates and develops a theme that contains the rays of the mind and everyday life of a young urban woman.

In the first novel, it tells the story of a woman who in the late twenties he decided not to marry and called herself The Parasite Single. Female characters in this novel seem so indifferent, but on the other hand indirectly he was observing and considering the circumstances surrounding it. A second novel, entitled *Cerita Cinta Enrico* was a story of a man named Enrico who have a mother with a frozen heart (hard to deal with). He managed to find his soulmate. Unfortunately, she does not want to get married either. She however resembles the figure that he loved yet he likes to avoid too. In the story, the role of mother, lover, and how Indonesia was then discussed in depth by the author. The depiction of the nature of a mother who is steadfast in life lover Enrico Enrico and views which he nearly has similarities with the figure of his mother so that he had returned to find a figure like a long-lost mother. Further novel *Pengakuan Eks Parasit Lajang* third entitled *Si Parasit Lajang* tells of recognition by the initials A woman who decided to release him *keperawannya* which is not fair. Various ideas grew in her that over the next year, he also tries against traditional values, religion, and the patriarchal law. Thus, the novels in this trilogy discuss how women according to his own ideas and his point of view.

Ayu Utami as a female author who wrote a trilogy of novels *Si Parasit Lajang* explicitly tell the life of a woman in the form of a story in a story of love, religion, education, as well as various principles as women who have their own ideology and commitment in his life. Thus, in these stories, novel trilogy *Si Parasit Lajang* contains profiles of women or women's perspectives according to figures glasses of herself. Hasanuddin WS (2016, p. 12-13) states that the profile is associated with the understanding that is often used in the study of psychology, that thing called personality or personalities. Broadly speaking, the female characters in the novel have properties that can be said to have a high ego and fantasies in her life who maintains his own opinions and thoughts. The properties that later would describe the woman who will indirectly show the form of narcissistic inner female figures.

Narcissist is a basic attitude of women. If you examine this idea more widely and it shatters, as La Rochefoucauld (connecting all human feelings and conscious action with the motive of private interest) destroy as it is stated in Beauvoir (2003). Furthermore, Freud in Kartono, (2006) states that narcissistic women have tremendous appeal for others. Charme woman was rooted in narcissistic traits, namely the element of self-love, and the desire to love yourself. Widiyanti, Solehuddin, dan Saomah (2017, P. 19-25) says that the narcissist is based on eight aspects: 1) a sense of grandiose and self-important, which considers itself the most intelligent, most powerful, most beautiful, most everything and their selfishness compared with others, 2) fantasies arise from the expectations in an effort to achieve satisfaction, 3) a feeling as a unique individual and a special an assumption that was built by himself because he felt very special, they feel that the only people who have high status who can appreciate their needs and special problems, 4) the desire to be admired, 5) exploit interpersonal relationships or take advantage of others in order to achieve its objectives, 6) lack of empathy, 7) envy, and 8) arrogant and haughty behavior.

Relate to these matters, this research aims to describe the profile of women in the trilogy novel *Si Parasit Lajang* by Ayu Utami. The results of this study are expected to provide benefits, especially for students, lecturers, researchers as a means of studying the female profile narcissistic. In addition, research can contribute, inspiration and reference material to conduct further research in Indonesia.

## II. METHODS

The research was a qualitative research with descriptive method. This research got through the three stages of research, which are the data collection phase, the data validation techniques, and techniques of analyzing data. This research data was sentences containing profiles of women narcissistic. Sentences containing narcissistic female profiles obtained

through speech or speech narrator figure of speech or speech, and action characters in the trilogy *Si Parasit Lajang* by Ayu Utami.

The main instrument of this study was the researcher herself who assisted with research tools such as format for recording and analyzing data. Data collection was done by reading and understanding the trilogy *Si Parasit Lajang* by Ayu Utami. Furthermore, The main characters and character sets in the trilogy companion novel *Si Parasit Lajang* by Ayu Utami. Next, identify the data associated with narcissistic female profile, which is obtained from the data source, the novel *Si Parasit Lajang* by Ayu Utami.

Stages of data analysis in this research were done in several steps, as follows. First, describe the data have been inventoried. Secondly, the identification of the data, ie step pencatatan data fall into the category of women profile narcissistic, narcissistic women causative factor profiles, and the impact of narcissistic female profile. Third, interpret the data profiles of women in the novel trilogy *Si Parasit Lajang*, *Cerita Cinta Enrico*, dan *Pengakuan Eks Parasit Lajang* Ayu Utami's work. Fourth, draw conclusions and write a report.

### III. FINDING AND DISCUSSION

Narcissistic women in the trilogy of *Si Parasit Lajang*, in the novel *Si Si Parasit Lajang*, *Cerita Cinta Enrico* and *Pengakuan Eks Parasit Lajang* discovered eight forms of narcissism, namely: (1) a sense of grandiose, (2) full of fantasy, (3) feeling as a unique individual, (4) the desire to be admired, (5) exploit interpersonal relationships, (6) lack of empathy, (7) feelings of envy, and (8) arrogance. However, the novel *Love Story Enrico*, narcissistic form with indicators of envy can not be found so that only seven narcissistic form only. From the findings of research on narcissistic forms can be formulated that narcissistic most dominant is as follows, (a) in the novel *Si Parasit Lajang* of the most dominant form of narcissistic arrogance; (b) in the novel *Cerita Cinta Enrico* is the most dominant form of narcissistic lack of empathy; and (c) in the novel *Pengakuan Eks Parasit Lajang* is the most dominant form narcissistic lack of full fantasy.

#### **Grandiose feelings**

Grandiose feeling was an aspect that fall into the category that considers itself the most intelligent, most powerful, most powerful, most knowledgeable, and most everything else in comparison to others. This resulted in much he loved her and whatever be the principles and philosophy of life he would have done without the approval of others. He just looked at himself because he views his life is much more valuable for the love of his life. Data grandiose feeling divided on two indicators, overestimate the ability of yourself and love yourself excessively to consider himself has advantages over others. Some indicators are reflected in the figures of speech, speech narrator, and action figures contained in the novel trilogy of *Si Parasit Lajang* by Ayu Utami. It is found in the trilogy of *Si Parasit Lajang* by Ayu Utami that the data indicating the sub-indicators overestimate own abilities. This can be seen in the following quote.

*I was a good monkey. Incidentally, I was born in the year of the monkey. I do not like jumping or screaming while reading the literature. But for a while I was invited here and there (SPL, 2013).*

According to the quotation above, A figure looks really knowing his ability to read literary works of poetry. She looks like a woman who knew everything in terms of the times. Figures A stated that she is a good monkey because she was born in the year of the monkey actually has nothing to do with how characters A reading poetry. He seemed to overestimate his ability at reading poetry in a way that is not obsolete by reading poetry with calm or not by declamation, In Europe and America, read poetry deklamatif already considered obsolete. Only trubador in medieval times or the ideology of the communist country to do so. The lovers of democracy and freedom is not recited again when reading poetry. However, they (Europeans and Americans) will still applaud if there are people of African or Asian people who read poetry deklamatif. That's what makes a hero clapped think that it was thoroughly enjoyed and salute the poet or merely witnessed the reader like monkeys missing the chain of evolution. This is what makes it such has the ability to read the mindset of people who just assume readers deklamatif poetry is no more seasons.

Regarding its capabilities, A also told that she has the expertise to have a girlfriend two people at once and do things that are not reasonable with the affair to his first girlfriend. As the quote the following data.

*"Now, of course I told them about boyfriends and what I have learned about them. I told them what I did at home, in the car, on the train at night. I introduce Nik Mat and later to them ... "(PEPL, 2013).*

Based on the above quote, it appears that A as exaggerating herself that can have more than one boyfriend and did not hesitate to express her behavior directly to her first boyfriend named Nik. Here seen that A woman that is easy to cheat.

#### **Full of Fantasy**

A fantasy arises from the expectations and imagined as an attempt to achieve satisfaction. Someone wanted the satisfaction of his own thoughts. Full of fantasy can be seen from the fantasies of fame, obsessed with the beauty of the

body, and is obsessed with sex skills possessed. Fantasy fame on narcissistic woman is nothing but a form of dreams that are meant to attract attention. Narcissistic fantasies of fame in not making yourself as another person and consciously recognize themselves as objects.

*Rather mirrors that turn me. He is just a mirror, which repeats from outside what had happened inside me. Namely that I have wanted: to be objects or subjects? Being a known-or who knows? Being map explored, shoots were stung, the forest is revealed. At the age of twenty I decided to close the period perawanku (PEPL, 2013),*

In the quote above data, shows that the figure A realized his instincts could no longer resist the desire in his body, so that the tread usainya 20 years, he took the decision to close the period her virginity that not all women who dare to take a step like figure A. Figure A has the ambition to have sex eventually feel copulation. However, he still has not experienced the inner satisfaction while doing sex. This can be seen in the following passage.

*This time we were smarter. This time we did it while the car is running. Sex does require skill (PEPL, 2013),*

In the above data, a figure has been skilled with the ability of sex they have. He felt that he and his partner are smarter than ever when intercourse. According to him, sex requires skill so that eventually he can have sex when the condition of the car is running though. This shows that the character A has the full nature of fantasy and sex obsessed with her capabilities.

### **Unique feeling as Individuals**

Women as a unique individual felt that the assumptions built by herself is very special, they feel that the only people who have high status who can appreciate their needs and special problems (Halgin and Whitbourne in Widiyanti, Solehuddin, dan Saomah, 2017, P. 19-25). Women who have a form of narcissism tend to consider themselves more special than others. In the trilogy of *The Parasite Single*, A character mentions that he provide a picture of himself who claims to have its own character and enjoys something different from others. This can be seen in the following quote.

*Feminists like me (ckckck) this may be considered stupid. But, what's wrong with being stupid? (Stupid is not something wrong. Stupid is something stupid, stupid!) (SPL, 2013).*

The data above figures assume that A herself admitted that he was a feminist. Basically, a person will be recognized as a feminist when she got the recognition of others first. A figure but regarded herself as a feminist in which a woman had to demand emancipation or equal rights with men. A character has the feeling as a unique individual where she had the impression that he is a woman who is a feminist.

### **The desire to Admired**

Something narcissistic is synonymous with praise and admiration from others. It is caused by a lack of foundation to developing identity so as the desire to always be admired by others. Data desire to be admired in the novel *Si Parasit Lajang* with sub indicators require excessive admiration from others can be seen in the following quote.

*Ah, let me make myself look pretty on your eyes. At least just so you have a nice fantasy while reading this book (SPL, 2013).*

Based on the data in the above quote, character A has properties that she wants excessive admiration from others. A visible figure wants his novel readers see figure A as a beautiful figure so that the reader imagine himself as women who have a good face to be seen. Indicates a desire not confident to face that she had, so she asked her readers so that readers can describe A as a beautiful woman so that she can feel that readers can enjoy the writings and admires her as an author.

Furthermore, the data the desire to be admired in the novel of Enrico's Love Story with sub indicators require excessive admiration can be seen in the following quote.

*Here's what mothers do: she comes to the Father and introduced herself, in Dutch, as the mother who every night plays Santa Lucia with accordion-the sound heard by Father every night. Children who every night to play the accordion from a military barracks for the poor and squalid certainly a miracle. I get a seat at the school (CCE, 2012).*

It means that the mother wanted to show the priest about his son Enrico expertise in playing the accordion. Every night, in the quiet time at home, which is not far from the church, Enrico teaches his mother to play the accordion to be heard by the priest of church. After Enrico skilled in playing the accordion, the mother went to the priest. She also showed her ability in speaking Dutch when introducing herself to the priest as well as the mother of Enrico, a smart boy plays the accordion. At that time, a young mother who is fluent in speaking Dutch and a child who is good at playing the accordion came from the military barracks and the poor slob who is a rare or never even existed. Father of the mother showed her abilities and ultimately allows Father Enrico for Andreas elementary school.

Excessive desire to be admired in the novel there is also a recognition of the Ex Parasite Single, this can be seen in the following quote.

*Once I heard a story about a spinster, the most fierce teacher at the elementary school. The story was leaked by administration worker. One day Mrs. E get the shipment. A small box containing something very special: an engagement ring. Sparkled. Mrs. E show off to her co-workers. He said with pride that he had had a fiance, and this is the ring from her lover. He will marry soon. But, the teachers and staff know, the ring was he himself who sent it. They whispered. The ring was purchased from gold shops belonging to the parents who is a friend of an employee of the church administration. He sent himself, so the whole school knew that he had a fiance (PEPL, 2013),*

The data above, Mrs. E who works as a teacher touted as a spinster because she was not married at that age already very mature. He's planning something so that people knew he had a fiancee school. Mrs. E bought herself the ring and sent him to school as if there is someone who sends the ring to him. E mother's attitude seen requires excessive admiration ; Attitudes that do not want to be called as a spinster making desperate search for ways to make people see her as a woman who sold.

### **Exploitation of the Interpersonal Relationships**

In narcissistic behavior, interpersonal relationships mean exploiting exploit others in order to achieve their own goals. Women who have busy directing his narcissistic attitude to achieve a desired goal. The relation is considered as satisfying himself. Citation data is exploited by sub-indicators use others to achieve their own objectives are as follows.

*Cynta was not only spontaneous in expressing political opinions. From her, I finally watch the exciting movie: Tarzan. Oh, of course the blue movie!(SPL, 2013).*

Based on the data in the above quote, it appears that A wanted blue movie at a time when it was a military regime era where the mass media were tightly controlled and in violation of the rules could be arrested. Blue is fillm porn movie that is definitely blocked. However, through the hands Cynta, characters A to get the blue film. Cynta an Sahal girlfriend, coworker. A figure included people who are difficult to remember people's faces. However, figures like attitude Cynta A spontaneous in expressing political opinions. Spontaneous attitude that makes Cynta get a blue film in cold blood. When there is a blue movie, a character always gets it from Cynta.

### **The Absence of Empathy**

Narcissistic women has centered attitude towards her that ignores the people who were in the vicinity. This is caused by the perception from within themselves higher than others. Excessive confidence in the ability of self that makes women feel narcissistic hampered for sensitivity toward others. The absence of empathy found in the following excerpt.

*With a pale face I reported my failure to mom. She did not react. She did not scold me, but either cheer me. Coldness makes me feel like a failure (CCE, 2012).*

Based on the data above quote, it appears the mother figure can not understand the feelings of others, especially understand the feelings of his own, namely Enrico. Enrico feels so disappoint to her mother, who did not scold or encourage him for having failed to slaughtering ducks are told by his mother. Mother did not show the slightest reaction when Enrico reported failures. At that time, Enrico're waiting-waiting for her reaction. However, mom will be cool just to Enrico. This makes Enrico become a failure. Enrico feels her mother could not understand his feelings as his son. This can be seen, the mother does not have the empathy to Enrico because they could not understand her own feelings.

Then the lack of empathy, does not acknowledge the choices of others are also present in the data excerpt novel Parasite Single Ex Recognition as follows.

*So, before the twenty years I've removed the word "hymen" of my value system. If my husband one day reject me because of it, then it is feasible and appropriate that I also refused to man as it is to live with (PEPL, 2013),*

Based on the data in the above quote, visible figure A does not care if her husband refused her because she had closed the virgin at the age of 20 years, A character is determined to not wear the hymen of the value system during upheld by society. A figure considers if any man who refuses a character choice choosing is not a virgin at the age of 20 years, then he also will reject the man to be a husband. A character feels that he deserves to do what he thought was right.

### **Envy**

Envy is constituted by people who do not enjoy and celebrate life. In a narcissistic female profile, the woman would indicate an attitude or behavior that they feel unhappy if there are other people who are considered more powerful,

more beautiful and more of everything compared to itself. Envy with sub indicators feel envious of others can be seen in the following excerpt.

*Aunt skinny and Aunt Fat mothers complain to my father. What exactly did they say, I do not know, but the father was furious. This section may my sister did not see it myself, but then she heard my father refused to divorce the mother. Mother maintains that it was not true and she would not leave her five children no matter what happens (PEPL, 2013),*

Based on the data in the above quote, the character Aunt skinny and Aunt Fat always envied people who are married or have a partner. Aunt skinny and Aunt fat are the father's sisters. Aunt skinny and aunt fat are not married, so people call them the old maid. Aunt skinny and aunt fat envied mother for marrying their brother. Jealousy makes Aunt skinny and aunt fat aunt vilify the mother to the father. Dad feel goaded by their words. As a result Dad became angry with the mother so he divorced mother later. However, thank goodness Father's younger sister tell father about the lie of those two, so finally father and mother are not getting divorced.

### **Arrogant**

Narcissistic women also have an arrogant attitude which is a form of behavior that can not control her emotions, especially when angry and demeaning. Arrogant with sub indicators feel better to know than to others about something seen in the quote the following data.

*I keep silent. I have a thousand reasons to reduce plastic from aesthetics to environmental reasons. I have a thousand reasons to mock everything anyway imitation (SPL, 2013).*

Based on the data above, it appears that the character A has an attitude of arrogance to feel better idea than anyone else about the character of a thing. A figure was better than their mother about an imitation or fake. According to him, love is life and Mother equate love with an imitation or fake. A character can not accept the opinion of the mother because he thinks that plastic remains plastic or fake. He felt better than their mother about plastic, apart from the aesthetic value and also environmentally friendly. A character also found more native flowers symbolize true love compared with plastic flowers.

The trilogy of *Si Parasit Lajang* by Ayu Utami has an inner turmoil within her which is quite logical when confronted with the realities of life. The problem of sex, religious values, morals, and culture if it is not in line with the views of women narcissistic, she would reject it and do not care about it. She will continue to do so in line with the views and her own logic. Indirectly, narcissistic woman thinking in the novel trilogy protest society's view of sex, religious values, moral and cultural values which he felt was unfair. The Author wants justice in the lives of women are portrayed through the mindset and behavior of female characters narcissistic contained in the novel to show the rejection of something he considered unjust and feel unrealistic.

The effort to make awareness of narcissistic abilities is to instill a moral attitude, understanding the attitude of living in society, upholding culture, and holding fast to religion. Narcissistic women need to realize that here are absolute things that cannot be changed and updated or rearranged by construction. Sexuality can only be developed by marriage, especially for the purpose of biological reproduction. In the following context, sexuality in marriage becomes a sacred thing and is blessed by god (Week, 1981). Which states that Catholicism forbids sexuality without marriage. Thus character A realizes that she as a Catholic she must not break hands and ignore his religious teachings which prohibit having sex without marriage. Regarding culture, Sabhamis (2012) states that culture and tradition are important aspects and are very influential in human life. When humans carry out their role she is never separated from the reality that surrounds her. Patriarchal culture that has been built to provide a narrow space for women to carry out their roles and activities in the dimensions of life. Thus, this makes education a solution in obtaining human knowledge. One of them women must undergo the process of introducing education focused on women or education as a form of awareness raising. This is interpreted as the exchange of information about women's experiences and also interpreted as education for women because of the lack of women in comprehensive basic knowledge (Aziz, 2003, p.1).

The above explanation indicates that a literary work can be used as a source for studying various life problems faced by women in planting narcissistic equal value and in accordance with its inner turmoil. As Kemberg in Widiyanti, Solehuddin, dan Saomah, 2017, P.15) revealed that narcissistic behavior occurs when there is a confusion between the ideal self and real self. Nevertheless, not a narcissistic personality disorder are severe because there is still a cohesive structure which is located within the individual. Thus as a planting medium that good values in inner turmoil narcissistic women, literary works can raise awareness about the mindset of justice relating to the tolerance, the views and attitudes of caring,

#### IV. CONCLUSION

Based on the results of research and discussion about female profile narcissist in the trilogy of *Si Parasit Lajang* by Ayu Utami, it can be concluded as follows. The profile of women in the trilogy novel *Si Parasit Lajang* narcissistic parasite Ayu Utami's work are a feeling grandiose, full of fantasy, feeling as unique individuals, the desire to be admired, exploit interpersonal relationships, lack of empathy, envy, and arrogant. Form of narcissistic most dominant can be formulated as follows: (a) the novel *Si Parasit Lajang* shows the most form of narcissistic arrogant, (b) the novel *Cerita Cinta Enrico* shows the form of narcissistic lack of empathy, and (c) the novel *Pengakuan Eks Parasit Lajang* shows the form of narcissistic fantasies.

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