

Brief Investigation on Inheritance of Sports Intangible Cultural Heritage about the New Curriculum Reform in Physical Education

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Abstract—Sports intangible cultural heritage is not only the foundation of modern national sports culture, but also to enrich and contribute every nation to the world culture. Accelerating the protection of intangible culture helps to enrich sports intangible cultural heritage further. School physical education into intangible cultural heritage of sports is beneficial to inherit and protect. New standard implementation of physical education has been provided great space and feasible way for intangible cultural heritage of sports.

Keywords—physical education teaching; inheritance; intangible cultural heritage

With economic development people living environment, conditions and the way of life have been impacted and changed. The sports intangible cultural heritage disappeared gradually, some national spirits of cultural heritage has been perishing in the modern people's lives. Therefore, strengthening protection of traditional sports intangible cultural heritage is urgent.^[1] The New Curriculum Reform in Physical Education built a new programme of the system and expanded the scope of the course of study. Many areas, schools, teachers, students have a fairly large selection of space and rest room. Inheritance and protection of sports intangible cultural heritage in physical education teaching is an effective way.

I. INTANGIBLE CULTURAL HERITAGE OF THE SPORTS INTANGIBLE CULTURAL HERITAGE

In 2003 UNESCO pointed out that intangible cultural heritage was indicated by the group, organizations, sometimes as its cultural heritage of all kinds of practice for personal, performance, form, knowledge and skills and its relevant tool, material objects, handicrafts and cultural sites. Many of the traditional sports culture heritage have included legends and expression, performing arts, social customs, etiquette, festivals, about the nature and the universe of knowledge and practice, as well as the traditional crafts skills. In December 2005 the state department issued the notice "strengthening cultural heritage protection work", asked for further strengthen cultural heritage protection and decided the annual June second Saturday in China for the "cultural heritage day" from 2006. By May 2006, the state department issued the first list of national intangible cultural heritage, it was

easy to see that the projects about sports related to intangible culture more, some programmes have close relations with traditional Chinese sports culture. They were belong to Chinese traditional national sport, for example, yangge, namu da, taiji, etc.

II. THE VALUE WITH PROTECTION AND INHERITANCE OF SPORTS INTANGIBLE CULTURE

When the history of the dust had been settled, everything went silent. Only culture of material or immaterial form were preserved, which was not only nation as historical documents, but also the nation was continued into the future and the foundation of wisdom and power source confidently.^[3] Sports intangible cultural heritage as an important component of human cultural heritage played an important role in promotion during the evolution of human civilization. We could see that human civilization progressed ceaselessly, conflict, fusion from national sports development trajectory. However, the world of national sports activities were more or less impacted when the western sports culture had been strong.^[4] Cultural heritage as an important event in the past. An important phase of development and important characters which were closely related to the clues and evidence could tell us about human history as national history, a group or a region cultural history of the development of the related content. These cultural heritage reflected collective life, long-term preserved human cultural activities and results, which has a very important historical and cultural value.^[5] Sports intangible cultural heritage as a product of historical development is the historical process of different age productivity, scientific and technological development level, the creation of human ability, level of understanding of the original ecological preservation and reflection. The minority nationalities in the development process of the formation were lively and vivid, rich and colorful folk customs, folk dance and traditional festivals, ethnic costumes, such as the Tibetan Shoton Festival, the Muslim Eid al-Adha, Yi Torch Festival, Zhuang, Dai Water-Splashing Festival songs fair etc.. In minority areas these sports intangible cultural heritage types of tourism resources to the development tourism are very rare advantage. Therefore, the protection of sports intangible cultural heritage has important cultural, scientific and economic value.

III. INHERITANCE AND PROTECTION OF THE SPACE AND APPROACH BY SPORTS INTANGIBLE CULTURE

A. *New health curriculum standards of P.E. for the succession of the protection of sports intangible cultural heritage will provide space*

The folk sports activities is our country outstanding national culture inheritance with distinctive Chinese national traditional sports characteristics. It shows interesting, universality, simplicity, fitness and entertainment features consistent with children 's mental and physical rules in line with quality education to the college physical education teaching reform, with a "people-oriented" and "health first " guiding ideology. The activities are popular with students.^[7] School of physical education new curriculum standards has been changed in the past teaching program of physical education according to the sports division of curriculum content and arrangement of teaching hours framework, various places, schools, teachers, students have a greater choice of space and room. The regional intangible culture school-based curriculum can be developed and walked into the classroom. The inheritance and protection of intangible cultural heritage in physical education which has its own characteristics and advantages can not match with other subjects. It provides space for the inheritance of sports intangible cultural heritage protection. The development of traditional ethnic sports school-based curriculum of national traditional sports in school through communication and promotion can influence character by environment to make students understand the characteristics of traditional national sport, acceptance of national culture, traditional sports health function and educational value. It is also in line with the new physical education curriculum requirement and the requirement of quality education.

B. *The physical education teaching for physical protection of intangible cultural heritage will provide a feasible way*

The collection, creation and development of the sports intangible cultural heritage are suitable for the physical education teaching which are interesting sports activities, puzzle intellectual sports, entertainment sports and vivid athletics sports. It provides many choices for school curriculum development. The requirements of traditional

sports for the ground and facilities are simple, convenient, easy to teach, easy to learn, easy to practice. They very popular among the students who are cultivated students' sense of national pride, harmonious team spirit, inheriting and developing national traditional sports culture. Waist drum movement in the world is precious intangible cultural heritage. Ansai drum is famous for great momentum, action bold, lively rhythm characteristics by the people's favorite from home to abroad. With the change of the times, Ansai drum for family type and mode of inheritance has been paid attention to cause people to worry. From 2007 September all primary and secondary schools of Ansai were required "drum into the PE, paper-cut into the manual training, peasant paintings in art class". It is no doubt beneficial on the Ansai local culture development.^[8]

IV. CONCLUSION

Teachers can choose some traditional national sports into the classroom with proper local combination and make adolescents learn about the meaning of sports intangible culture. The sports intangible cultural heritage which has been inherited and protected can help the all-round development of students' physical quality and teaching content.

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