

Problems in the Development of College Tennis Education and Its Countermeasures

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Abstract—Tennis education is an important part of the physical education system of colleges and universities in China. Its quality is directly related to the improvement of the quality of contemporary college students in sports, and also related to the development of current college sports culture. From this, this paper first analyzes the inevitability of the development of current college tennis education, summarizes the development of current college tennis education, and then further formulates the corresponding development strategy of tennis education.

Keywords—college tennis education; problems in development; development strategy

I. INTRODUCTION

Tennis has a long history and is a favorite form of sports for young people. Therefore, high attention to tennis education in colleges and universities is not only able to meet the needs of contemporary college students for physical exercise, but also to promote the development of tennis. From this, it is especially necessary to actively study the development of college tennis education and its countermeasures.

II. THE NECESSITY OF THE DEVELOPMENT OF COLLEGE TENNIS EDUCATION

A. Tennis Education Is an Important Form of Physical Education

With the awakening of colleges and universities for the concept of physical education, more and more schools have begun to list the development of physical education into the key projects of education, and they actively take measures to optimize the environment of physical education. The integration of tennis sports in physical education is conducive to the improvement of China's college sports system, and enriches the sports courses, which is necessary for meeting the current diversified needs for sports.

B. Special Effect of Tennis Education in the Form

As a sport of ball, tennis has the characteristics such as many changes in movement, strong fitness, strong entertainment, elegance and vogue, appropriately adjustable amount exercise; it has a positive role both in improving the physical fitness of contemporary college students and in promoting the physical and mental development of college

students, which is an advantage that other traditional physical exercise programs cannot come up to.

C. There Are Many Problems in Tennis Education

The tennis sports has been listed in the physical education system of colleges and universities, but the current educational situation is worrying for its bad quality, so it is difficult for students to achieve the improvement of physical quality in their participation in such sports. There are many defects and deficiencies in the tennis education of colleges and universities, and if no positive measure of improvement is taken, the healthy development and progress of the college tennis education will be affected.

III. THE PROBLEMS IN THE DEVELOPMENT OF COLLEGE TENNIS EDUCATION

After the current situation of tennis education in colleges and universities is investigated, we find the development of tennis education in colleges is worrying for the bad ecological environment of education, the low enthusiasm of education subjects, the defective education methods, the insufficient education teachers, the weak awareness of education management, and other problems, which all are reflected in the actual college tennis education. Specifically, we can study it from the following perspectives.

A. The Weak Position of Tennis in Course Arrangement

The current weak status of college tennis course is mainly reflected in the fact that many colleges and universities in China early have listed tennis into the physical education system, but the tennis course has an inferior position among the electives and has a low elective rate due to various factors. Whether from the investment of schools in physical education programs or from the choice of students for sports program, tennis course has not received the attention it deserves.

B. The Tennis Facility System Is Not Complete

The tennis infrastructure mainly includes tennis courts and tennis equipment, and compared with other sports, it needs a large area and requires a lot of investment, while this is unlikely for the colleges and universities that already lack sports funds to ensure the completion of the tennis facility system. Especially after the enrollment expansion of colleges and universities, the contradiction between the deficient tennis

facilities and the growing physical exercise demand of students has been rising.

C. Poor Management of Tennis Courts

In the management of tennis courts, colleges and universities have not considered the basic situation of students, e.g. the charge for tennis courts open to students is a few yuan at lowest and fifty yuan at highest, and such high consumption is obviously not in line with the characteristics of student consumption, which combats the enthusiasm of students to participate in tennis sports. In addition, the management system of college tennis courts is incomplete, and improper management hardly ensures the normal operation of the venue and equipment.

D. There Are Problems in the Tennis Course System

The problems of the tennis course system mainly lie in: few tennis courses are arranged, only once a week, which obviously cannot ensure students master the knowledge and skills of tennis; the evaluation mechanism of tennis courses is not perfect, and many tennis teachers have a arbitrary course arrangement so that the tennis education is not achieved effectively, leading to a low quality and effectiveness of tennis education.

E. Insufficient Teachers of Tennis

From the current teaching structure of tennis education in colleges and universities, most of the teachers are graduated from physical education rather than from tennis majors so they only have comprehensive qualities in physical education but they lack experience in tennis education, they do not know the essence of tennis, thus making the teaching curriculum formalized, and hardly guaranteeing the effectiveness of tennis education.

F. Problems in the Way of Education Assessment

In the assessment of the effectiveness of tennis education in colleges and universities, the assessment criteria are not clear, there is no assessment organization system, and the assessment work is formalized seriously. In short, the schools only care about whether the tennis education course is going on but they don't consider the effect of the training. Most of the assessment methods are based on the performance of students in classes, marking by a vague definition, which is not conducive to the improvement of students in tennis skills, and such perfunctory assessment also greatly reduces students' initiative for learning.

IV. DEVELOPMENT STRATEGIES OF TENNIS EDUCATION IN COLLEGES AND UNIVERSITIES

If the problems existing in the development of tennis education in colleges and universities are not being adjusted and improved for a long time, it will certainly affect the development and progress of tennis education in colleges and universities. Combining with his own teaching experience, the author advocates to actively doing the following work in the process of boosting the development of tennis education in colleges and universities.

A. Establishing the Sports Concept of Tennis Education

Establishment of the sports concept of tennis education is the process of guiding teachers of colleges and universities to correctly examine the tennis sports. To this end, the following work should be actively completed. First, the education department actively advocates the development of tennis education in colleges and universities, encourages colleges and universities to create a good environment for tennis education, to integrate the tennis program into the education system. Second, colleges and universities should carry out tennis knowledge propaganda and education in the management level of sports education, make them aware of the advantages of tennis education, and carry out various work in this regard, so as to improve the ecological environment of tennis education of colleges and universities. Third, in the process of building campus sports culture in colleges and universities, we should guide students to understand the relevant content of tennis sports so that they can have a correct view of tennis and take an active part in it. Moreover, we should believe that with the penetration of tennis in the field of education, tennis will inevitably be integrated into social practice, and then become a form of sport for all the people to participate in.

B. Improving Tennis Infrastructure System

The following measures should be taken to improve and adjust the current incomplete tennis infrastructure system in colleges and universities. Specifically speaking, first, colleges and universities should actively strive for the special funds for physical education given by the national education department, and rationally plan them into the construction of tennis infrastructure to ensure that the tennis infrastructure construction in colleges and universities has solid material foundation. Second, we should investigate the current needs of tennis sports in colleges and universities, and make a reasonable layout and arrangement, to achieve cooperation with tennis equipment enterprises. On the basis of ensuring the quality of infrastructure, we also should choose economical construction and procurement programs to maximize the effectiveness of limited procurement funds. Third, we should deal with the relationship between the enrollment expansion of colleges and the scale of tennis education, and ensure the improvement and adjustment of tennis infrastructure system based on the annual student scale, so as to create a good environment for the development of tennis education in colleges and universities.

C. Strengthening the Management and Control of Tennis Court

For colleges and universities, tennis courts are the premise and foundation of tennis education, as well as an important part of their educational resource system. It is also a science to strengthen the management of tennis courts and maximize the effectiveness of tennis infrastructure. For this, colleges and universities should actively do the following work. First, in light of the needs of tennis education, the relationship between tennis teaching courses and the use of tennis courts should be well handled to ensure that each class can be conducted on a good tennis court. Second, with the concept of the development of tennis education, colleges and universities

should formulate a tennis court charge standard which conforms to the student consumption demand, aim at stimulating students to participate in tennis sports, and can try to provide the court to students free of charge under appropriate conditions, so that students can do exercise in a relatively free tennis court. Third, colleges and universities should attach great importance to the establishment of tennis court management system, and do a good job in the maintenance and management of tennis court infrastructure, and ensure that courts are in a normal operating condition, to avoid the difficulty of carrying out courses due to equipment damage.

D. Enhancing the Tennis Teaching Course System

It is necessary to take active measures to improve and adjust the unscientific course system for tennis teaching. Therefore, the following work should be completed. First, colleges and universities should increase the proportion of tennis electives to make more students attend tennis teaching courses, and constantly enhance the influence of tennis courses. Second, the key to ensure the quality and efficiency of tennis education is to increase the number of tennis courses and guarantee that college students can attend tennis lessons twice a week. Third, colleges and universities should reasonably provide professional tennis teachers, deal with the relationship between teachers' teaching workload and teaching tasks, and ensure that the course teaching system is in line with the development of tennis education. Fourth, colleges and universities should handle the relationship between the tennis theory courses and practice courses, and guarantee to carry out practice in the context of students' understanding of basic tennis theory. Only in this way can we guarantee the effectiveness of tennis teaching courses.

E. Cultivating Professional Tennis Teaching Team

The cultivation of professional tennis teaching team should also be a key factor in the development of tennis education in colleges and universities. To this end, we need to advocate the following work. First, we should strictly control the recruitment of full-time tennis teachers in colleges and universities, and take into account the tennis education theory, tennis education experience, tennis sports skills and other aspects, and form a scientific and effective access mechanism for tennis teachers. Second, we should attach great importance to the training and education of on-the-job tennis teaching staff, so that they can have a deeper understanding of the knowledge of tennis education and improve tennis sports skills to guarantee that the actual tennis education and teaching work is done effectively. Third, we should lay much stress on the cooperation between sports colleges and universities, and advocate that teachers in sports colleges and universities should participate in tennis education in ordinary colleges and universities, to ensure the professional development of tennis education in colleges and universities.

F. Establishing a Sound and Complete Course Assessment Mechanism

First of all, based on the goal of tennis education in colleges and universities, we should actively organize tennis

education experts and members of the national education department, develop a unified education evaluation mechanism for tennis courses of colleges and universities, actively promote it to all tennis education of colleges and universities, so that tennis education assessment work in colleges and universities can be well founded. Next, we should pay high attention to the establishment of the assessment team for tennis education in colleges and universities, assess students' tennis skills from the aspects of tennis skills, tennis knowledge and tennis performance, point out the shortcomings of students, guide students actively to improve and adjust them, and stimulate their enthusiasm to participate in tennis sports. After more than a decade of development, tennis education of colleges and universities in China has achieved gratifying results. However, the popularization of tennis education and the socialization of tennis sports still need a long time to develop. As the backbone of the future society, students of colleges and universities will certainly shoulder the heavy responsibility of spreading tennis culture. Tennis education of colleges and universities has a long way to go. It is believed that with the continuous solution to the development problems of tennis education in colleges and universities, awakening of the educational concept, continuous improvement of the professional level of the education team, continuous optimization of the educational environment, and constant adjustment of the educational model, the quality of education in China will continue to improve, and it will become an inexhaustible driving force to promote the socialization of tennis.

V. CONCLUSION

College tennis education can not only enhance the physical fitness of students, but also promote the physical and mental development of college students. Tennis education in colleges and universities can also enrich the variety of sports courses to meet the diverse needs of current sports. However, at present, there are problems in the tennis education in colleges and universities in China, such as weak tennis courses, incomplete tennis facilities, poor management of tennis courts, problems in the tennis curriculum system, insufficient tennis teachers, and formalization of educational assessment methods. Therefore, the development strategies of college tennis education are: establishing a tennis education sports concept, improving the tennis infrastructure system, strengthening the management of tennis courts, improving the tennis teaching curriculum system, training professional tennis teaching teams, and establishing a sound curriculum evaluation mechanism.

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