Research on Investigation and Effective Guidance of the Extracurricular Part-time Practice of College Students

A Case Study of the Startup Project "Integration of English Learning and Part-time Practice" of College Students in Xi'an Peihua University*

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Abstract—**In recent years, there are many problems in the part-time practice of College students. For example, the importance of the role of students in teaching and the adequacy of lesson preparation will seriously affect the classroom atmosphere and enthusiasm. This paper found some problems through literature research, questionnaire survey, part-time practice and other methods, e.g. the conservative attitude towards the part-time behavior of students of the school, the lack of scientific part-time planning for students, the imperfect ways and channels for college students to find part-time jobs, the weak vocational adaptability, and the lack of sustainable development. Based on the characteristics of English majors, Xi'an Peihua University puts forward some suggestions: first, students should establish correct employment concept and adjust employment mentality; second, students should enhance professional ability and professional accomplishment; third, schools should students to establish a correct view of employment; fourth, the society has introduced a system to guarantee the relevant rights and interests of college students in order to help them improve their practical ability and creativity through English learning and part-time practice, and to lay a solid foundation for future employment and entrepreneurship.**

Keywords—English major; countermeasures for part-time problem; Xi'an Peihua University

I. INTRODUCTION

Faced with the pressure of future employment, in order to better meet the employment standards of enterprises and find a satisfactory job, college students have gradually become aware of the crisis, and they begin to engage in part-time activities in their spare time during school. Through part-time activities, college students meet additional consumption, accumulate social experience, and exercise practical skills. However, the part-time type has low technical content and it is less relevant to the profession. At the same time, it is often accompanied by various problems such as untrue

information, violation of rights, and conflicts with academics. The concern about the part-time phenomenon of college students is of great significance both to the growth of college students themselves and to the regulation of employment behaviors. Taking Xi'an Peihua University as an entry point, this paper investigates the part-time behavior of college students, puts forward reasonable suggestions, and actively guides the healthy and orderly development of part-time behavior of college students.

II. ANALYSIS ON THE PRESENT SITUATION OF PART-TIME JOBS OF COLLEGE STUDENTS

With the development of society, many college students are now not satisfied with learning only theoretical knowledge, but hope to accumulate more practical experience and accumulate certain social experience for future work. Part-time work of college students has become a common phenomenon, and it is usually the higher the grade, the more people part-time work, and the more kinds of part-time work.

Because the working hours of college students are scattered, they are usually weekends and holidays. They cannot have a fixed time like regular employees, so they choose to work according to their spare time. The general types of work are mainly divided into learning, entrepreneurship and social practice. The main type of learning is mainly for some junior students to do tutoring, or to write some articles to contribute to the magazine and so on. Some students choose to start their own businesses, open Taobao stores or do Wechat business, but more students choose practical jobs, such as waiters, salesmen and so on.

English majors have a narrow range of career options. According to the survey data, 66.67% of undergraduate English majors are engaged in or ready to enter the education field after graduation, 58.33% of students tend to go to state-owned enterprises, and 63.89% of students tend to foreign companies. Most English majors tend to join the education industry or want to work in state-owned and foreign companies. However, due to their own abilities and other

reasons, the number of graduates who eventually entered the education industry is far more than the number of graduates entering the enterprise. As a result, the demand for science and technology talents and compound talents has become more apparent in society, and the range of career choices becomes narrower for students majoring in pure English.

III. THE MAIN PROBLEMS IN THE PART-TIME ACTIVITIES OF COLLEGE STUDENTS

A. Schools Hold a Conservative Attitude Towards Part-time Behavior of Students

At present, the school lacks the corresponding guidance mechanism and management measures in part-time work, and few colleges and universities provide necessary part-time guidance and training to students. According to the survey of China Education Daily, 70.8% of teachers disapprove of part-time jobs. They think that students should focus on their studies and should not be affected by part-time jobs; after all, one's energy is limited.

B. Students Lack of Scientific Part-time Planning

At present, students are not clear about their own position in the process of part-time activities is not clear enough, there are some blind follow-up phenomena, do not properly handle the relationship between learning and part-time activities, often spend a lot of time outside the campus to engage in part-time activities, which delays the study of professional courses and various campus social and discipline competitions.

C. The Ways and Channels for College Students to Find Part-time Jobs Are Imperfect

There are no professional channels for college students to find part-time jobs. Most of them are looking for recruitment information on the Internet or introduced by acquaintances. However, there are often a lot of false information on the Internet, which will confuse judgment and waste time of students. The part-time channels and the authenticity of information of college students cannot be guaranteed.

D. Weak Vocational Adaptability and Weak Capacity for Sustainable Development

Whether from university to society or from adapting to occupation to competent work, it needs a process, which is a problem that every new college student needs to face. Nowadays, employers are in urgent need of a large number of compound English talents. And college students majoring in English have a single knowledge structure, so English skills such as translation and oral communication are often regarded as necessary skills or auxiliary skills in their work, rather than the main content of the profession. Due to the limitations of curriculum and teaching contents, college students majoring in English often lack the knowledge of relevant subjects. In language skills training, they only emphasize imitation and memory, but neglect the cultivation of thinking ability, innovative ability, analytical ability and independent opinions of students. As a result, many

graduates of English majors have poor psychological and collaborative skills at work, which leads them to give up because they cannot adapt to the job requirements.

IV. ANALYSIS OF COUNTERMEASURES

A. Students Should Establish a Correct Employment Concept and Adjust the Mentality of Employment

Nowadays, many college students have a high self-esteem and lack correct employment concept. Once they are frustrated, they are prone to feelings of inferiority and dissatisfaction. Therefore, college students should recognize the employment situation, pay close attention to the development of the times and market requirements, give themselves reasonable expectations, establish correct employment concept, and face employment with self-confidence and optimism. For setbacks and discrimination in employment, they should correct their mindset, treat them objectively, make good use of our advantages to choose employment, and enhance self-confidence.

B. Students Should Enhance Professional Competence and Improve Professionalism

The employment competition of English majors is becoming more and fiercer. Students of English majors should study harder and improve their professional abilities. At the same time, actively participate in various social practice activities, accumulate experience, and constantly enrich and improve them. The motivation of adult foreign language learning should not only ensure the realization of learning objectives, but also have the determination and courage to overcome difficulties and setbacks, which is the will. In addition, it is also a good choice for English majors to take the postgraduate entrance exam or go abroad for further study in order to obtain a higher degree.

C. Schools Should Help Students to Establish a Correct View of Employment

Part-time students often lack social experience and are easily deceived. Schools should help students to establish a correct view of career choice, they can even train students to help them better understand various occupations in order to choose a suitable position. It can also provide students with formal channels of introduction. In addition, colleges and universities can also take the form of school-enterprise cooperation, and cooperate with enterprises to provide more jobs for students, so that students have more choices, and the positions are more formal and credible.

D. The System of Social Promulgation Should Guarantee the Relevant Rights and Interests of College Students

In addition, relevant policies should be introduced to protect the rights and interests of college students. According to the current situation, the rights and interests of college students cannot be protected. College students part-time will always appear to be cheated, wage arrears and other circumstances. In order to improve this problem, the society must establish some protection mechanisms to protect the

interests of college students. At the same time, the illegal phenomena in the society should be rectified, such as banning unreliable intermediary agencies, so as to protect the rights and interests of college students.

V. CONCLUSION

With the continuous development of higher education, it is necessary to strengthen the cultivation of practical and creative ability of college students, in order to meet the demand for the transformation and development of higher education goals in the new era. This paper investigates the extra-curricular part-time job phenomenon of students in Xi'an Peihua University as a case study, finds out the problems and puts forward optimization measures, and expects to correctly guide the extra-curricular part-time job activities of university students. Through the extra-curricular part-time job function, improve practical and creative abilities of students, and train social adaptability of students, improve the employment rate of graduates, accelerate the transformation of local colleges and universities to applied technology universities, and enhance the ability and level of local colleges and universities to serve economic and social development.

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