

# Research on Ways to Improve College Life Safety Education in the New Era\*

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**Abstract**—Under the guidance of the historical coordinate of the new era, colleges should implement the life safety education for students from the levels of individuals, families, the whole society and nation, and recognize the role of moral concepts of the new era on the life safety education. This paper discusses from the three perspectives of the infiltration and transformation of morality in the new era, the educational effect of "all-round ideological and political education" in colleges and universities, and the supervision effect of morality and the rule of law, hoping to find a way to solve the problem of life safety education in colleges and universities, so as to do a good job in preventing emergencies.

**Keywords**—new era; life safety education; moral concept; ways

## I. INTRODUCTION

The 19th National Congress of the Communist Party of China pointed out that, "Through long-term efforts, socialism with Chinese characteristics has entered a new era, which is a new historical orientation for China's development." In such an environment of the new historical coordinate, colleges and universities which have the responsibility of rearing people with morality, should pay more attention to the process of students' growth, and implement effective methods to solve the problems. In recent years, the life safety accidents of students in colleges and societies have been widely concerned. It also makes educators reflect on the need to pay reasonable attention to student life safety education when cultivating talents in colleges and universities, so as to prevent the occurrence of safety emergencies.

The cultural confidence can be strengthened if the college counselors can actively inherit and carry forward China's excellent traditional culture in the new era, and guide students' awareness of life safety by using the essence of excellent moral concept. Accordingly college students can develop the concept of cherishing life, respecting life and forming good character, and improve their quality, ability

and physique. Therefore students' overall quality can be developed, and the occurrence of sudden security incidents can be reduced.

## II. THE RELATIONSHIP BETWEEN THE MORAL CONCEPT OF THE NEW ERA AND THE LIFE SAFETY OF COLLEGE STUDENTS

The types of security emergencies in colleges and universities contain many contents, of which many involve life safety issues, such as intentional harm, fire, natural disaster, and even the current network security issues. Campus security incidents refers to accidents involving education administrative departments, schools run by social forces, schools, staff, students, etc. happening suddenly inside or outside the campus (including those happen in teaching activities), which either harm the safety and health of individuals, damage equipment and facilities, cause data changes, casualties or economic loss, or temporarily suspend or terminate the original education teaching activities (including exams and other activities related to education teaching). In recent years, many problems reflected in the life safety incidents in colleges and universities can be explained and solved through moral approaches. For example, the case of college students despising life and torturing and killing animals, as well as depression and suicide caused by emotional changes. "As Heaven keeps vigor through movement, a gentleman should unremittently practice self-improvement." "The (capacity and sustaining) power of the earth is what is denoted by Kun, therefore, noble people support (men and) things with their virtue." When these ideas are truly integrated into students' thoughts and put into practice, college students will be clearer on their thoughts and recognize their direction of efforts.

China's 5,000 years of civilization have condensed many outstanding moral concepts. Guan-li ceremony, which originated from Zhou dynasty, is what we call coming-of-age ceremony. This ceremony is held between one's twelve and twenty, after which from a child without any family responsibility, one becomes an adult who formally enters the society and plays various social roles able to practice the virtues of filial piety, fraternal love, loyalty and obedience. Moreover, in recent years, the status of moral concepts in education has been gradually enhanced, and they have even affected other parts of the world. Relevant moral education

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courses have been offered in schools from primary and secondary school stage of education. However, due to the existence of exam-oriented education mode in China for a long time, students only pay attention to mathematics, physics, chemistry, but ignore morality, legal system and so on. As a result, when students enter colleges and universities, their understanding and establishment of moral concepts are more flashy than real.

### III. ANALYSIS OF INFLUENCING FACTORS OF COLLEGE LIFE SAFETY EDUCATION

To solve the problems of student group in the college life safety education, all the subjects involved in the education should be taken into account. Therefore individual, family, school and society are all important factors in college life safety education that we need to consider.

#### A. Influence of Students' Individual Factors

1) *Lack of morality and reverence for life*: Some college students lack of moral concept in their process of growing up. The insufficient understanding of the traditional Chinese moral concepts of loyalty and filial piety as well as the influence of external environment cause to their lessened attention to life safety. According to tao te ching, (a philosophical work of Lao Zi (Li Er) in the spring and autumn period), "the supreme virtue of nature's inaction is called to grow all things without possessing, to nourish all things without dominating them, reflecting the virtue of nature that "master as it is, it does not master life. But nowadays many young people have lost their fear of life. Killing animals for pleasure and attention, as well as the poisoning and homicide cases in recent years show that some students lack the fear of life.

2) *High IQ and low EQ, ignoring the significance of life security*: Most colleges and universities enroll students through investigating intelligence lacking measuring ability and emotional intelligence, which results in the fact that a large number of students can only study but cannot think. Many of the students who grow up in the national exam-oriented education environment have not experienced social practice of solving life safety problems, thus neglecting its significance.

#### B. Physical and Mental Factors and Insufficient Understanding of Life Knowledge

Anxiety, depression and other psychological problems of college students caused by emotional fluctuation, and the act of harming the body and others when faced with study pressure or problems too difficult to solve in love or employment, can all affect the view of life of students involved. They may even get the idea of giving up life.

#### C. The Influence of Family Education and Family Tradition

1) *Lack of good traditional education*: The traditional culture education of ancient sages and saints has condensed the painstaking efforts of many people and its emphasis on

family education can have a life-long influence on parents. The recitation and learning of the three-character classic and the Disciple Gauge are important links in the forming of family education and family tradition. The essence of these classics can be grasped in the games and through the contacts by children, penetrated in Children's speech and deportment since their early childhood. This is what we call "use and benefit from it without notice". And president Xi Jinping has also stressed the importance of family traditions for many times.

2) *Stimulation of bad behaviors from peers*: Badly-bred Parents with incorrect world outlook, outlook on life and values will pass on their bad upbringing to children. Such negative energy accumulated over the years is enough to destroy a family. For example, most college students are the only child in their family and have been spoiled in the process of growing up. Parents in such family are submissive, responsive and indulgent to their children's demands. But this also leads to the children growing up in such an environment not being able to withstand setbacks and stimulation. When they encounter difficulties, they will be at a loss, blame everyone and everything but not themselves and will also has a disregard for life security. At the same time the bad behavior of peers around can also affect the life safety education.

### IV. INFLUENCE OF SCHOOL EDUCATION AND MANAGEMENT

#### A. Problems Caused by Exam-oriented Education

Since a very large part of the education in China is exam-oriented, cramming teaching, the quality education and moral education in middle and high school are in absence. This affects the education of life safety, resulting in the poor psychological quality of some college students in the new period. In the face of unpleasant people and things, such students will be panic and trapped in bad emotions and sometimes even use extreme means, causing serious consequences.

#### B. Weakness of Life Safety Education in Colleges

The life safety education in China started in the 1990s, but has been developing in a slow pace and with insufficient attention from people. So contents about life safety education in colleges are relatively rare. Although some colleges set courses about life safety, such courses are still in shortage nationwide, leading to students' unclear attitude towards and low degree of willingness and awareness of life safety.

#### C. Insufficient Efforts of Full-scale Education in Colleges

Colleges shoulder the mission of cultivating talents. However, the task of cultivating talents is not only the work of teachers, but also the unique educational function of each department in colleges. Also, the contents and forms of the life safety education should be diversified. However, from the perspective of student's life safety education, due to the lack of curriculum construction, the vast majority of work

falls on counselors and student work departments, which also leads to the deficient coverage of life safety education and insufficient personnel for guidance and management, thus affecting the quality of life safety education.

## V. THE IMPACT OF OPPORTUNITIES AND CHALLENGES FACING SOCIETY

### A. Problems Caused by Rapid Economic Development

Since the 1990s, China has been in a period of social transformation with rapid development of market economy. This change has a profound impact on college students born in the 1990s and the 2000s, and at the same time, it has also caused some confusion in the minds of college students. Some behaviors of college students are also affected, such as robberies, campus loans for comparing and other illegal cases that hurt their lives.

### B. Influence of Emerging High-tech Industries

With the development of society, many high-tech industries have also been developing quickly, so network, virtual technology and mobile devices have become the necessary choices for students who like to contact with new things. But the development of these industries is causing the problem on the level of life safety, such as online games and video files containing content closely simulating death and killing, during the operation of which students can get indifferent to life safety gradually. And the illegal utilization of highly simulate VR technology by unscrupulous businesses all cause problems of life safety.

### C. Impact of Diversified Foreign Cultures

With the development of the information age, the world is becoming smaller. With the infiltration and rendering of various social, political and cultural trends of thought in the network environment, the ideological differences between the east and the west and the rapid development of society are impacting the mainstream values of contemporary college students. The spiritual value of public before private, others before oneself and selfless dedication are being questioned by some college students, while extreme individualism, utilitarianism and hedonism are being more and more accepted by college students. The influences of these foreign cultures not only impact the ideology, but also have an impact on the education of life safety.

### D. Inducement and Deception by Illegal Organizations

Currently, some countries and forces in the world are shocked by the speed of China's development. So they use various means to intervene and control the growth of young people to achieve their goals. Some organizations spread some content that affects the life safety of people through the Internet, WeChat and other channels, such as the "blue whale game" once appeared in WeChat friend circle, which induces some young people to harm and their own bodies and lives even commit suicide.

## VI. DISCUSSION ON THE APPROACH OF COLLEGE LIFE SAFETY EDUCATION

In the analysis of the factors influencing the life safety education, it's obvious to see that educators and counselors in colleges should pay more attention to students' cognition of life safety, either from ideological or practical level. They should let students hold life in awe and understand its meaning, which should also be lifted to the level of life moral. Only when such are put into practice can the work of life safety education can be truly effective.

## VII. IMPROVING THE COGNITIVE LEVEL OF LIFE SAFETY THOUGHTS OF INDIVIDUALS THROUGH THE INFILTRATION AND TRANSFORMATION OF MORALITY IN THE NEW ERA

The 19th national congress of the communist party of China made it clear that we should take ideals and beliefs as the foundation, socialist core values as the guidance; we should adhere to creative transformation and innovative development; we should hold fast to the position of Chinese culture and inherit Chinese cultural genes; we should stick to moral concepts, and make them internalized in the heart and externalized in practice. Therefore college students should conscientiously abide by the basic moral norms of patriotism, law-abiding, civility, integrity, unity and friendliness, diligence, thrift, self-improvement and dedication; they should adhere to the unity of knowledge and practice, carry out moral practice activities, and integrate these activities into their study and life. Therefore, as the development and innovation of socialism in the new era, the moral concept of the new era plays a guiding and normative role in the outlook on life, values and world outlook of contemporary college students. Thus colleges, society and families should take use of such opportunity to do a good job in moral education and guidance for young people, especially students, so as to further deepen their understanding and improve their cognition level of life safety education.

### A. Giving Full Play to the Educational Effect of "All-round Ideological and Political Education" in Colleges and Universities and Integrating Moral Education and Life Safety Education

Colleges and universities should give play to the influence of the system of "all-round ideological and political education" and make the content of the life safety education not just in textbooks and classrooms, but also come into play in every corner of the campus. The faculty and staff at all levels should be given full play to their ability to educate people and fulfill the requirements and actions of life safety. For example, the security system of logistics support should play its role not only in serving the students, but also in educating and guiding them. The life safety education in colleges need not only to teach students to protect their own body, but also to let them understand the meaning of life, which is to put one's life into the construction of his great country and the realization of the Chinese dream just like what Lei Feng and Jiao Yulu did. Therefore this process involves combining political education at the ideological level with moral education and literacy education with life safety education, so as to make

students understand and explore life, inspire the passion of life and live their life to the fullest.

### *B. Strengthening the Supervision of Social Morality and the Rule of Law, and Expanding the Scope Where Family, School and the Society Can All Take Part*

In the process of achieving the Two Centenary Goals of China, the young generation is required to be a generation with responsibility. However, due to the interference of diversified foreign cultures and other factors, some young students are greatly affected in terms of ideology and do not stick to the bottom line of morality. Therefore, it is necessary to strengthen the supervision of the rule of law from the perspective of ideology from the perspective of the state and society. That means that Internet culture, bad video and illegal organizations which influence the minds of young people should be cleaned up. Meanwhile, all organizations and institutions in society should play a role of models and strictly implement relevant systems and laws. Parents, as the first mentor of young people, should also set up a good family education and family tradition, in the premise of self-discipline. They should adhere to the guidance of children to "be patriotic, lawful, honest, polite, amicable, diligent and dedicated" of the basic moral norms. In this way, the great unity of the "family and school" linkage and social participation will be formed, so that the education pattern of life safety can be improved from the perspective of the whole society.

## VIII. CONCLUSION

The important contents of college life safety education in the new era can be carried out together with the thinking about the rules of college counselors' ideological and political education work, of excellent traditional Chinese moral concepts, of education teaching and that of students' growth. In the process of studying students' life safety education, college counselors should conform to the development rules of individual, family and society, and find the early prevention methods of life safety incidents. The improvement of the college life safety education requires the coordinated efforts of colleges and students. Through such a process not only can the life safety education for college students be promoted, colleges, as the places where virtue can be cultivated and the environment in which people can be educated by the whole society can also get more attention. And the strengthening of the life safety education can also help students better understand life, cherish life and comprehensively improve the quality of life.

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