

## Hebei province college sports teachers' Continuing Education Research

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**Abstract.** The Hebei province college PE teacher continuing education training the existence of many problems, such as: training objectives are not clear enough, a smaller number of training, training content selection insufficient science and so on..In order to give full play to the function of PE, the college students to set up the ideology of health first, the key is to improve the quality of PE teachers. To improve the professional qualities of PE teachers in Colleges and universities,the main way is through continuing education and training to improve.

### Introduction

In the 21st century, the era of knowledge-driven economy, with the further deepening of competence-oriented education reform launched by the government, to cultivate more high-quality sports teachers in colleges and universities is in urgent need. "Education is the foundation of a country". Based on the strategic plan of the 17th CPC National Congress on "Give priority to the education development to construct powerful nation in human resources", the National Education Reform and Development of Long-term Planning Programs is developed to promote the scientific development of education, comprehensively improve the quality of the citizens and speed up the process of socialist modernization. This program proposes to build a life-long education system. As a new type of education, the continuing education has been developed with the popularization of lifelong education thought since 1960s. The quality of education affects the quality of talents in the future, for the international competition is actually the competition of different educational resources. From the point of view of school education, the quality of PE may influence the whole quality of education as well as that of the talents in the future. Therefore, how to build a comprehensive lifelong education is the problem to be solved.

### The continuing education status of PE teachers in colleges and universities of Hebei Province

#### A. Training organized by the government and education authorities in Hebei Province

According to interviews with some PE teacher in colleges and universities, only teachers from these influential schools could participate the national training for outstanding teachers. For the training organized by the education authorities in Hebei Province, part of the schools give up the opportunities of PE teachers due to the lack of funding or leaving chances to other professional disciplines. In addition, as the lack of human and financial resources, the training is usually conducted for some specific targets and has a short period, which leads to the deficient content, thereby influencing the participation rate of teachers.

#### B. Short-term training organized by the Association of Colleges

The training in Hebei province is based on the collegiate athletic association in Hebei province, as well as some inter-institutional interaction between the colleges and universities, which will certainly help to improve the quality of PE teachers. However, due to the limitation of the training and exchange, less staff are involved in it, which would not achieve effective improvement. In recent years, the education authorities in Hebei Province have enhanced the training of university teachers, but this is just training for a specific project. There is a shortage for the training of PE teachers to improve their teaching methods and teaching means, in this regard, even the provincial rating class is not able to mobilize the participation of all of the colleges and universities.

#### C. Training in colleges and universities

Some colleges and universities conduct training in schools, and this approach is for teachers to make assessment for their peer. This kind of training is the simplest and most useful in the colleges and universities to improve the quality of teachers. The communication in the colleges and

universities is the most direct way, but it also highlights its drawbacks at the same time. Improve the professional skill of teachers, perfect the culture training system, do a good job in culturing training planning, optimize the structure of the ranks and improve teachers' professional knowledge and skills. By training, academic exchanges, and project funding, it is possible to culture the backbone of education and teaching, "versatile" teachers, academic leaders and principals, thus developing a number of master teachers and leading talents in their profession.

#### D. Further education of PE teachers themselves

PE teachers in colleges carry out further study by themselves, mainly reflected in improving their education background, including the Master Degree and Doctor Degree. According to the survey, in some colleges and universities of Hebei province, a number of teachers could participate in the upbringing training which is conducted mainly for in-service teachers. After this kind of training, teachers should take the exam and eventually obtain a academic degree.

### The necessity of PE teachers' continuing education in Hebei province

#### A. The need for the continuous development and reform in colleges and universities

At present, Hebei province has done a good job in the continuous education of PE teachers. Each year, there are regular training classes for primary and secondary schools, some web-based training and distance education training as well as various sports teacher assessment, rating class, research papers, and so on. All these jobs could improve the professional level of PE teachers in primary and secondary schools, which has played a positive role. However, the training for colleges' PE teachers is relative deficient. For the national continuous education for PE teachers launched by the Ministry of Education, PE teachers from colleges and universities are fewer involved, and the chances for teachers in vocational schools are very limited. With the deepening of quality education reform, the teaching content and teaching methods of college sports are diversified. Meanwhile, the competition of PE courses gradually decreases, and thereby the PE teachers from colleges and universities continue to participate in education training. To change the old concepts of education and improve their teaching ability are the top priority of the PE teachers of colleges and universities.

#### B. College PE Teachers in their own development needs

The effect of PE teacher education must be based on the professional features of PE teachers in the new era. With the development of times, professional functions of PE teachers have gone through profound changes. PE with no reflection and lack of research has been unable to meet the future requirements, and PE focusing on the oral teaching of motor skills is bound to be discarded and surpassed. The continuing education framework of PE teachers should reflect a concept of development, that is, what kind of problems will PE teachers encounter in specific time, place and situation in the process of growing up, and what kind of help they need as well as to what extent. Regardless of in which stage of development, the continuing education can provide corresponding guidance and help. The focus should be placed on the formation and development of PE research capacity to involve teachers in scientific research and facilitate their transition from experienced teachers to expert ones. Thus, the state-of-the-art theory such as "health first", happy PE and successful PE is able to shift from theoretical level to manipulation level through continuing education of teachers.

Fig.1. Physical education teachers continuing education in the form or content distribution

Forms of education	Frequency	Proportion
Academic education	9	36%
Academic visit	5	20%
Advanced Training	3	12%
English, computer	3	12%
Teaching philosophy or means	2	8%
Research cooperation	2	8%
Professional training	1	4%
professional skills	0	0%

## **Approaches to continuing education of university PE teachers**

### **A. Guidance of National and provincial education administrative departments**

"Long-term Education Reform and Development Plan" clearly provides that continuing education is an education activity targeted for all members of society after school education, especially for adults, which is an important part of the life-long school system. It is necessary to update the concept of continuing education and to increase investment, with the strengthening of human resource capacity building as the core. In addition, it is important to develop non-degree continuing education, further the stable development of academic continuing education, carry out a wide range of community education in urban and rural areas, and speed up the construction of various types of learning organizations. Nationwide Reading should be advocated to promote lifelong learning among citizens. By 2020, a learning society where everyone is learning in every possible way at any time they want should have been formed. Continuing education of college PE teachers cannot be divorced from the guidance of the Ministry of National Education. Provincial and municipal education authorities should make greater efforts to organize excellent experts to conduct scientific guidance and training.

### **B. Clear training objectives and scientifically organize and select the training content**

Continuing education of PE teachers should not be a mechanical repetition movement, and the growth of teachers should be constant energy supplement and constant self-transcendence in accordance with certain laws. Continuing education training of college PE teachers must have a clear training objective, a scientific and effective planning arrangement for the training of PE teachers. The phenomenon of stressing education background and neglecting scholastic ability, emphasis on form and neglect of result, and emphasizing diploma and overlooking ability exist in the training of college PE teachers. This reflects the lack of clear training objective in teacher training, and therefore it is necessary to have one, thus effectively improving the professional level of PE teachers. We should try to seek the views of university PE teachers as far as possible in terms of the continuing education to conduct scientific selection and arrangement. Well-known experts and scholars should be invited to carry out continuing education and training in order to make teachers learn as many skills as possible in limited training time and solve the problems encountered in the work.

### **C. Organize training sector units for continuing education and ensure the quality of training**

Part of interviews with PE teachers reveal that a considerable part of PE teachers go on further study in order to get a degree or meet education requirement, and there are also demands for promotion titles. The further study is mainly reflected in the Master of Higher Education, college PE teachers Graduate Seminar and Master of PE. As these certificates or degrees are relatively easy to obtain, it results in not high enthusiasm in learners, which cannot really achieve the appropriate level of diploma. This is also a biased attitude of university PE teachers on towards training. Therefore, it needs various levels of education authorities and organization and training units to treat effects of every training seriously to ensure the quality of training, thus improving the quality and ability of PE teachers.

### **D. Colleges and universities can take multi-level on-the-job training mode**

The multi-level training mode of colleges and universities depends on the group of PE teachers. Every individual in college sports teachers has differences in education, job title, and age, so it is necessary to maintain the pertinence of continuing education and training. The training of teachers can be implemented according to the specific circumstances, such as job training for the purpose of training teachers competent in PE teaching; continuing education aiming to upgrade their qualifications. Thus, various approaches are adopted for different groups of people to meet needs of different levels.

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