





the result of physical teaching. Teachers should communicate with students more, understand their ideas. On one hand, schools can purchase some new software, and on the other hand, they can make full use of brain and human resource to develop software by teachers themselves or even by students. Thus teaching software can be better directed to benefit physical education and gain better teaching result.

### **3.4 Enhancing the Informationization Study of PE Practical Class**

Sports have their own features. PE class pay much attention to physical exercise, so practical class is the main part. Though physical education informationization has made some progress, the fact is that only in the beginning and end of the semester, students can have the chance to get informationization knowledge, while in the whole process of teaching, teachers just use traditional equipments and methods, which is explanation, demonstration and students exercises, but seldom use modern equipments and methods. Today, the tie between electronics technology and human life becomes increasingly close. How to combine electronics technology with physical education has a direct bear on the quality of physical education, and the enhancement of students physical quality. So schools should keep up with times to enhance informationization study of physical practical class. While making full use of the traditional methods and equipments, they should explore informationization road that is suitable to the teaching feature of physical practical classes in higher institutions, change its current situation, and promote the development of informationization of physical education.

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