

# Cooperation between Teacher Guidance and Counseling with Islamic Religious Education Teacher to Provide Service Guidance Counseling

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**Abstract**—Psychological development in adolescents is often colored by various types of conflicts. So that there are so many students who are not ready and experience various problems both from the educational environment and the social environment. This is where the importance of cooperation between counseling teachers and Islamic religious education teachers in providing guidance and counseling services for students. The purpose of the study was to analyze the collaboration between counseling teachers and Islamic religious education teachers in providing guidance and counseling services. This type of research is qualitative, this research approach uses a naturalistic phenomenology approach. The method of data collection in this study used interviews, observation and documentation. The results showed that the integrated guidance and counseling service of study at Ma'arif NU High School 5 in Purbolinggo, East Lampung was done quite well. Islamic religious education and counseling teachers work together in compiling and implementing integrated guidance services programs. Islamic religious education and counseling teachers work together to overcome these problems by building good communication. Furthermore, trying preventively (prevention) through a religious approach, psychology and collaborating between school personnel and trying curatively (healing) for students who have problems.

**Keywords**—*cooperation; guidance and counseling; islamic education*

## I. INTRODUCTION

Psychological development in adolescence is often colored by various kinds of internal conflicts. So that at this time there were many students who were unprepared and experienced various problems both from the educational environment and the social environment at home and at school. School is a formal institution that is not only for the sake of science but also as a means to educate and foster student life as mandated in Law No. 20 of 2003 chapter II article 3 that education aims to develop capabilities and shape national character and civilization, aiming to the development of potential students to become human beings who believe and devote to God Almighty, have noble character, are healthy, knowledgeable, capable, creative, independent and become citizens of a democratic and responsible state [1].

Problems faced by students are not only in the learning process, but outside the learning process students also have complex problems. This is where the importance of cooperation between counseling teachers and Islamic religious education teachers in providing guidance and counseling services for students. When there is a problem and the students cannot complete the problem solving, it takes a person who helps to solve the problem, namely a counselor or BK teacher who collaborates with Islamic education teachers. Students should be helped so that the material they receive from school can be a provision to become a member of the community who is independent and able to face the problems they face.

Counseling and guidance services are efforts that consciously position the ability of students to explore, choose, struggle to achieve, and maintain careers. This is needed by filling in content or integrated by counseling teachers and Islamic religious education teachers, as well as other subject matter teachers in educational settings especially in the formal education pathway. Conversely, it is not the result of efforts carried out alone by the BK teacher or carried out by the subject teacher himself. Based on this statement, it can be understood that the process of education in schools will not succeed well if it is not supported by the implementation of well integrated guidance. Cooperation between Islamic religious education teachers and guidance and counseling teachers in providing guidance services to students to help optimize the development of potential students. Based on the description above the purpose of this study was to analyze the collaboration of counseling teachers with Islamic religious education teachers in providing counseling services).

#### *A. Definition of Guidance and Counseling*

Guidance and counseling are an integral part of our education. An organized guidance and counseling program is very important in helping students overcome the problems they face when entering and leaving school [2]. Guidance and counseling services for human development especially during the adolescent stage. Adolescent stage is characterized by rapid growth and change: physically, socially, spiritually, morally and intellectually. Most of the adolescents are in secondary schools, why guidance and counseling services are seriously needed [3]. According to Prayitno and Erman Amti, defining guidance is the process of providing assistance carried out by people who are experts to one or several individuals, both children, adolescents and adults. The goal is that guided people can develop their own and independent abilities by utilizing individual strengths and existing facilities and can be developed based on prevailing norms [4].

The meaning of guidance is also confirmed in Government Regulation No. 29 of 1990 concerning secondary education stated that: "guidance is assistance provided to students, in order to find personal, know the environment, and plan for the future" [5]. Guidance is not teaching but it may be done by teachers. It is not separate from education because it is an essential part of educational programs. Guidance is a term which is broader than counseling and which includes counseling one its services [6].

Based on the above opinions about guidance, the authors conclude that guidance is assistance that is given systematically, continuously to individuals or students, so that they can develop their own potentials in an effort to overcome various problems, so that they can determine own way of life in a responsible manner without having to depend on others, and the assistance is carried out continuously. Counseling is an integral part of guidance. Counseling is the essence of guidance. Counseling is a systematic way to provide assistance to students by several professionals who care about emotional and social issues with the aim of educating" [7].

The meaning of guidance and counseling is formulated separately, but in practice guidance and counseling are actually

not separate especially if it is understood that counseling is one of the guidance techniques. In addition, the integration between guidance and counseling can be seen from the statement that when someone is doing counseling, it means he is providing guidance. "Guidance and counseling is a process of giving assistance or systematic assistance from counselors to counsees through face-to-face meetings or reciprocal relations between them to uncover counsee problems so that counsees are able to see their own problems, are able to accept themselves according to their potential and able to solve their own problems" [8]. Counseling and guidance services help the individual to know and understand himself, accept his superior and limited features and develop himself, trust himself, develop effective interpersonal relationships, become personally and socially balanced and harmonious individually [9]. Whereas according to Akpan, Guidance and Counseling according to an educational service that is suitable for children to obtain holistic educational development that prepares him for functional life [10].

Based on the description of guidance and counseling above, the author can conclude that guidance and counseling is the process of providing assistance carried out by the tutor teacher to individuals (students), in identifying and solving problems that are being faced, so that each student is able to develop himself optimally in accordance with their abilities, interests and talents, so that learning outcomes in schools can be improved properly, in accordance with applicable norms.

#### *B. Purpose of Guidance and Counseling*

Every activity or thing or process must have a purpose. The main purpose of the school counseling and counseling program is to provide extensive services from personnel to students. [11] The purpose of counseling services is to change student behavior, beliefs and values, skills, influence on student decision making and emotional control [12]. According to the Main Students' Guidance and Counseling Center as follow (Fareo Dorcas Olurem): The Students Guidance and Counseling Center will provide services to assisting people to maximize their overall growth, academic and personal social problems, and challenges for all round development, including students to identify and recognize their interests, abilities and capacities, skills and positive personality traits, equipping students with knowledge, values, experiences etc. and preparing them for the world of work or self-employment [13]. While the specific purpose of guidance and counseling is "guidance and counseling aims to help students to achieve development goals that include personal-social aspects, learning (academic), and career" [14].

Based on the explanation above, it can be concluded that the purpose of guidance and counseling is to help individuals become useful people in their lives who have various insights, interpretations, choices, adjustments and the right skills regarding themselves and their environment. And finally able to realize yourself optimally.

#### *C. Integrated Counseling and Counseling Services*

Position and the role of integrated guidance and counseling in education are an important part of achieving educational goals. The need for guidance and counseling in secondary

schools is urgently needed. A good counseling program is designed by professional counselors to provide optimal service inside and outside school for students [15]. At present schools or educational institutions only run instructional and administrative activities programs, without regard to the activities of students' personal development, it will only produce individuals who are smart and capable, and aspiring, but they are less able understanding the potential they have, and lacking or being able to manifest themselves in people's lives.

This causes them to experience failures and difficulties when plunging into the community or employment, even though their achievements are high. In this condition, it is felt the need for integrated guidance and counseling services in helping students in private so that they can succeed in the educational process that is being carried out. Then counseling and counseling are recommended for using a religious approach and social education as the author of the article from the Republic of Kenya: The Education of Education, Social Education and Ethics to enable the school to promote growth of self-discipline among students [16].

Furthermore, in teaching and learning activities there is a need for collaboration between subject teachers, both PAI teachers and other subject teachers with BK teachers to achieve the expected goals. The implementation of the main subject matter teacher assignments, both PAI teachers and other subject teachers in the learning process cannot be separated from the guidance activities, whereas guidance services in schools need to be supported or subject matter teacher assistance.

#### *D. Field of Work Guidance and Counseling Teachers*

Before we talk about the field of work of BK teachers, we must first discuss the notion of educators or teachers. In the SISDIKNAS law No. 20 of 2003 article 1 point 6: "Educators are qualified education personnel as teachers, lecturers, counselors, tutors to learn widyaiswara, tutors, instructors, facilitators, and other designations that are in accordance with their specificities, and participate in the administration education" (2013 Curriculum Implementation Training Module for BK Teachers). "A teacher or education is a guide in learning. Called a mentor because in his experience, knowledge of the road that will be traversed by people who travel and have a great interest in learning, he is assumed to be the person responsible for the journey" [17].

Guidance activities are part of efforts to build education by involving teacher experiences that help each student be able to understand and accept himself and live effectively in his community. The substance of the guidance is an additional experience for students about academic life, the world of work, and the dynamics of life in general. "Guidance and counseling is a service of assistance for students, both individually and in groups, to be able to be independent and develop optimally, in the field of development personal life, social life, learning ability, and career planning, through various types of services and supporting activities, based on prevailing norms" [18].

Furthermore, in carrying out their duties the counseling tutor cannot alone solve all problems that occur at school.

Therefore, the counseling teacher has the obligation to collaborate with the eye teacher and BK service personnel who are in the school so that they can alleviate common problems and achieve better educational goals.

#### *E. The Field of Work of Islamic Education Teachers*

Before we discuss the field of work of Islamic religious education teachers, we will discuss first about the understanding of teachers or educators. According to Zakiah Daradjat, "the teacher is a professional educator, so implicitly he has volunteered to accept and assume the responsibility of education which is the responsibility of parents" [19]. Furthermore, according to Abdul Mujib, teachers or educators also mean adults who are responsible for giving help to their students in their physical and spiritual development, in order to reach maturity levels that can stand alone, and meet maturity, be independent and fulfill their duties as servants and the caliph of Allah SWT, and is able to perform duties as social beings and as independent individual beings [20].

Furthermore, after we understand the teacher's understanding above, we will discuss about the understanding of Islamic education. According to experts as stated by Ramayulis, Islamic religious education is a conscious and structured effort in preparing students to recognize, understand, appreciate, believe, fear, have a noble character to practice the teachings of Islam from the main sources of the Holy Qur'an and al- Hadith, through guidance activities, training teaching, and the use of experience [21]. Another opinion that says, Islamic religious education is education through the teachings of Islam, which is in the form of guidance and care for students so that later after completing education, he can understand, appreciate and practice the teachings of Islam which he has thoroughly believed, and make the teachings of Islam as a way of life for the sake of safety and prosperity in the world and in the hereafter [22].

Based on the description of the teacher and Islamic religious education above, the Islamic religious education teacher is a professional adult who is responsible for giving help to students in their physical and spiritual development. As well as providing guidance and care for students so that later upon completion of education he can understand, appreciate and practice the teachings of Islam which he has thoroughly believed, and make the teachings of Islam as a way of life for safety and prosperity in the world and in the hereafter.

Furthermore, as a subject teacher is no exception, Islamic education teachers as personnel who are directly related to students every day, the role of subject teachers in counseling guidance services is very important. Some of the roles that can be performed are as follows:

- Helping to popularize counseling services to students counseling
- Helping teachers in identifying students who need counseling services
- Transferring students who need BK services to counselors

- Accepting students over hands from the supervising teacher, namely students who according to the guidance teacher need teaching services or special training (such as teaching or improvement exercises and enrichment programs).
- Helping to develop the classroom atmosphere, student teacher relations, and student relations that support the implementation of counseling guidance services
- Providing opportunities and conveniences to students who need counseling services and activities to follow the intended services and activities.
- Participate in special activities in handling student problems such as in case conferences
- Helping the collection of information needed in order to assess counseling services including follow-up efforts [23].

Based on the above description of the role of subject teachers is no exception for Islamic religious education teachers in the implementation of guidance and counseling services, the task of PAI Islamic education subject teachers is in accordance with the teacher's role in other subjects in helping work together with counseling teachers to success of educational goals.

## II. RESEARCH METHODS

This research is a type of qualitative research, using descriptive and naturalistic phenomenology approaches. In accordance with the theme discussed, this study uses a type of field research. The researcher makes observations about a phenomenon in a scientific setting [24]. The subjects in this study were students of Purbolinggo Ma'arif Nu 5 High School from class X to class XII, counseling teachers, Islamic religious education teachers, and school principals. Data collection in this study uses, observation, interviews and documentation. For data analysis using triangulation. Both time triangulation, source triangulation and data triangulation.

## III. RESULTS AND DISCUSSION

Based on interviews and observations, it can be seen that the collaboration between counseling and Islamic religious education teachers is in the form of joint coordination in developing programs and implementing programs that have been prepared together. Integrated guidance and counseling program at Purbolinggo 5 Ma'arif NU High School is divided into 4 fields as below:

### A. *Field of Learning*

- Formation of study groups
- Formation of peer counselors
- Development of learning motivation
- Utilization of available learning facilities in schools such as libraries, natural science and computer laboratories

- Development of student independence in learning by utilizing available learning resources.

### B. *Social Field*

- Developing communication skills of students

### C. *Personal Fields*

- Recognizing the potential possessed by students
- Recognizing interest in interests possessed by students

### D. *Career Fields*

- Distributing students to take extracurricular activities in accordance with their talents and interests, so that students can develop their potential.
- Developing students' insights and understanding of the chosen department and the purpose of higher education so that students can choose existing departments according to their talents and interests.

## IV. CONCLUSION

Collaboration between counseling teachers and Islamic religious education subject teachers is formal. This can be seen from the way the preparation of an integrated counseling program is carried out through coordinating the guidance teacher with the Islamic religious education teacher with the principal, in an integrated manner. Guidance services provided through individual, group and classical guidance methods. As a preventive measure, service is carried out in a classical manner in the hall, while for individual and group guidance is carried out in a special room for guidance and counseling. In addition, counseling teachers and Islamic religious education subject teachers collaborate with other parties who are very concerned with the development of students in order to provide optimal services, namely principals, homerooms, subject teachers, and administrative staff to conduct home visits students who have problems with the permission of the student concerned.

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