





the staff of the maternity wards about breastfeeding.

The aim of this course is that staff member will confidently support mothers with early and exclusive breastfeeding, and that this facility moves towards achieving Baby-friendly designation. Significant improvements in breastfeeding know-edge as a result of the 20-hour course occurred in all areas tested<sup>[5]</sup>.

### Conclusion

In conclusion, the use of resources and the effort to promote and support breastfeeding should be the first investment for the health of children around the world.

### References

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