

# The Realistic Enlightenment of "Di zi gui" in Moral Education in Colleges and Universities

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**Abstract**— "Di zi gui" is a Mongolian reading based on ethical and moral education, it does not seek its full, it stipulates that people should follow the etiquette norms and words and deeds in the home outside the guidelines, for college students have the guidance of their daily behavior, but also imperceptible to purify the mind, edify sentiment, tenacity of the role of the will.

**Key words**—"Di zi gui", sense of responsibility, honesty and trustworthiness, life philosophy, Interpersonal communication

## I. INTRODUCTION

In the traditional sense, "Di zi gui" is a Mongolian textbook, which is used by children who have just enrolled in school, but from the rich ideological meaning of Di Zi-gui, it embodies a richer thought of moral education, which is worthy of the careful taste of contemporary college students and in-depth study of the rich ideas contained therein.

## II. CULTIVATE THE SENSE OF FAMILY RESPONSIBILITY OF THE LOVING RELATIVES

Filial piety to parents is not only for parents in old age to provide the material assistance they can, but also from the spiritual respect of understanding and then obey the parents.

Respect for parents from everyday behavior cannot be arrogant and unreasonable. Di zi GUI: "Parents call, should not slow down, parents life, do not lazy." Parents are taught and must be heard, and parental responsibility must be made. "[1]117 Hear parents call answers can not be slow, parents assigned to send as soon as possible can not be lazy, parents earnest teaching should listen respectfully, parents criticize blame must accept obedience. "Di zi gui": "Winter is warm, summer is cool, Morning province, Dizzy is determined." Out of the must, the opposite must face, live often, the industry unchanged. "[1]179 Winter for Parents warm quilt summer put the bed fan cool, early up to greet parents twilight to parents say good night." Go out must tell parents, go home also to tell parents, on time to live and work can not change jobs at will.

Be affable to your parents' faults and not yell at hysteria. Di zi gui: "Dear me, filial piety how difficult?" Pro-evil Me, filial piety Fang. Kiss has had, remonstrance make more, yi my color, soft my voice. Remonstrance, Yue Remonstrance, number sobbing with, tart no grudges. "It is not difficult for parents to love us very much, and parents are very disgusted with us filial piety to appear to be our virtue." [1]182

To cherish life, we must constantly improve their own moral cultivation, can not abandon themselves or even do some unethical things. Di zi zi gui: "Good affinity, strength as a person, pro-evil, I would like to go." The body is hurt, the mussel is worried, the virtue has the injury, the mussel is ashamed. "[1]181 Parents love things to do for them, parents hate things do not do, physical damage will make parents worry, moral character if there is a stain on parents suffer stigma."

Filial piety to parents should also be brotherly and friendly, can not compete with each other for property or complain about each other for trivia. "Di zi gui": "Brother Dao, brother Christine, brother Mu, filial piety in." The property is light, complains he Sheng? Speech forbearance, anger self-vanish. "[1]184 Brother to brother to be friendly brother to brother to be respectful, brother to each other harmony filial piety embodied in it, property look very light do not complain, words do not bear anger naturally not born." Di zi GUI: "Elders stand, young do not sit, elders sit, life is sitting." Before the unworthy, the sound should be low, low do not smell, but not appropriate. ... The father is the father, the brother of the things, such as the brother. "[1]186 Elders if standing young people can not sit, unworthy sat down to call you can sit, unworthy in front of the voice must be low, low to not be able to hear that is not too good."

## III. CULTIVATING HONEST AND TRUSTWORTHY HUMAN QUALITY

Honesty and trustworthiness is the traditional virtue of the Chinese nation, Confucianism regard trustworthiness as the basic virtue that everyone should have, and in view of China's current development to see the root of many social problems or honest and trustworthy problems.

College students should be honest and trustworthy when they speak in their daily lives. Di zi GUI: "Where to speak, the letter first, deceit and falsehood, Cong Yan!" "[1]192 All open mouth to speak in good faith first, if fraud absurd then how can! Remind college students in the usual manners and behavior, to develop honest and trustworthy good behaviour and habits.

College students need to be clean in their daily lives without going with the flow. Di zi GUI: "It's better to say more. Only is, do not viper coincidentally. Mean words, filthy words, city gas, cut the ring. "[1]192 Speak less than speak his from ancient

times, and should be honest and not rhetoric." Acrimonious and filthy words, vulgar rogue bad habits remember to quit completely. Guide college students to be cautious in the process of communicating with people.

College students should not trust unverified words in their daily lives. Di zi GUI: "See not true, do not speak lightly, know not, do not light." Things are not appropriate, do not light, Gou light, retreat wrong. " [1]193 Not clear things can not easily make comments, hear not exactly things do not easily spread, unreasonable things do not easily promise others, if casually promise others, the result is to do and do not do is wrong."

College students in their daily life to understand the see to see the yin is introspection. Di zi GUI: "See the good of man, that is, Si Qi, go far, to gradually fluttering." See Human evil, that is, introspection, there is change, there is no alarm. " [1]194 See someone in life to do good deeds to learn from others humbly, even though with each other in the moral quality gap is very far, but also to learn from each other and strive to shorten the gap with each other."

It is necessary for college students to strive to be a person of both virtue and ability in their daily life. Di zi GUI: "Only the study, only talent, not as good as people, when the self-motivated." If clothes, if the diet is not as good as people, do not have relatives. " [1]195 In life to pay special attention to the accumulation of moral character and learning, and pay attention to the excavation and cultivation of talent and skills, and clothing and diet is not as good as others do not have to inferiority and self-sigh more do not have to be angry."

College students in their daily life to strive to do to smell the Xin. "Di zi gui": "Smell anger, smell music, hurt friends to come, friend but." Smell the fear, smell xin, straight understanding, gradually blind date. " [1]195 Hear the criticism immediately will be angry, and hear the voice of praise secretly snicker, then sincere and friendly friends will be far away from you, and not frank and sincere friends will be close to you."

#### IV. CULTIVATE GOOD LIVING HABITS AND HEALTHY LIFE IDEAS

Good living habits include daily food, clothing, housing and manners, in these areas, some family parents pay attention to the children more strict requirements, no good habits and healthy life concept will endanger the development of physical and mental health in daily life, but also to their own work and life to add unlimited worries and troubles.

College students are asked to go to bed late and get up early to study. "Di zi gui": "Toward the early, night sleep late, old easy to, cherish this time." " [1]187 Early in the morning we try to get up early, sleep as late as possible at night, the time of life is very short and fleeting, to cherish the precious time to enhance their own learning and morality or some aspects of expertise."

Ask college students to get up and develop good living habits. "Di zi gui": "Morning will 盥, and gargle, drowning back, clean hand." The Crown must be positive, and the knots, the socks and the footsteps, are tightly cut. " [1]187 in the morning must wash his face and comb his mouth, urinate back to wash his hands carefully, hats to wear straight clothes button to carefully buckle well, socks to wear flat shoelaces pay attention to tie, take off the clothes hat and footwear to put in a fixed position, not to litter to avoid dirty mess."

College students should develop good living habits in diet and clothing. Di zi gui: "Yiguijie, not Jiahua, on the following, the next call home." For diet, do not selective, food suitability, do not cross. Less years, do not drink alcohol, drink drunk, the most ugly. " [1]188 Dress expensive in neat clean do not have to pursue gorgeous expensive clothing, clothing to consider their own family economic situation and their own identity in a specific period of time." Diet remember pick and choose and should be comprehensive balance, in the process of eating to be restrained, excessive diet will aggravate themselves.

College students should develop good behavior habits in sitting and walking. Di zi GUI: "Step calmly, upright, Yi deep round, worship respectfully." Do not practice the threshold, do not limp, do not perched, do not shake the thigh. " [1]189 Walking pace to be leisurely to be steady, standing when the body to upright not crooked, yiyi when the body bent to the appropriate position, kneeling to be serious really respectful can not be perfumatory." In and out do not stumble, stand when not to wander, sitting when not two legs separate more avoid legs and body jitter.

#### V. CULTIVATE A HEALTHY OUTLOOK ON LIFE AND HARMONIOUS INTERPERSONAL RELATIONSHIPS

How to better deal with the complex relationship between people, will let themselves in life to avoid unnecessary troubles and troubles and even disputes, and put us into another very important area of life, that is, interpersonal communication.

College students should develop a positive and healthy outlook on life. Di zi GUI: "Disciple rules, Saints training." First filial piety, I would like to believe. Pan love the crowd, and pro-benevolence. Have the power, then learn the text. [1]190The rich ideas contained in disciple rules come from Confucius 's remarks, which believe that people should first filial piety to their parents to respect their brothers and sisters, and secondly be honest and trustworthy to do things with caution. There is leisure time in life to read more books to learn a good book, in order to enhance their own cultural knowledge and moral literacy.

College students should be equal and friendly with the people around them. Di zi GUI: "All people, all must love, the same day, the same load." [1]197 All people need to love each other. Di zi gui: "The tall, the name is high, the person is heavy, the non-appearance is high, the big person, looks arrogant, the person takes, not the big word." [1]198 Virtue of the noble people will naturally have a good reputation, people and people long-term exchanges will pay more attention to character, rather than the gorgeous costumes and beautiful appearance."

Ask college students to get along with others in the process to see more of the advantages of others. Di zi GUI: "People have short, do not reveal, people have private, do not say." Taoist good, that is, good, people know, more thinking. The evil, that is, evil, the disease is great, woe and do. " [1]198 Other people have shortcomings do not easily debunk, personal privacy should not be preached everywhere." To appreciate the good deeds of others is to do good, and the other person who hears your praise will work harder to do good.

In the process of getting college students to get along with others, we know the truth of do do. "Di zi gui": "Where to take and, you are clear, and more than appropriate, less." Will add people, first ask oneself, oneself does not want, that is, speed has been. Yes, I want to report, complain, complain short, long grace. " [1]200 Property acquisition and giving expensive in understand the truth, from others should be less to give more." In life to understand the change of thinking, the favor of others we always have to remember that others have done sorry for our things to forget as soon as possible.

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