

# **A Research on the Cooperative Education of College Students' Family Education and College Education in Ideology and Politics**

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**Abstract.** As we all know, parents are serving as the first teachers of children's enlightenment. Nowadays, family education plays an important role in today's education system and exerts an important role in the cultivation of college students' healthy psychology and healthy personality. In this context, the role of family education in the cultivation of college students' ideology, morality and ability has increasingly attracted the attention of college educators, which is a useful supplement to the ideological and political education in colleges and universities. On the one hand, it is necessary to start with the relationship between college students' family education and college education in ideology and politics, emphasizing that family education is the basis of college education in ideology and politics. On the other hand, it is urgent to integrate family education of college students into ideological and political education system, form a cooperative relationship between family and ideological and political education of colleges and universities, construct a cooperative education mechanism of "family school" and jointly improve the effectiveness of ideological and political education system of college students, which is the inevitable demand to promote the all-round development of college students.

**Keywords:** Family Education, Ideological and Political Education in Colleges and Universities, Cooperative Education.

## **1. Introduction**

Since the Eighteenth National Congress of the Communist Party of China, the Party Central Committee, with Comrade Xi Jinping as its core, has made a strategic decision to speed up the construction of world-class universities and disciplines, improve the development level of higher education in China and enhance the core competitiveness of the country. General Secretary Xi Jinping pointed out that the ideological and political work in colleges and universities is related to the fundamental problem of what kind of people to train, how to train people and who to train people for. We should persist in taking moral education as the central link, carry out ideological and political education throughout the whole process of education and teaching, realize the all-round education of the whole staff, and let students become talents with both virtue and ability and all-round development.

There are three major sources of education for contemporary college students: university education, social education and family education. These three elements are closely linked, influence and promote each other. Family education is in the basic position and has advantages that other two kinds of education cannot match. Parents, as implementers of college students' family education, play a vital role in guiding the ideological and political education of college students. With the advent of the new media era, the transmission and interaction of information is getting faster. The ideological and political education of college students has attracted much attention from the society. Social problems such as distorted values, psychological depression and personal extreme behavior occur from time to time. The causes of these problems are diverse. The major reason is the serious disconnection between family education and ideological and political education in colleges and universities. In order to improve the effectiveness of ideological and political education, it is necessary to change parents' and universities' education consciousness, realize all-round education, promote the coordinated development of ideological and political education and college students' family education, establish a long-term cooperative mechanism, build a complete education system, cooperate with each other in

carrying out ideological and political education, so as to promote the healthy growth of college students.

## **2. The Basic Connotation and Characteristics of College Students' Family Education**

Family is the immediate environment that college students come into contact with, which is also the most important place for their survival and development. Family education is not only the earliest education accepted by college students, but also the longest experience of education period. College students' family education mainly refers to the educational guidance that parents, as the main body of education, provide for their children's graduation and entry into society by purposefully cooperating with colleges and universities during their children's college education.

### **2.1 Diversity**

In theory, family education is different from college education. Higher education is generally equipped with a clear educational purpose, a detailed educational plan, a syllabus and teaching content. Teachers tend to teach in a scientific and effective way, and there are rules and regulations to ensure the implementation of the teaching process. However, college students' family education lies in their daily life. In most cases, family education occurs inadvertently and randomly in life. Family education lacks conscious organization and construction, and its mode and content are extremely flexible. In addition, parents' educational level and life experience directly affect and restrict the effect of family education. Families with higher ideological and cultural quality can consciously carry out ideological and political education for students in accordance with the needs of society and the times. Families with low ideological and cultural qualities are blind in implementing family education because of their one-sided understanding of social life and lack of deep understanding of social needs. On the other hand, parents' cognitive level is different, so their educational purposes are different. The content of family education is relatively extensive, and more and more factors such as students' emotions, psychology, goal orientation are taken into account. Therefore, family education bears complex diversity.

### **2.2 Temporality and Spatiality**

College students often leave home alone to study in a strange city, where their life, clothes, food and transportation are all at school. In such a new living environment, the main implementers of education are transferred to colleges and counselors. With the advent of the Internet era, parents can maintain communication and contact with their children through new media, such as telephone, QQ, WeChat and so on. They can even timely understand their study, life and emotional status during school, find out their children's psychological changes, guide them, and give feedback to colleges and universities. Such an interaction helps colleges and universities to carry out ideological and political education and ensure the healthy growth of college students. During the winter and summer holidays, parents can make full use of the holidays to observe and inquire about their children's current situation in school, so as to carry out good family education, help children solve the difficulties encountered in school, encourage them to actively communicate with college counselors, dispel the confusion in their hearts, and maintain a positive attitude to face the following college life. This enables college students to receive ideological and political education in school and family, so family education boasts its feature of temporality and spatiality.

### **2.3 Emotionality**

Natural kinship renders all members of the family closely linked, so it is easy for family members to form strong emotional attachment. This kind of dependency is a unique relationship among family members, which is more close and lasting than other relationships. College students' self-consciousness has gradually matured, and they have the ability to distinguish right from wrong, in which case they no longer follow their parents' instruction blindly. They pursue more democratic

ways of communication and are more interactive. However, their thoughts are not mature enough, and they are totally dependent on their parents economically, which determines their dominant position in family education. At this time, parents can make use of this strong emotional attachment in family education, give full play to its influence, and play a good role in promoting the growth and development of children. Therefore, family education centers on emotion, which is a unique advantage that colleges and universities do not have.

### **3. The Relationship between College Students' Family Education and Ideological and Political Education in Colleges and Universities**

When it comes to the objective relationship between college students' family education and ideological and political education in colleges and universities, family education is the foundation of ideological and political education in colleges and universities, and ideological and political education in colleges and universities is the extension and expansion of family education. All in all, family education of college students and ideological and political education in colleges and universities are mutually cooperative, mutually reinforcing, mutually adaptive and interdependent.

#### **3.1 Identity Relation**

In the course of ideological and political education for college students, family education and ideological and political education in colleges and universities share certain commonalities. First of all, the responsibilities of families and universities in the healthy growth of college students are the same. Under the impact of the Internet, the overall thinking of college students is not mature enough, which is easily affected by the environment. The responsibility of colleges and universities is to help college students solve their ideological and moral problems in the process of their growth by carrying out ideological and political education, so as to ensure their healthy growth. Family is the place where children live and grow up, which is also the place where children are most affected after birth. Parents must be responsible for their children's growth and development. The college period is the key period for children's growth and development. Parents ought to communicate with their children through different forms to understand their performance in school. However, there are limitations in the way of communication through the media. At this time, we should maintain close contact and interaction with the implementers of ideological and political education in colleges and universities to ensure the healthy growth of college students under the responsibility of co-cultivating students. Secondly, the educational goals of families and universities are consistent. Colleges and universities shoulder the hope of the society and the country, and undertake a vital responsibility to cultivate talents with both moral and intellectual abilities and all-round development. Family education is an important way and form of ideological and political education, the main goal of which is to train children to become people with moral integrity and contribution to society. Generally speaking, a good family education can make a child become a person with good quality, stronger ability and sense of competition, and become a useful person. As can be seen, the purpose of family education and ideological and political education in colleges and universities is to train college students into talents needed by the society through different forms of ideological guidance. Finally, family and university education complement and depend on each other. Family education is a compulsory course for college students before they enter the university, which is the basis of ideological and political education in colleges and universities. Without the cooperation of family education, ideological and political education in colleges and universities will take twice as much effort. Due to the limited teaching resources in colleges and universities, general college counselors are equipped at the ratio of 1:200. Facing the huge student group, college counselors cannot provide guidance to students one by one, and family education can make up for this. Of course, the professional level of family education is limited. To jointly seek the physical and mental health development of college students also needs the guidance and promotion of ideological and political education in colleges and universities.

### **3.2 Differential Relation**

Family and university, as two independent subjects of education, must be different in the whole process of education. First of all, family education advocates personality education, while ideological and political education in colleges and universities is common education. The purpose of family education is to solve the ideological and behavioral problems of children. According to the characteristics of their own development, ideological and political education is carried out in various forms, which has a strong pertinence. Colleges and universities start from the ideological and political education of all college students, and carry out ideological and political education according to the common problems of students. This kind of education is group education, which is carried out by grade, specialty, class and so on. It is impossible to know every student's ideological and moral level and physical and mental development well. Secondly, ideological and political education in colleges and universities is based on the needs of the country, aiming at training talents needed by the country's development. Family education is mainly to meet the needs of families, cultivate talents for family development, and pay more attention to family interests. Finally, ideological and political education in colleges and universities is more systematic, while family education is highly random. Ideological and political education in colleges and universities is to educate college students in a planned and purposeful way, to formulate teaching syllabus and content, and to cultivate college students' ideological and moral qualities and healthy physical and mental development in accordance with established plans. Family education changes entirely with parents' will, which is integrated into family life without clear goals and plans, a fixed educational environment or atmosphere. It can be said that the time and space of education are random, but the effect of family education is also different due to the uneven level of parents.

## **4. Problems in the Coordination of College Students' Family Education and College Ideological and Political Education**

### **4.1 Lack of Connection between Family Education of College Students and Ideological and Political Education in Colleges and Universities**

Because of their different educational concepts and modes, universities and families lack communication when educating college students, and carry out educational activities in full accordance with their own wishes. After students enter the university, some parents hold that their role of supervising education is over, expecting students to rely on their abilities and the school's educational development. Therefore, this part of parents will tend not to communicate with the school. Colleges and universities believe that college students have high theoretical level, physical and mental quality. Moreover, it is believed that ideological and political education of college students is their own business. That is to say, they can manage themselves, have nothing to do with family education, and have no need to connect with their families. The absence of contact between colleges and families will directly lead to one-sided and one-way education for college students, without forming a joint force, resulting in a situation of educational disconnection.

### **4.2 Lack of Guidance for Family Education in Ideological and Political Education in Colleges and Universities**

Family education of college students is mainly based on the education and influence that parents of college students exert on students according to their social experience and feelings. However, due to the limited ability and social experience of college students' parents, it will inevitably have a negative impact on College Students' family education, which is one-sided, thus leading to inappropriate links between the ways and means of education and the means of education in colleges and universities. Today, with the rapid development of society and the interaction of information, many social consciousness and social values have a certain impact on parents, which will breed casual education through one-sided views and information on the network, and will often affect children's future planning. Ideological and political educators in colleges and universities are usually instructors

who have received professional education in ideological and political education and career planning. They can combine their professional knowledge with the actual situation of students and avoid the negative impact of randomness of family education. Therefore, family education needs to be carried out under the guidance of ideological and political education in colleges and universities.

#### **4.3 Lack of Coordination between Family Education of College Students and Ideological and Political Education in Colleges and Universities.**

The absence of professional guidance for family education in ideological and political education in colleges and universities directly leads to the lack of coordination between the two sides. In the process of carrying out ideological and political education, colleges and universities did not integrate into family education in time, so that family education did not penetrate into ideological and political education in colleges and universities. It is difficult for the implementers of education to have a thorough and comprehensive understanding of the family and family situation, and to give targeted ideological guidance to college students, which reduces the effectiveness of Ideological and political education. Family education has its own limitations. Without the cooperation with ideological and political education in colleges and universities, it is impossible to know the students' situation in school in time and the goals and tasks they need to accomplish at all stages of the university. Such family education cannot undertake the education work of college students independently.

### **5. Cooperative Ways of Family Education of College Students and Ideological and Political Education of Colleges and Universities**

#### **5.1 Changing Ideas and Establishing the Consciousness of Family-School Cooperation**

We must abandon the old ideas if we want to do a good job in Ideological and political education of College students. It is necessary to fully realize that the ideological and political education of college students is not a matter of family or school, but a common responsibility of family, University and society, which is related to the transportation of cutting-edge talents for the country and the promotion of the core competitiveness of the country. Therefore, families and schools ought to actively change their concepts, firmly establish the "trinity" concept of cooperative education among families, universities and society, enhance the sense of cooperation, trust each other, and jointly promote the all-round development of college students through family and school cooperation. Firstly, the roles of both sides should be clearly defined. Colleges and universities are the main position of ideological and political education for college students, which occupies a dominant position in the whole process of education. This position determines that colleges and universities are advocates of family-school cooperation. They should establish a database of information about college students and their families, actively organize and carry out family-school activities, and play the role of family-school cooperation. Parents should actively participate in family-school activities to help colleges and universities carry out ideological and political education. Secondly, we should clarify the division of labor between the two sides.

Colleges and families, as the two implementers of ideological and political education for college students, should complement each other's strengths and avoid the emergence of excessively strong colleges and universities. Family is only an unequal relationship of cooperation. Colleges and universities should pay attention to the life and learning status of college students during the school period. If abnormal situations of students are found, they should communicate with their parents at the first time. Parents are the closest ones to college students, who are more likely to open their minds from the psychological level. Through the division of labor and cooperation, they can play a more cooperative role in cultivating talents.



## **5.2 It is Necessary for Both Sides to Communicate with Each Other and Broaden the Channels of Communication between Home and School**

At present, there is not enough communication and interaction between colleges and families, or even the phenomenon of the disjunction between the two education is quite serious. It is necessary to strengthen the two-way interaction between colleges and universities, to achieve information sharing and feedback among students, and to jointly promote the healthy growth and development of College students. First of all, we should build a platform for family-school interaction and exchange. It is necessary to establish QQ group and WeChat group of parents of teachers and students at the college level, build a bridge between home and school, and solve the problem of poor communication between home and school caused by distance between parents and busy parents. This mode is convenient for parents to communicate with each other and share information. It is urgent to open the school-level WeChat Public Account, release school dynamics in time, ensure that parents understand the development of schools in real time, and help to enhance the interaction between parents and children. At the same time, colleges and universities need to provide correct family education theory and method guidance for college students' families, and help college students' parents to establish effective family education methods. Secondly, we should carry out family-school activities. After entering the university, the first task of college students is to meet with the parents of the freshmen, to establish a preliminary link between the university and its value, to let the parents have a preliminary understanding of the school's teaching philosophy, professional characteristics and educational objectives, and to emphasize the matters needing attention during the university period, so that the parents can assist the school in carrying out its work. It is necessary for colleges and universities to regularly carry out activities such as winter and summer social practice and special lectures for parents, so as to let parents know about and participate in college students' activities, improve parents' attention to ideological and political education, and practically promote the operation and development of ideological and political education in colleges and universities. Finally, family visits and feedback. Colleges and universities should use winter and summer vacation to organize counselors to visit college students' families, publicize and interpret relevant school policies, understand the actual situation and needs of families, and establish a database of college students' family information to feed back to the school. This facilitates the exchange of information between colleges and families, and improves the integration of family education and ideological and political education in colleges and universities.

## **5.3 Integrating Resources and Constructing Family-School Educational Mechanism**

In the course of ideological and political education, we ought to explore the leverage point of effective combination between family and university. Colleges and universities should actively connect with college students' family, construct an effective two-way communication mechanism, and form a joint force of education. First of all, colleges and universities should incorporate family education into the ideological and political education work of colleges and universities, and establish a special family education collaborative guidance department. The department is responsible for interpreting the school's training plan for parents, letting parents understand the school's training objectives, conducting regular family-school activities, communicating with students' parents and guiding their work. Secondly, family education courses are offered to parents and students. Family education for college students has attracted more and more attention from universities and society. We should set up relevant professional courses to guide parents from a professional perspective and improve the effectiveness of Ideological and political education in colleges and universities. At the same time, family education consultation room is set up, and full-time family education instructor is hired to provide free consultation for college students' parents regularly, to analyze and explain the difficult problems existing in family education, to help parents solve their problems. Finally, the university establishes the student information feedback mechanism. Colleges and universities need to establish a system of regular contact with students' families to feedback students' performance and ideological dynamics to their parents. College counselors are required to regularly leave the dormitory and return the students' classes, examinations and achievements to their parents, and communicate

with them in time so that parents can assist them in carrying out ideological and political education in colleges and universities.

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