

# Research on the Humanistic Quality Structure of College Teachers

Hongmei Guan a, Linyi Wang

Applied Technology College of Dalian Ocean University, Dalian 116300, China aguanmei506 @163.com

**Abstract.** As a worldwide educational trend, humanistic education has become an irresistible trend, and is valiantly "flowing" in all fields of education. The "people-oriented" humanism thought has made fundamental changes occur in the teaching idea and teaching nature of college teachers, the humanistic qualities, psychological personality, personality charm, moral sentiment and self-cultivation image of college teachers will cause a significant impact on the learning effect and moral quality of college students etc.

Keywords: humanistic quality; structure; college teachers.

#### 1. Introduction

The development of the times has made fundamental changes occur in the teaching idea and teaching nature of college teachers, teachers are no longer just the spreaders of knowledge, but the guides and promoters of knowledge, and the trainers of students' professional ability. Psychological personality, personality charm, moral sentiment and self-cultivation image of college teachers will cause a significant impact on the learning effect and moral quality of college students and so on. The human qualities of teachers include many contents, including human nature, spiritual and cultural knowledge aspects. Based on their own characteristics and the characteristics of colleges and universities, we believe that the humanistic quality of teachers in colleges and universities is composed of cultural factors, skill factors, psychological factors, moral factors, aesthetic factors and spiritual factors etc.

#### 2. Factor of Creative Culture

Generally speaking, the cultural factors of people are related to the level of education they receive. The higher the level of education, the higher the cultural factors, the cultural factors of college teachers should not only have professional knowledge, but also have extensive knowledge of humanities and natural sciences. Namely, college teachers should have basic knowledge, conditional knowledge, practical knowledge and creative knowledge.

The so-called basic knowledge refers to the basic knowledge of science and culture, the professional knowledge of the discipline and the knowledge of related fields. Conditional knowledge is the knowledge of education theory that reflects the teacher's ability to ensure the success of the work in teaching, namely educational science knowledge and psychological science knowledge, as well as learning methods and rules of skill formation and so on. Practical knowledge means that teachers are not only obtained from books or other channels, but more importantly, teachers' experience in teaching practice through the reflection of teaching, and the integration of various experiences formed in the actual working situation of teaching. Creative knowledge refers to general knowledge of learning, memory, thinking and solving practical problems when teachers teaching, it is how teachers use basic knowledge, conditional knowledge and practical knowledge to creatively deal with and solve specific problems in the specific context of teaching.

College teachers should have their own knowledge structure and cultural background. In particular, they should have creative knowledge, which is the highest level of teacher knowledge and an inexhaustible source for college teachers' culture.



### 3. Factor of Good Professional Skill

With the development of the times, the needs of the society for college talents are getting higher and higher, which puts new demands on our applied college teachers. Not only can we teach theory, but we must also master technology; not only "educators", but also "technical experts"; not only need generalized skills, but also professional skills and vocational skills. Therefore, "double-type" teachers have become more and more popular among college students. Therefore, in addition to solid theoretical knowledge and basic skills, our college teachers must also learn to have modern information technology and practical skills, not only have professional operational skills, professional practical skills, but also become teachers with professional skills, form a comprehensive ability with "knowledge type", "skill type", "creative type", so that better cultivate college students with professional technical ability. This is an obvious trend in the professional development of modern college teachers.

## 4. Factor of Healthy Mentality

Mental health is an important factor in the quality of teachers, and it is also the basis and guarantee for improving the overall quality of teachers and the quality of education and teaching. With the development of society, the survival value of teachers has more pointed to the psychological level. Teachers' educational practice proves that teachers' good mental health not only helps to promote their physical and mental health, but also makes people full of energy, emotional stability, passion for work, life and study, and helps overcome occupational burnout and rehabilitation of personal illness. College teachers face heavy work pressures and complicated interpersonal relationships, if they can't correctly understand themselves when they are facing difficulties, they will easily get excited and unstable emotions, or they may have mental problems such as anxiety and depression. In the long run, it will easily lead to mental barriers and even mental illness. Therefore, college teachers have a healthy psychological factor is one of the core contents of the quality of modern college teachers.

## 5. Factors of Morality

A person's morality is formed through the influence of acquired education and the environment, and IT is also the intrinsic quality of a person's culture and spirit. A person's moral performance is manifested to consciously fulfill moral obligations, can restrain and control their own behavior according to social norms and standards, and make their good morals and habits bring joy or happiness to others. The teacher's morality is the first element of the teacher's occupation; it is the display of the teacher's character, and the enormous energy of the teacher's own influence. Honesty is the cornerstone of teacher morality and the principle of being a man. A person can have no cultural knowledge, but cannot be without morality and integrity. Honest and credible people will be respected by people. Especially as a higher education person, college teachers should first establish honest and trustworthy morality to truly become a teacher, and then they will be loved by the students and be qualified for the vocation of teachers.

#### 6. Factor of Sound Aesthetic

The aesthetic factor is a kind of feeling, appreciation, creativity and pursuit of beauty when people show in the long-term social life practice with their own knowledge, thought, psychology, moral education and accumulation, and sublimation. It includes aesthetic attitude, aesthetic taste, aesthetic experience, aesthetic hobby, aesthetic concept, and aesthetic ideal, aesthetic personality and so on. It is teachers' psychological and emotional need, but also the development of self-cultivation space and the improvement of life value. The improvement of the aesthetic ability of college teachers is the embodiment of their own love for the cause and the value of professional development; which is also an advanced stage of self-development of college teachers.



# 7. Factor of Lofty Spirit

The spiritual factor is the core and highest level of the teacher's humanistic quality. The most fundamental problem in improving people's quality is to enhance people's spiritual realm, focus on building people's inner quality, maintain human nature, and promote humanity's perfection and harmonious development. The vocation of the teacher needs to have a lofty spiritual quality and selfless dedication, because his occupation is to cultivate people. Only by profoundly understanding the true meaning of the great cause he is engaged in, he can promote the "adult" of the students, and then he can fully devote his body and mind to the infinite education and cultivation cause, and will truly go to "love" at work. This is the demonstration of the teacher's spiritual strength and the loyalty to the cause and the observance of professional ethics.

#### 8. Conclusion

In summary, the humanistic quality of college teachers mainly includes five basic factors: culture, technology, psychology, morality, aesthetics and spirit. They are related to each other and promote each other, cultural factors, skill factors and psychological factors are the "material" basis for the humanistic quality of college teachers, and are the cornerstone of the other five factors. The moral factor is that the humanistic quality of college teachers is in a semi-material and semi-spiritual state, which plays a role of linking between the preceding and the following. As the higher level of humanistic quality of college teachers, aesthetic factors and spiritual factors play a leading role in the other aspects of college teachers' humanistic quality, which is the highest level of humanistic quality of college teachers.

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